Nurse phone #: SCHOOL ASTHMA PLAN						[	
Student's Name:			Date of Birth:	Grade/	School		
History of anaphylaxis/sev	/ere reaction	Bus #:	Walk 🔲 Drive 🗌	PE/Sports	: Day/Time/Period:		
BRIEF MEDICAL HISTORY:							
Inhaler(s) is/are located: OFFICE BACKPACK ON PERSON OTHER;							
Epi-Pen(s)® is/are located; TOFFICE BACKPACK ON PERSON OTHER:							
All SECTIONS ON THIS PAGE TO BE COMPLETED BY STUDENT'S LICENSED HEALTHCARE PROVIDER (LHP):							
ASTHMA TREATMENT INSTRUCTIONS:  ASTHMA / TRIGGERS:  None Known  Animals  Cold Air  Exercise  Pollens  Respiratory colds							
Smoke, chemicals, strong odors Other (i.e., foods, emotions, insects, etc)							
USUAL ASTHMA SYMPTOMS:							
Cough Wheeze Shortness of breath Chest tightness Asking to use inhaler Other							
GO ZONE (GREEN) INFREQUENT/MINIMAL SYMPTOMS							
	> Symptoms and/or use of quick relief medication ≤ 2 times a week. (Does not include exercise pre-treatment usage.)						
Infrequent and minima	• •	<b>.</b>	e, short of breath.				
> Full participation in physical education and sports							
CAUTION ZONE (YELL	<b>2W)</b>	SIGNIFIC	CANT SYMPTOMS	DO	NOT LEAVE STUDENT UN	NATTENDED	
			week or requires frequent observ	ation by sch	ool staff → Notify parents/r	nurse	
➤ If Student is coughin  Give 2 puffs of quire			<i>culty breathing:</i> 10 minutes. <u>  If doesn't recover to</u>	Groon Zone	Motify parante/nursa if	ranastad	
Other:		viay repeat in	ir doesiit recover to	OLECH ZUH	Produy parents/hurse tr	repeated.	
		ONE, restrict	strenuous physical activity.				
<ul> <li>Until symptoms are in the GO (green) ZONE, restrict strenuous physical activity.</li> <li>if no improvement after repeated dose Call 911—See below</li> </ul>							
If no improvement after	r repeated dose i	Call 911566	elow Molec		•	•	
> If no improvement afte	repeated dose		LL 911	DO :	NOT LEAVE STUDENT U	NATTENDED	
STOP ZONE (RED)  If Student is very short of brea	of the form of the state of the	CA	LL 911				
STOP ZONE (RED)  If Student is very short of brea medication not working.	of the form of the state of the	CA	LL 911				
STOP ZONE (RED)  If Student is very short of breamedication not working.  Call 911	th, can see ribs	CA during breat	LL 911 hing, difficulty walking or talki				
STOP ZONE (RED)  If Student is very short of brea medication not working.  Call 911  Give 4 puffs quick relief inhal	<i>th, can see ribs</i> er (or nebulizer t	CA during breat reatment) and	LL 911  hing, difficulty walking or talking or talking notify parents and school nurse.	ig, blue app	earance to lips or nails, qu	lick relief	
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