

OAHS Girls Varsity Basketball 2022-23

Home games are played at Lakeview Jr. High

**Denotes league games-Mountain*

11-10	Thursday	Scrimmage@Santa Ynez	4:30 pm
11-15	Tuesday	Coastal Christian	6:00 pm
11-17	Thursday	@Lompoc	6:30 pm
11-28	Monday	@Coastal Christian	6:00 pm
11-29	Tuesday	Pioneer Valley	7:30 pm
12-1/12-3	Thur/Sat	@ Lompoc Tournament	TBD
12-8	Thursday	@ Coast Union	5:00 pm
12-12	Monday	McFarland	4:00 pm
12-20/12-22	Tues/Wed/Thurs	@ Santa Barbara Tournament	9:00 am
1-3	Tuesday	@ Mission Prep*	6:30 pm
1-6	Friday	@ St. Joseph*	6:30 pm
1-9	Monday	Morro Bay*	6:30 pm
1-11	Wednesday	Arroyo Grande*	6:30 pm
1-13	Friday	Righetti*	6:30 pm
1-17	Tuesday	@ Cabrillo*	6:30 pm
1-18	Wednesday	Coast Union	6:00 pm
1-20	Friday	Nipomo*	6:30 pm
1-24	Tuesday	Mission Prep*	6:30 pm
1-27	Friday	St. Joseph*	6:30 pm
1-30	Monday	@ Morro Bay*	6:30 pm
2-1	Wednesday	@ Arroyo Grande*	6:30 pm
2-3	Friday	@ Righetti*	6:30 pm
2-7	Tuesday	Cabrillo* (Senior Game)	6:30 pm
2-10	Friday	@ Nipomo*	6:30 pm

- Lompoc/SB Tournament 3 each

22/28 - and 2 tournaments

BDs11/14

OAHS Girls JV Basketball 2022-23

Home games are played at Lakeview Jr. High

- *Denotes league games-Mountain*

11-10	Thursday	Scrimmage @ Santa Ynez	3:15 pm
11-17	Thursday	@Lompoc	5:00 pm
11-29	Tuesday	Pioneer Valley	4:30 pm
12-12	Monday	@SMHS	4:30 pm
12-16	Friday	Santa Ynez	6:30 pm
1-3	Tuesday	@ Mission Prep*	5:00 pm
1-6	Friday	@ St. Joseph*	5:00 pm
1-9	Monday	Morro Bay*	5:00 pm
1-11	Wednesday	Arroyo Grande*	5:00 pm
1-13	Friday	Righetti*	5:00 pm
1-17	Tuesday	@ Cabrillo*	5:00 pm
1-20	Friday	Nipomo*	5:00 pm
1-27	Friday	St. Joseph*	5:00 pm
1-30	Monday	@ Morro Bay*	5:00 pm
2-1	Wednesday	@ Arroyo Grande*	5:00 pm
2-2	Thursday	@VCA	4:00pm
2-3	Friday	@ Righetti*	5:00 pm
2-7	Tuesday	Cabrillo*	5:00 pm
2-10	Friday	@ Nipomo*	5:00 pm

17/28 - includes 1 scrimmage BDs2/1/23

OAHS Boys Varsity Basketball 2022-23

Home games are played at Lakeview Jr. High

**Denotes league games-Ocean*

11-14	Monday	@ Pioneer Valley Scrimmage	5:00 pm
11-15	Tuesday	Coastal Christian	7:30 pm
11-21	Monday	@ Carpinteria	6:00 pm
11-22	Tuesday	@VCA	6:30 pm
11-28	Monday	@Coastal Christian	7:30 pm
11-29	Tuesday	Laguna Blanca	6:00 pm
12-1	Thursday	@ SLOCA	5:00 pm
12-8	Thursday	@ Coast Union	6:30 pm
12-12	Monday	McFarland	5:30PM
12-13	Tuesday	SLOCA	5:00 pm
12-19/12-23	Mon-Fri	@ VCA Tournament	TBD
1-3	Tuesday	Santa Maria*	6:30 pm
1-6	Friday	Templeton*	6:30 pm
1-9	Monday	@ Morro Bay*	6:30 pm
1-11	Wednesday	@ Paso Robles*	6:30 pm
1-12	Thursday	@ Santa Ynez*	6:30 pm
1-17	Tuesday	San Luis Obispo*	6:30 pm
1-18	Wednesday	Coast Union (Senior Game)	7:30 pm
1-20	Friday	@ Nipomo*	6:30 pm
1-24	Tuesday	@ Santa Maria*	6:30 pm
1-27	Friday	@ Templeton*	6:30 pm
1-30	Monday	Morro Bay*	6:30 pm
2-1	Wednesday	Paso Robles*	6:30 pm
2-3	Friday	Santa Ynez*	6:30 pm
2-7	Tuesday	@ San Luis Obispo*	6:30 pm
2-10	Friday	Nipomo*	6:30 pm

25/28 + 1 tourn.

BDs/11/10

OAHS Boys JV Basketball 2022-23

Home games are played at Lakeview Jr. High

**Denotes league games-Ocean*

11-7	Monday	@ Pioneer Valley Frosh Scrimmage	3:45 pm
11-14	Monday	@ Pioneer Valley Scrimmage	3:45 pm
11-21	Monday	@ Carpinteria	4:30 pm
11-22	Tuesday	@VCA	5:00 pm
12-1/12-3	Thur/Sat	@ St. Joseph Tournament	TBD
12-8	Thursday	@Coast Union	3:30 pm
12-16	Friday	Santa Ynez Frosh	5:00 pm
1-3	Tuesday	Santa Maria*	5:00 pm
1-6	Friday	Templeton*	5:00 pm
1-9	Monday	@ Morro Bay*	5:00 pm
1-11	Wednesday	@ Paso Robles*	5:00 pm
1-12	Thursday	@ Santa Ynez*	5:00 pm
1-17	Tuesday	San Luis Obispo*	5:00 pm
1-18	Wednesday	Coast Union	4:30 pm
1-20	Friday	@ Nipomo*	5:00 pm
1-24	Tuesday	@ Santa Maria*	5:00 pm
1-27	Friday	@ Templeton*	5:00 pm
1-30	Monday	Morro Bay*	5:00 pm
2-1	Wednesday	Paso Robles*	5:00 pm
2-3	Friday	Santa Ynez*	5:00 pm
2-7	Tuesday	@ San Luis Obispo*	5:00 pm
2-10	Friday	Nipomo*	5:00 pm
21/28 BDS11/10 1 tourn.			

OAHS Boys Varsity Soccer 2022-23

Home games are played at Orcutt Community Park

**Denotes league games-Ocean*

11-29	Tuesday	Bishop Diego	3 pm
12-1	Thursday	@ Coast Union	5 pm
12-2	Friday	Laguna Blanca	3 pm
12-8	Thursday	@Lompoc	6 pm
12-15	Thursday	Fresno Christian	3 pm
12-20	Tuesday	Coast Union	3 pm
1-3	Tuesday	@ St. Joseph*	6 pm
1-6	Friday	Morro Bay*	3 pm
1-9	Monday	@ Nipomo*	6 pm
1-11	Wednesday	Righetti*	3 pm
1-13	Friday	@ Templeton*	6 pm
1-17	Tuesday	Santa Ynez*	3 pm
1-20	Friday	St. Joseph*	3 pm
1-24	Tuesday	Mission Prep*	3 pm
1-27	Friday	@ Morro Bay*	6 pm
1-30	Monday	Nipomo*	3 pm
2-1	Wednesday	@ Righetti*	6 pm
2-3	Friday	Templeton (Senior Game)	3 pm
2-7	Tuesday	@ Santa Ynez*	6 pm
2-10	Friday	@ Mission Prep*	6 pm

20/28 BDs 11/1

OAHS Girls Varsity Soccer 2022-23

Home games are played at Orcutt Community Park

** denotes LEAGUE GAMES-Ocean*

11-14	Monday	@ Carpinteria	530 pm
11-16	Wednesday	Carpinteria	3 pm
11-30	Wednesday	Laguna	3 pm
12-1	Thursday	@ Bishop Diego	3 pm
12-9	Fri/Sat	@ Garces Tournament	TBD
12-15	Thurs	@ Dunn	3pm
12-16	Friday	Fresno Christian	3 pm
12-20	Tuesday	@Coast Union	5 pm
1-3	Tuesday	Pioneer Valley*	3 pm
1-6	Friday	@ Morro Bay*	6 pm
1-9	Monday	Nipomo*	3 pm
1-11	Wednesday	@Righetti*	6 pm
1-13	Friday	Templeton*	3 pm
1-17	Tuesday	@ Lompoc*	6 pm
1-20	Friday	@ Pioneer Valley*	6 pm
1-24	Tuesday	@Mission*	6 pm
1-27	Friday	Morro Bay*	3 pm
1-30	Monday	@Nipomo*	6 pm
2-1	Wednesday	Righetti*	3 pm
2-3	Friday	@ Templeton*	6 pm
2-7	Tuesday	Lompoc*	3 pm
2-10	Friday	Mission* (Senior Game)	3 pm

21/28 and tourn.BDs11/7

OAHS Girls JV Soccer 2022-23

Home games are played at Orcutt Community Park

** denotes LEAGUE GAMES*

JV away games will begin at 4 or 4:15 unless otherwise noted

11-14	Monday	@ Carpinteria	530 pm
11-16	Wednesday	Carpinteria	3pm
12-2	Thursday	@ Bishop Diego	3pm
12-15	Thursday	@Cabrillo	3pm
1-3	Tuesday	Pioneer Valley*	3 pm
1-6	Friday	@ Morro Bay*	4pm
1-9	Monday	Nipomo*	3 pm
1-11	Wednesday	@Righetti*	4pm
1-13	Friday	Templeton*	3 pm
1-17	Tuesday	@ Lompoc*	4 pm
1-20	Friday	@ Pioneer Valley*	4 pm
1-24	Tuesday	@Mission*	4 pm
1-27	Friday	Morro Bay*	3 pm
1-30	Monday	@Nipomo*	4 pm
2-1	Wednesday	Righetti*	3 pm
2-3	Friday	@ Templeton*	4 pm
2-7	Tuesday	Lompoc*	3 pm
2-10	Friday	Mission*	3 pm

OAHS Football 2022

August 27	Saturday	Laguna Blanca (SMHS)	2 pm
September 3	Saturday	@ VCA+	6 pm
September 10	Saturday	Alpaugh* (SMHS)	2 pm
September 17	Saturday	BYE	
September 23	Friday	@ Sierra*	6 pm
October 1	Saturday	Fresno Christian* #SMHS	2 pm
October 8	Saturday	BYE	
October 15	Saturday	Riverdale Christian*^ (SMHS)	2 pm
October 21	Friday	@ Laton*	7 pm
October 28 or 29	Friday or Saturday	Blue/White Game	TBD

*^ Homecoming Game, # Senior Game, * League Games, + Rival Game*

OAHS Girls Varsity Volleyball 2022

Home games are played at Orcutt Jr. High School

8-15	Monday	Scrimmage @ Pioneer Valley	6 pm
8-16	Tuesday	Coastal Christian	6 pm
8-19	Friday	@ VCA	5 pm
8-23	Tuesday	@ Laguna Blanca	5 pm
8-25	Thursday	@Coast Union	5pm
8-29	Monday	@Coastal Christian	6 pm
8-30	Tuesday	Providence	5 pm
9-6	Tuesday	@ Pioneer Valley*	6:30 pm
9-8	Thursday	Lompoc*	6 pm
9-10	Saturday	@ Coast Union Tournament	9 am
9-12	Monday	@ Morro Bay*- RESCHEDULED	6 pm
9-14	Wednesday	@Righetti*	6:30pm
9-20	Tuesday	@ Santa Maria*	6:30 pm
9-22	Thursday	Nipomo*	6 pm
9-28	Wednesday	@Morro Bay- reschedule	6 PM
9-27	Tuesday	Atascadero*	6 pm
9-29	Thursday	Pioneer Valley*	6 pm
10-3	Monday	@ Lompoc*	6 pm
10-5	Wednesday	Morro Bay*	6 pm
10-11	Tuesday	Righetti*	6:00 pm
10-13	Thursday	Santa Maria*	6 pm
10-18	Tuesday	@ Nipomo*	6 pm
10-20	Thursday	@ Atascadero*	6 pm

21/28 plus tourn.

9/15bds

OAHS Girls JV Volleyball 2022

Home games are played at Orcutt Jr. High School

8-15	Monday	Scrimmage @ Pioneer Valley	5 pm
8-16	Tuesday	Coastal Christian	5 pm
8-19	Friday	@ VCA	4 pm
8-25	Thursday	@Coast Union	4 pm
8-29	Monday	@Coastal Christian	5 pm
9-6	Tuesday	@ Pioneer Valley*	5:30 pm
9-8	Thursday	Lompoc*	5 pm
9-12	Monday	@ Morro Bay* RESCHEDULED	5 pm
9-14	Wednesday	@Righetti*	5:30 pm
9-20	Tuesday	@ Santa Maria*	5:30 pm
9-22	Thursday	Nipomo*	5 pm
9-24	Saturday	@ Pioneer Valley Tournament	TBD
9-27	Tuesday	Atascadero*	5 pm
9-28	Wednesday	Morro Bay-Reschedule	5PM
9-29	Thursday	Pioneer Valley*	5 pm
10-3	Monday	@ Lompoc*	5 pm
10-5	Wednesday	Morro Bay*	5 pm
10-11	Tuesday	Righetti*	5:00 pm
10-13	Thursday	Santa Maria*	5 pm
10-18	Tuesday	@ Nipomo*	5 pm
10-20	Thursday	@ Atascadero*	5 pm

9/15bds

OAHS Girls Freshman Volleyball 2022

ALL games are played AWAY

9-6	Tuesday	@ Pioneer Valley*	4:30 pm
9-12	Monday	@ Morro Bay*-Rescheduled	4 pm
9-14	Wednesday	@ Righetti*	4:30
9-20	Tuesday	@ Santa Maria*	4:30 pm
9-28	Wednesday	@MorroBay-Reschedule	4 PM
10-3	Monday	@ Lompoc*	4 pm
10-18	Tuesday	@ Nipomo*	4 pm
10-20	Thursday	@ Atascadero*	4 pm

8/17bd

OAHS Girls Varsity Tennis 2022

Home matches are played at Hancock-warm-up @2PM

8-16	Tuesday	@Scrimmage Pioneer Valley	4 pm
8-23	Tuesday	Paso Robles	3:30PM
8-25	Thursday	Templeton	3 pm
8-26	Friday	@ Laguna	3:30 pm
8-29	Monday	Righetti	3 pm
8-30	Tuesday	Nipomo*	3 pm
9-1	Thursday	Santa Maria*	3 pm
9-6	Tuesday	Lompoc*	3 pm
9-8	Thursday	@ Cabrillo*	3 pm
9-13	Tuesday	@ Pioneer Valley*	3 pm
9-15	Thursday	Mission Prep*	3 pm
9-16	Friday	@ Bishop Diego	3:30 pm
9-20	Tuesday	@ Morro Bay*	3 pm
9-22	Thursday	@ Nipomo*	3 pm
9-27	Tuesday	@ Santa Maria*	4 pm
9-29	Thursday	Lompoc*	3 pm
10-4	Tuesday	Cabrillo*	3 pm
10-6	Thursday	Pioneer Valley*	3 pm
10-11	Tuesday	@ Mission Prep*	3 pm
10-13	Thursday	Morro Bay*	3 pm
10-19	Wednesday	League Prelims*	TBD
10-20	Thursday	League Finals*	TBD
18/24	8/11bd		

OAHS Girls Varsity Golf 2022

Home matches are played at Rancho Maria

8-15	Monday	@ Templeton-Hunter Ranch	11AM
8-22	Thursday	@ Morro Bay-Santa Maria CC	12N
8-29	Monday	@ Cabrillo-Mission Club	12N
9-8	Thursday	@ Pioneer Valley-Blacklake	12N
9-12	Monday	@ Lompoc-La Purisima	2PM
9-19	Monday	Home @ Rancho Maria	1PM
9-23	Friday	Home @ Rancho Maria -Reschedule	1 PM
9-26	Monday	@ Mission Prep-Avila Beach	TBD
10-3	Monday	@ Morro Bay-Morro Bay Golf Course	12N
10-10	Monday	@ Nipomo-Monarch Dunes Challenge Course	1:30P
10-18	Tuesday	League Finals or Last Chance-The Links	10AM

Currently, games are 18 holes EXCEPT LaPurisima-9 and Monarch Dunes-12.

9/7BD

9/19CM

OAHS Cross Country 2022

9-3	Saturday	@ Greg DeNike Big Ditch (Arroyo Grande)	TBD
9-10	Saturday	@ Morro Bay Invite	TBD
9-17	Saturday	@ Ojai Invitational	
9-24	Saturday	Waller Park Goose Chase Invitational	TBD
Week of 10-1		CCAA Midseason Duels @ Fairbanks	TBD
10-15	Saturday	@ Nipomo Invite	TBD
10-22	Saturday	@Meadow Park Invite (SLO)	
10-26	Wednesday	@ SB County Race (River Park Lompoc)	TBD
Week of 11-9		CCAA League Finals @ Fairbanks	2 pm
11-17	Thursday	CIF CS @ Woodward Park, Fresno	TBD
11-26	Saturday	CIF State @ Woodward Park, Fresno	TBD

8/10bd