



**ORCUTT UNION SCHOOL DISTRICT**  
**CHILD NUTRITION DEPARTMENT**  
***"We kale about our kids!"***

MEETING DATE: November 17, 2023 1:30-2:15 pm virtual/zoom meeting

**MEETING MINUTES**

I. Introduction of Dmitriy Tsoy, our new dietician.

II. Recap of 10<sup>th</sup> annual Santa Barbara wellness summit, and link to information:

<https://mailchi.mp/73ddb9597487/update-2020-school-wellness-summit-13541687?e=19fa059104>

III. Review the triannual assessment. Purpose is to assess our level of compliance of our district WP. Overall Orcutt USD scored well.

Some area of focus will be:

1. Nutritional Education

We will have student & parent educational sessions with myself & the new dietician, Dmitriy, regarding student wellness, nutrition and dietary special needs.

2. Compliance with Nutritional Guidelines & fundraising items

-The discontinuing of fundraisers that use: See's candy, cookie dough & other non-compliant items.

-The discontinuing of cake walk events.

- Ensuring that compliant items are brought to campus parties and classroom celebrations.



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**IV. Child Nutrition Program Updates:**

- a. \$5,000 grant from dairy council. For OAHS inside dining tables & chairs, and visual nutritional education materials for all students, that will be posted after the new gymnasium is opened.
- b. Lots of new CN equipment purchased for all sites!
- c. Flavor station added to JH's. Salad bar with simple herbs & spices to increase flavor quality of foods, without increasing calories, sodium, sugar etc.
- d. Scratch cooked entrée items very popular at the elementary sites, and as specials JH's & HS.
- e. Added early breakfast service at Orcutt JH & OAHS, for early student arrivals and after early sports or meetings.

**V. If you, or anyone you know, would like to join the wellness committee please send me an email. We meet about 2-3 times a year. It is a great way to get informed and stay up to date on the Orcutt USD's wellness plan!**

**Any comments or additional items to discuss?**

**Thank you all for your time!!!!**