



**ORCUTT UNION SCHOOL DISTRICT**  
**CHILD NUTRITION DEPARTMENT**  
*"We kale about our kids!"*

**(RECORDING .....)**

MEETING DATE: April 20, 2022 1:00-1:30 pm virtual/zoom meeting

**MEETING AGENDA**

Good afternoon & thank you for joining! Let's get started!

1. Lots of exciting menu improvements happening with all menus: Here is a summary:

**PRE-SCHOOL & ELEMENTARY SCHOOLS:**

-Preschool meals are now scratch made, & we will continue serve more local & scratch meals.

-The deletion of all high sugar cereals from menus. Elementary is complete, supper will be completed this June.

-Elementary breakfast menus now have daily scratch cooked items!

-Adding pasta back to menus SY 23-24. Local Italian Pasta Production Facility in Paso will make all pastas for our local schools. Did a taste testing in April-it was fantastic!

-Scratch cooked entrees for elementary lunch SY 23.24. soups, pastas, sauces & more!

-Pilot plan at OR!!!! Hot, cooked entrees for supper program, starting fall 2023. Once staffing and training needs have been adequately met, this pilot program will be implemented at all other 5 elementary school sites!

**JH & OAHS SCHOOLS:**

-Weekly specials will be added. Menus will cycle & rotate for increased variety.

-A scratch made Spicy Chicken Salad has been added to lunch menus. They sell out every day, & we are increasing production weekly!

-We added a popular spice bar to OAHS, no calories or salt, but natural herbs & spices to improve taste.

-Also adding a protein focus daily salad bar next year to The OAHS.



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2. As a reminder parents, students etc. to please log on to the district website to look up all menus daily for all the updates and changes. <https://www.orcuttschools.net/>
3. Also, please encourage elementary students to RAISE HANDS for meals during AM attendance. This ensures we have accurate numbers to prepare sufficient amounts of menu items for ALL students daily.
4. Finally a friendly reminder to all, that the school snack requirements and competitive food rules are still in effect.  
Please visit our website: [www.orcuttschools.net](http://www.orcuttschools.net), and click the child nutrition tab to learn more. These are not the rules set/created by The Orcutt USD. They are mandatory requirement set by the NSLP (National School Lunch Program) and the CDE. (California Department of Education). And must be adhered to at all times.
5. The focus of the last Annual School Wellness Summit was mental health for both the student and staff. And also, movement/exercise-based fundraisers!  
I encourage you to check out the website and many of the videos as well.  
<https://schoolwellnesssummit.org/>

On that note, the demand and need for mental health understanding, support & resources remains a top focus. If you have any suggestions that pertain to students & staff in a public-school setting, please email it to me. It would be greatly appreciated!  
[bmarkee@orcutt-schools.net](mailto:bmarkee@orcutt-schools.net)

5. Wellness committee's yearly goals:
  - a. The next meeting will be in the fall of 2023. Stay tuned for invites!  
We will review the triannual assessment, annual wellness program updates, and set goals wellness for the next school year.
  - b. If you, or anyone you know, would like to join the wellness committee please send me an email. We meet about 3 times a year. It is a great way to get informed and stay up to date on the Orcutt USD's wellness plan!

**Any comments or additional items to discuss?**

**Thank you all for your time!!!!**