



ORCUTT UNION SCHOOL DISTRICT
CHILD NUTRITION DEPARTMENT
"We kale about our kids!"

MEETING DATE: November 03, 2022 1:00-1:30 pm
virtual/zoom meeting

MEETING AGENDA

Welcome All!!!!!! I am Bethany.....

I. Brief recap of Wellness Summit Meeting on October 26, 2022 link:

-Attended by over 100 people.

-Some attendees included: Dr. Susan Salcido, SB superintendents of schools, Joan Hartmann, 3rd District County Supervisor, Several CDE (California Department of Education) Staff, Superintendents, Teachers, Principals, Psychologists, Nurses and many more!

-Our own Nurses Michelle & Iran attended for the whole day, Ya!

-I am a member of The SB Wellness Council, and I am VERY pleased to announce, and welcome Orcutt's Board member Melanie Waffle- as the newest SB Wellness Council Member! We are all proud to represent Orcutt USD so well at this important summit!

-The focus of this summit was mental health for both the student and staff. I encourage you to check out the website and many of the videos as well.

<https://schoolwellnesssummit.org/>

II. Explanation of Universal Free Meals and current data:

- a. Universal Free Meals is currently allowed in the States of California. Federal and state funds will cover the cost of the meals; therefore, all students regardless of household income are eligible.
- b. However, it does not decrease the importance of completing the NSLP meal application! This application is now tied to many financial benefits for your student, your household, field trip funds, internet access, books and supplies, and much more!



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c. We are currently serving over 634,000 meals per year. Our highest number before this program was 593,000. We are moving back to scratch cooking!

Some items include:

- elementary entrees- orange chicken, pulled pork & crispy chicken sandwiches and more.
- preschool- house made sandwiches, and reduction of sugary items.
- Daily egg sandwiches, smoothies, parfaits and lunch sandwiches for JH's & HS!
- All fresh ingredients available at every site on the salad bars daily.
- Increasing local fresh foods-currently serving strawberries for Santa Maria, Kiwis from Nipomo, and fresh whole grain rolls from San Luis Obispo!

We are still experiencing significant supply chain issues, but we are trying our very best to improve all the menus for all students every day!

III. ER drill foods update

IV. OJH Zen Garden update

V. Wellness committee's yearly goals:

- c. This meeting serves as a "catch up and re-introduction" to school wellness. The year in review thus far for 2022.23!
- d. I would also like to say a friendly reminder to all, that the school snack requirements and competitive food rules are still in effect. Please visit our website: www.orcuttschools.net, and click the child nutrition tab to learn more.
- e. The next meeting is March 24, 2023 at 1:00 pm. This meeting will hopefully be both zoom and in person, more details to come next spring. We will set goals for next year, with focus on mental wellness and support for students and staff.

Any comments or additional items to discuss?

Thank you all!!!!!!