

FOOD SERVICE/CHILD NUTRITION PROGRAM

Nutrition Standards for School Meals

Meals or food items provided through the district's food services program shall: (Education Code 49501.5 49531, 49553; 42 USC 1758, 1773)

1. Comply with the National School Lunch and/or Breakfast standards for meal patterns, nutrient levels, and calorie requirements for the ages/grade levels served, as specified in 7 CFR 210.10 or 220.8 as applicable
2. Not be deep fried, par fried, or flash fried, as defined in Education Code 49430 and 49430.7

Drinking Water

The district shall provide access to free, fresh drinking water during meal times in food service areas at all district schools, including, but not limited to, areas where reimbursable meals under the National School Lunch or Breakfast Program are served or consumed. (Education Code 38086; 42 USC 1758)

Special Milk Program

Any school that does not participate in the National School Lunch or Breakfast Program may participate in the Special Milk Program to provide all enrolled students with reasonably priced milk. (7 CFR 215.1)

Food Safety

The Superintendent or designee shall ensure that the district's food service program meets the applicable sanitation and safety requirements of the California Retail Food Code as set forth in Health and Safety Code 113700-114437.

For all district schools participating in the National School Lunch and/or School Breakfast Program, the Superintendent or designee shall implement a written food safety program for the storage, preparation, and service of school meals which complies with the national Hazard Analysis and Critical Control Point (HACCP) system. The district's HACCP plan shall include, but not be limited to, a determination of critical control points and critical limits at each stage of food production, monitoring procedures, corrective actions, and recordkeeping procedures. (42 USC 1758; 7 CFR 210.13, 220.7)

Inspection of Food Facilities

All food preparation and service areas shall be inspected in accordance with Health and Safety Code 113725-113725.1 and applicable county regulations.

Each school participating in the National School Lunch and/or Breakfast Program shall, during each

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school year, obtain a minimum of two food safety inspections conducted by the county environmental health agency. (42 USC 1758; 7 CFR 210.13, 220.7)

The Superintendent or designee shall retain records from the most recent food safety inspection. All schools shall post a notice indicating that the most recent inspection report is available to any interested person upon request. (Health and Safety Code 113725.1; 42 USC 1758; 7 CFR 210.13, 210.15, 220.7)

State

5 CCR 15510: Mandatory meals for needy students
5CCR 15530-15535: Nutrition education
5CCR 15550-15565: School lunch and breakfast programs
5CCR 15575-15578: Requirements for foods and beverages outside the federal meals program
Ed. Code 35182.5: Contracts, non-nutritious beverages
Ed. Code 38080-3810:3 Cafeteria, establishment and use
Ed. Code 45103.5: Contracts for management consulting services; restrictions
Ed. Code 48432.8: Voluntary enrollment in continuation education
Ed. Code 49430-49436: Pupil Nutrition, Health, and Achievement Act of 2001
Ed. Code 49490-49494: School breakfast and lunch programs
Ed. Code 49500-49505: School meals
Ed. Code 49501.5: California Universal Meals programs
Ed. Code 49510-49520: Nutrition
Ed. Code 49530-49536: Child Nutrition Act
Ed. Code 49540-49546: Child care food program
Ed. Code 49547-49548.3: Comprehensive nutrition services
Ed. Code 49550-49562: Meals for needy students
Ed. Code 49570: National School Lunch Act
Ed. Code 51795-51797: School instructional gardens
H&S Code 113700-114437: California Retail Food Code; sanitation and safety requirements

Federal

42 USC 1751-1769j: National School Lunch Program
42 USC 1758b: Local wellness policy
42 USC 176:1 Summer Food Service Program and Seamless Summer Feeding Option
42 USC 1769a: Fresh Fruit and Vegetable Program
42 USC 1771-1793: Child Nutrition Act
42 USC 1772: Special Milk Program
42 USC 1773: School Breakfast Program
7 CFR 210.1-210.31: National School Lunch Program
7 CFR 215.1-215.18: Special Milk Program
7 CFR 220.1-220.21: National School Breakfast Program
7 CFR 245.1-245.13: Eligibility for free and reduced-price meals and free milk

Management Resources:

CA Project Lean Publication: Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006
California Department of Education Publication: Healthy Children Ready to Learn, January 2005
California Department of Education Publication: Professional Standards in the School Nutrition Programs, Management Bulletin SNP-13-2020, Updated January 2022

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CSBA Publication: Building Healthy Communities: A School Leader's Guide to Collaboration and Community Engagement, 2009

CSBA Publication: Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. October 2007

CSBA Publication: Monitoring for Success: Student Wellness Policy Implementation Monitoring Report and Guide, 2007

CSBA Publication: Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. April 2006

U.S. Department of Agriculture Publication: School Breakfast Toolkit

U.S. Department of Agriculture Publication: Civil Rights Compliance and Enforcement - Nutrition Programs and Activities, FNS Instruction 113-1, November 2005

U.S. Department of Agriculture Publication: Dietary Guidelines for Americans, 2005

U.S. Department of Agriculture Publication: Food Buying Guide for Child Nutrition Programs, December 2007

U.S. Department of Agriculture Publication: Fresh Fruit and Vegetable Program: Handbook for Schools, December 2010

U.S. Department of Agriculture Publication: Guidance for School Food Authorities: Developing a School Food Safety Program Based on the Process Approach to HACCP Principles, June 2005

Website: U.S. Department of Agriculture, Food and Nutrition Service

Website: California Farm Bureau Federation

Website: Nourish California

Website: California Project LEAN

Website: Centers for Disease Control and Prevention

Website: National Alliance for Nutrition and Activity

Website: California School Nutrition Association

Website: California Department of Education, Nutrition Services Division

Website: California Department of Public Health

Website: California Healthy Kids Resource Center

Website: CSBA

Policy Approved 10/12/22

Orcutt Union School District
Orcutt, California