



500 Dyer St. Santa Maria, CA 93455  
(805)938-8925 fax :( 805)938-8919  
e-mail: bmarkee@orcutt-schools.net

ORCUTT UNION SCHOOL DISTRICT  
*CHILD NUTRITION DEPARTMENT*  
*"We feed the future"*

**ANNUAL WELLNESS POLICY UPDATE JULY 2018**

Progress & Update:

We have an active Wellness Committee at Orcutt Union School District, that typically meets 3 times a year. Additionally, the district has sponsored many attendees at the annual School Wellness Summit held each year. Other improvements for wellness include:

- Water filling stations at an elementary and a junior high school
- Healthy food choices at the long standing Lunch on the Lawn events
- Taking the traditional Pie Day at an elementary school and making the recipe nutritional compliant so the community can enjoy the event
- We have met with the PTA and are working together to discover compliant fundraising efforts for our district.
- We have made menu changes that have improved the nutritional value of the food we feed to our students and staff.

The District encourages the participation in the Wellness Committee by the general public and the school community. This includes (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators) in the wellness policy process.

## Wellness Committee Meeting Dates for 2018-19

Sept 13, 2018

January 24, 2019

May 23, 2019

These meetings are open to the public and all are encouraged to attend!

Our goals are to be in compliance with our District Wellness Policy. Orcutt Union School District is always striving to promote healthy living for our students and our community members as well. The state requirements are now to have site documentation regarding competitive foods on campus'. Therefore, a specific goal this year is to implement mandatory documentation at each of school sites, through an informational binder to be developed this year by our Wellness Committee.

Helpful Information:

**What is a local school wellness policy?** A local school wellness policy is a board-approved document that guides a local educational agency's (LEA) or school district's efforts to establish a school environment that promotes students' health, well-being, and ability to learn. The wellness policy requirement was established by the Child Nutrition and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Reauthorization Act of 2004 and further strengthened by the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). It **requires each LEA participating in the National School Lunch Program and/or School Breakfast Program to develop a wellness policy**. The final rule expands the requirements to strengthen policies and increase transparency. The responsibility for developing, implementing, and evaluating a wellness policy is placed at the local level, so the unique needs of each school under the LEA's jurisdiction can be addressed.

**(Link to our website for policy & information= <http://www.orcuttschools.net/>)**

- [Competitive Food Quick Reference Cards-Public Schools](#)

**Wellness Leadership** Local Education Authority wellness policy leadership who has the authority and responsibility to ensure each school complies with the policy is:

**Walter Con, Assistant Superintendent, Business Services** [wcon@orcutt-schools.net](mailto:wcon@orcutt-schools.net)

Please note the Wellness Summit Date:

October 24, 2018 Buellton Marriot

Buellton, CA

8:30am-3:30 pm

We thank you all for your understanding & commitment to our wellness policy needs, and we welcome your participation in our school wellness committee efforts this year!