

Football 2023

Central Sierra (8man)

*Indicates League Games

Date	Day	Away	Home	Location	Time	Early Out	Bus
8/12	Sat	OAHS-scrimmage	Fulton	FCPHS	10AM	NEO	6:30AM
8/26	Sat	OAHS	Laguna	LBHS	1PM	NEO	10:30AM
9/2	Sat	OAHS	VCA	VCA	6PM	NEO	No Bus
9/8	Fri	OAHS	Coast Union	CUHS	7PM	2:45PM	3:00PM
9/16		BYE WEEK					
9/23	Sat	OAHS	SLOCA	Soto Sports Complex	6PM	NEO	4:00
9/30	Sat	Laton*	OAHS	PVHS	6PM	NEO	No Bus
10/6	Fri	OAHS*	Alpaugh	APHS	6PM	12:15PM	12:45PM
10/14	Sat	Sierra*	OAHS	PVHS	6PM	NEO	No Bus
10/21	Sat	OAHS*	Riverdale Christian	RHS	11AM	NEO	7:00AM
10/27	Fri	OAHS*	Fresno Christian	FCHS	6PM	11:15AM	11:45AM

CIF Playoffs- 11/3,9,17,24

BDs8/25

***NEO = No Early Out**

Cheer FALL 2023

Date	Day	Away	Home	Location	Time
8/26	Sat	OAHS	Laguna Blanca	LBHS	1PM
9/2	Sat	OAHS	VCA	VCA	6PM
9/8	Fri	OAHS	Coast Union	CUHS	7PM
9/23	Sat	OAHS	SLOCA	Soto Sports Complex	6PM
9/30	Sat	Laton*	OAHS (Sr. Night)	PVHS	6PM
10/14	Sat	Sierra*	OAHS (Homecoming)	PVHS	6PM

Girls Volleyball 2023
Ocean League*Indicates league games

Date	Day	Away	Home	Location	Time	Early Out
8/15	Tues	OAHS	Coast Union	CUHS	4&5PM	JV-1:00 V-2:00
8/17	Thurs	OAHS	Laguna Blanca	Laguna Blanca	5&6PM	JV-2:30
8/22	Tues	OAHS*	SMHS	SMHS	5&6PM	NEO
8/24	Thurs	MBHS*	OAHS	OJHS	5&6PM	NEO
8/28	Mon	NHS*	OAHS	OJHS	5&6	NEO
8/29	Tues	OAHS	Templeton	THS	5&6	JV-2:30
8/31	Thurs	OAHS*	CHS	CHS	5&6PM	NEO
9/6	Wed	AHS*	OAHS	OJHS	5&6PM	NEO
9/9	Sat	OAHS	Varsity Pink Tourney	CUHS	TBA	NEO
9/12	Tues	LHS*	OAHS	OJHS	5&6PM	NEO
9/14	Thurs	OAHS*	PVHS	PVHS	4:30&5:30PM	NEO
9/19	Tues	RHS	OAHS	OJHS	5&6 PM	NEO
9/21	Thurs	SMHS*	OAHS	OJHS	5:30&6:30PM	NEO
9/23	Sat	OAHS	JV-PV Tourney	PV	8AM	NEO
9/25	Mon	OAHS*	MBHS	MBHS	5&6PM	JV-2:15 V-NEO
9/30	Sat	OAHS	Varsity-Atascadero Tourney	Atascadero HS	Coach meet 8AM	
10/3	Tues	CHS*	OAHS	OJHS	5&6PM	NEO
10/5	Thurs	OAHS*	NHS	NHS	5&6PM	Jv-2:40 V-NEO
10/10	Tues	OAHS*	AHS	AHS	5&6PM	JV-2:00 V-NEO
10/12	Thurs	OAHS*	LHS	LHS	5&6PM	JV-2:40 V-NEO
10/17	Tues	PVHS*	OAHS-Sr.Game	OJHS	5&6PM	NEO
10/19	Thurs	OAHS*	RHS	RHS	5:30&6:30PM	NEO

CIF Playoffs- 10/24, 10/26, 10/31, 11/2

BDS- 8/21/23

OAHS CROSS COUNTRY 2023
Mountain League

Date	Day	Away	Location	Time	Early Out	Bus
9/2	Sat	Big Ditch Classic	AG/Tally Fields/Lopez	TBA	NEO:	no
9/9	Sat	Morro Bay Invite	MBHS	9:30 AM	NEO	yes-7am
9/16	Sat	Ojai or Fresno	TBA	9:00 AM	NEO	yes-5:30AM
9/23	Sat	Waller Park Goose Chase	Waller Park	TBA	NEO	no
9/30	Sat	Mid Season Duals	ELKS	TBA	NEO	no
10/14	Sat	Goleta Invite	Dos Pueblos	9:00 AM	NEO	yes-6:30
10/20	Fri	Meadow Park/Cuesta Invite	Cuesta- Fairbanks	9:00AM	NEO	Yes 7:15
10/25	Wed	County	Lompoc	2:30 PM	11:30 AM	12:00 PM
11/4	Sat	League Finals	ELKS	2:00PM	12:00 PM	12:15 PM

CIF- 11/16-Woodward Park,Fresno
 State-11/25 same as above

BDs8/16/23

***NEO = No Early Out**

Girls Tennis 2023

Ocean League * Indicates League Matches
JV will play opposite Varsity if there is an opponent

Date	Day	Away	Home	Location	Time	Early Out	
8/24	Thurs	OAHS	THS	THS	3:30 PM	1:00 PM	
8/29	Tues	MCP*	OAHS	Hancock	3:30 PM	2:00 PM	
8/31	Thurs	OAHS*	CHS	CHS	3:45 PM	1:45 PM	
9/5	Tues	NHS*	OAHS	Hancock	3:30 PM	2:00 PM	
9/6	Wed	JV CHS*	JV OAHS	OAHS	3:30 PM	2:00 PM	
9/7	Thurs	OAHS*	PVHS	PVHS	3:30 PM	2:00 PM	
	JV	PVHS	OAHS	Hancock	3:30 PM	2:00 PM	
9/12	Tues	OAHS*	RHS	RHS	3:30 PM	2:00 PM	
	JV	RHS	OAHS	Hancock	3:30 PM	2:00 PM	
9/14	Thurs	OAHS*	MBHS	MBHS	3:30 PM	1:00 PM	
9/19	Tues	SMHS*	OAHS	Hancock	3:30 PM	2:00 PM	
	JV	OAHS	SMHS	SMHS	4:15 PM	2:50 PM	
9/20	Wed	JV	AHS	OAHS	Hancock	4:15 PM	2:50 PM
9/21	Thurs	OAHS*	AHS	AHS	3:30 PM	12:30 PM	
9/27	Wed	OAHS	St.Joe	SJHS	3:30PM	2:00 PM	
9/28	Thurs	OAHS*	MCP	Sinsheimer	3:30 PM	1:45 PM	
10/3	Tues	CHS*	OAHS	Hancock	3:30 PM	2:00 PM	
10/4	Wed	JV	NHS	OAHS	Hancock	4:15 PM	2:50 PM
10/5	Thurs	OAHS*	NHS	NGS	3:30 PM	2:00 PM	
10/6	Fri	JV	OAHS	CHS	CHS	4:15PM	2:45PM
10/10	Tues	PVHS*	OAHS	Hancock	3:30 PM	2:00 PM	
	JV	OAHS	PVHS	PVHS	4:15 PM	3:00 PM	
10/11	JV	OAHS	RHS	RHS	4:15 PM	3:00 PM	

10/12	Thurs	RHS*	OAHS-Sr.Game	Hancock	3:30 PM	2:00 PM	
10/18-19		League		NHS			

CIF 11/3,4,10,11,17,18

BDs9/20/23

Girls Golf 2023

Ocean League

*All League Matches are Mini's

Date	Day	Away	Home	Location	Time	Early Out
8/21	Mon	Lompoc-dual	OAHS	Rancho	3:00	1:45
8/28	Mon	OAHS*	CHS	Mission Club-SG(9)	1:30PM	12:00 PM
9/5	Tues	OAHS*	MPHS	Avila Beach???	TBA	TBA
9/11	Mon	OAHS*	MBHS	Morro Bay	12:00PM	10:00
9/18	Mon	OAHS*	NHS	Monarch	2:30PM	12:45
9/21	Thur	Atascadero-dual	OAHS	Rancho-(9)	3:00PM	1:30 PM
9/25	Mon		OAHS*	Rancho-SG(18)	1:00PM	11:45 AM
10/2	Mon	OAHS*	SMHS	SMCC	12:00PM	10:45 AM
10/10	Tues	OAHS*	THS	Hunter Ranch	2:00 PM	11:45 AM
10/17	Tues	OAHS*	PVHS	Blacklake- League Finals	12:00 PM	10:30 AM
10/24		Area				
10/30		Sectionals				

8/17/23