

# **Physical Education Medical Make Up Report**

## **Directions:**

1. Place your name at the top of your report
2. Place an appropriate title at the top of your report.
3. List a minimum of 5 bullet points of what you learned while researching your report
4. Cite/Reference the link of the video that you used at the bottom of your report.
5. Bring your folder to be graded by your PE teacher **AT LEAST ONCE PER WEEK!**

*\*One PE Make Up Report is worth a 4 out of 5 Daily Grade Maximum.*

*\*\*In order to receive a 5 out of 5 Daily Grade, a Physical/Alternative activity must also be included.*

# Sample Report

Jack Skelington  
10/11/17  
PE Makeup Report #1

## 5 Winning Strategies for Badminton

- Always get back to your middle (of the court).
- Make your opponent move (front to back, left to right)
- If you can't hit the shuttle where your opponent is not, hit the shuttle to their non racket hand.
- Change up your serve
- Use drives and clears to keep your opponent guessing.

### Works Cited:

TheHaanswin. "Badminton Tips (Simple but Essential)." *YouTube*, YouTube, 4 Dec. 2011, [www.youtube.com/watch?v=9-IUFQRRmjA](http://www.youtube.com/watch?v=9-IUFQRRmjA).