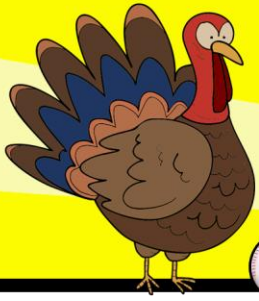


# PHYSICAL EDUCATION

# NEWS



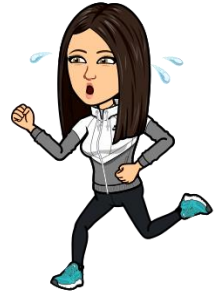
Ms. Rebecca Minton

### K/ First/ Second grade rules:

- Be Safe
- Be Kind
- Be Gentle

### Third/ Fourth/ Fifth grade rules:

- Play Safe
- Play Hard
- Play Fair



### 3-5

We continue to work on positive self-image, appropriate social behaviors both independently and in a group.

We are finishing up our Floor Hockey unit where we continued our work on cooperation and teamwork, through skill work and modified games.

#### Skills learned:

- Dribbling with an implement
- Passing to a partner
- Shooting at a target (goal)
- Offensive strategy – give and go

#### Sportsmanship Checklist

- I played fair
- I was respectful
- I accepted the outcome of the game

#### Next Units:

4th / 5th grade will be moving into our Archery Unit, please check Dojo messages for permission to participate.

3rd grade will be moving into a variety of different team games to practice our sportsmanship checklist.

### k-2

We have been working on personal space, core exercises (upside down turtle and Sky diver), as well as our Locomotor skills: Skipping, jumping, hopping, galloping, jogging, and running

We are finishing up our Hula Hoop unit where we practiced jumping in and out, over, going through, spinning the hoop, rolling the hoop, boom-a-rang, as well as “jump roping” with the hoop

We will be moving into the parachute and skills they can use if they choose to play soccer. We will work on dribbling with our feet, trapping the ball (stopping it), and passing with a partner.

Please feel free to contact me at any point if you have any questions.

You can reach me at:

**rminton@northampton-k12.us**

413-587-1550 (x3957) or on ClassDojo in messages



Please make sure that on PE days your student is wearing closed toe shoes with a rubber bottom and a closed back.

It is a safety issue as we move around the gymnasium. Thank you for your assistance with this!

