

Surviving the Pandemic: Creating a New Normal



Are you concerned about how the pandemic is affecting your family's social and emotional well-being? Learn how to support your children and yourself during these difficult times.

Join The Support Network on September 17th at 12:00 pm



Please Join the Support Network for a conversation with Karen Zilberstein, LICSW.

Karen is a psychotherapist and advocate for children and families, especially those touched by trauma and the foster care system.

She serves as Clinical Director of the Northampton chapter of A Home Within, a national nonprofit that provides pro bono psychotherapy for individuals who have experienced foster care.

Karen is the winner of two "Next Generation Indie Book Awards" for "Parents Under Pressure: Struggling to Raise Children in an Unequal America"

RSVP
to Margery Jess
mjess@wmtcinfo.org

or to Gretchen Emond
gmond@wmtcinfo.org.

The first 10 participants
to arrive on Zoom
will receive a copy of
Karen's book.



The Support Network
Champions for Children's Emotional Health

Zoom meeting ID: 264-212-8031

<https://childrensemotionalhealth.org>