

Northampton Public Schools

Office of Student Services

David Messing, M.Ed.
Associate Director of Student Services

Pamela Plumer, Ph.D.
Director of Student Services

Joshua Dickson, M.S.Ed.
Associate Director of Student Services

Community Resources: Northampton Public Schools

For Medical and Mental Health Emergencies

Families **should not** reach out to school providers (Teachers, Counselors, Principals, etc.) if your child is experiencing a mental or physical health crisis. Below are the numbers and websites for local resources should you experience a crisis situation.

911 is a resource for emergency situations 24/7

Our local Crisis Service is:

Crisis Hotline, Clinical & Support Options (413) 586-5555 (24/7) *Provides behavioral health assessment, intervention and stabilization for youth, families and adults.*

Riverside Trauma has provided links for mental health support:

<http://riversidetraumacenter.org/safety-predictability-control-in-the-midst-of-covid-19/>

24-hour hotlines:

National Suicide Prevention Lifeline (800) 273-8255 - *Offers confidential support for people in distress, best practices for professionals and resources*

Parental Stress Line (800) 632-8188 - *For parents and guardians seeking caregiving support - All languages available*

Crisis Text Line Text START to 741-741 - *Support for those in crisis. Text from anywhere in the USA to text with a trained Crisis Counselor* <https://www.crisistextline.org/>

Trans Lifeline (877) 565-8860 - *Financial and emotional support to trans people in crisis - All operators are transgender*

Source: The Center for Community Resilience after Trauma (CCRT), a program of Clinical & Support Options Providing FREE and confidential support to victims & witnesses of crime and violence
413.773.5090 ~ CCRT@csoinc.org

Mass 2-1-1 (always a confidential call) is available and can connect callers with information

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about critical health and human services available in the community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources.

For non-emergencies, reach out to your child's pediatrician or current mental health providers. Northampton Area Pediatrics: <http://www.napeds.com/> (have just begun implementing telepractice)

Food Resources and Housing Concerns

Northampton Public Schools Food Program

Northampton Public Schools will be providing meals to school-aged children 18 or younger. You do not need to be a student from the Northampton public school district to participate.

We will provide a bagged lunch along with a bagged breakfast according to the following schedule:

- Tuesday: Two lunches and two breakfasts
- Thursday: Three lunches and three breakfasts

Meals will be available at the following sites, from 11-12pm and distributed from yellow school buses:

- Hampshire Heights
- Florence Heights
- Meadowbrook Apartments
- 236 Pleasant Street

Meals are also available at Smith Vocational from 11-1 Mondays and Wednesdays at a drive-through.

Survival Centers

Northampton Survival Center

265 Prospect St.

Northampton, MA 01060

(413) 586-6564

www.northampton-survival.org

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Amherst Survival Center

138 Sunderland Road

North Amherst, MA

(413) 549-3968

<https://amherstsurvival.org/>

Easthampton Community Center

12 Clark Street

Easthampton, MA 01027

413-527-5240

<https://easthamptoncommunitycenter.org/>

Hours: Weekdays 8:30am-5:30pm

The Food Bank of Western Massachusetts

97 North Hatfield Rd

Hatfield, MA 01038

413-247-9738

<https://www.foodbankwma.org/>

Hilltown Food Pantry

40 Main Street

Goshen, MA 01032

(413) 268-7578

Office/Pantry Hours: Wednesdays 1:00pm-3:00pm

<https://www.hilltowncdc.org/hilltown-food-pantry>

Franklin Area Survival Center

96 Fourth Street, Turners Falls, MA 01376

(413) 863-9549

<https://franklinareasurvivalcenter.org/>

The Community Survival Center

240 Main Street

Indian Orchard, MA 01151

(413) 543-3930

<http://communitysurvivalcenter.org/>

Department of Transitional Assistance: for issues with housing, AFDC and SNAP (formerly known as Food Stamps) - (413) 552-5400

Emergency Child Care: sforce.co/398muGJ

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Unemployment: <https://www.mass.gov/applying-for-unemployment-benefits>

Mass Hire Franklin/Hampshire Career Center: (413) 774-4361