SUMMER MEALS! ALL KIDS EAT FREE!





No paperwork necessary. Must be 18 or under for free meals.

Meals available July 1st through August 9th, Monday-Friday!

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
7/1					
7/15	Hummus & Veggie	Burger Day!	Chicken Salad	Crispy Chicken	Pizza Friday
&	Wrap	Carrot with Dip	Sandwich	Sandwich	Farm Fresh Fruit or
7/29	Cheesestick	Fruit	Cucumbers and Dip	Broccoli Salad	Veggie
	100% Fruit Juice	Milk	Fruit	Fruit	Milk
No meals 7/4	Milk		Milk	Milk	
			Ham & Cheese on a		
7/8	Grilled Chicken	Hot Dog on a WG Bun	Croissant	Popcorn Chicken & Dip	Pizza Stick with
7/22	Sandwich	Bean & Corn Salad	Cucumber-Apple	Pasta Salad	Marinara Dip
&	100% Fruit Juice	Fruit	Salad	Fruit	Farm Fresh Fruit or
8/5	Strawberry Cup	Milk	Fruit	Milk	Veggie
	Milk		Milk		Milk
	Garden Party!		Summer Reading		Farm Fresh Friday's
	Monday's at RKF		Programs		Menu will feature
Events	Ryan Road site at		Florence Heights: 7/2		local farm fresh fruit
LVCIICS	lunch		Meadowbrook: 7/5		or veggie every
			RKF Ryan Road: 7/12		Friday!

All meals include fruit, vegetable and milk

Menu subject to change without notice

This institution is an equal opportunity employer, April 2019

Meals Sites and Times:

Florence Heights Apartments
Lunch Served Tues & Thurs:
11:30-12:00pm

Meadowbrook Apartments
Community Room
491 Bridge Road, Florence, MA
Lunch Served 12:00-1:00pm
Snack Served 3:00-3:30pm

RKF Ryan Road School
498 Ryan Road, Florence, MA
Lunch Served Monday,
Wednesday & Friday:
11:30-12:00pm