



# Newsletter

<https://sites.google.com/a/northampton-k12.us/nps/our-schools/jackson-street-school>

<https://www.facebook.com/pages/Northampton-Public-Schools-Massachusetts/179921372117715>

<https://www.facebook.com/jacksonstreetpto> <http://www.jspspto.org/>

You may also connect with us on Twitter: <https://twitter.com/#!/NPSDistrict>

Ms. Alessi's website: <https://sites.google.com/northampton-k12.us/mindfulnessatjss>

JSS Office 587-1510

Volume 23 No. 12

November 30, 2018

If you wish to have a copy of this letter written in Spanish, French or Arabic, please contact the school department at 587-1315. Si le gustaria esta carta en Espanol, es posible. Llama 413-587-1315. Si vous voulez une copie de cette lettre en Français, veuillez contacter le Département de l'École 587-1315. إذا رغبت في نسخة من هذه الرسالة بلغة أخرى، يرجى الاتصال بالمدارس في 587-1315.

## MESSAGE FROM MS. AGNA

**If you're reading this in time, please join us for our monthly all-school assembly TODAY, Friday, Nov. 30 at 9:50AM. Our 4th graders will present. We'll begin with a Moving Meditation led by Janet Aalfs and we'll end with singing led by Ms. O'.**

### FAMILY DINNERS

Here are the final Family Dinner dates: Tues. Dec. 4 – 3rd grade Thurs. Dec. 6 – KDG (rescheduled)

We are taking sign-ups through email or calling the office. Email me: [gagna@northampton-k12.us](mailto:gagna@northampton-k12.us) or call 413-587-1510. We think this is the best way to get an accurate count for ordering pizza.

### TIS THE SEASON

At JSS we know that there are many different holidays and family traditions being celebrated and observed in your homes and families. I saw the following meme on social media, which sums up my perspective:

*"Why do I wish people 'Happy Holidays'? Because from 1 November to 15 January there are approximately 29 holidays celebrated by 7 of the world's major religions. And I don't think mine are the only ones that count."*

If you would like to share your family's tradition with your child's class, please contact your teacher to find out if/when it's convenient to do so. And, of course, holidays are celebrated throughout the year – now isn't the only time to do this!

Please join us to celebrate the return of the light and the Winter Solstice at our annual assembly on Wednesday, Dec. 20 at 2:15PM in the gym. Our 2nd graders lead us in this celebration and we light candles representing the many holidays celebrated during this period.

The annual **Giving Tree** is up in front of the main office – ready to welcome canned/boxed goods to be donated to the Northampton Survival Center as well as decorated by mittens, gloves, hats, and scarves! Please consider doing this as part of your family's giving this season.

We know that the pressure to give gifts is great at this time of year. Parents/guardians who celebrate Christmas want to provide for their children and often cannot due to financial challenges. Please let me know if you need help with gifts by emailing or calling. [gagna@northampton-k12.us](mailto:gagna@northampton-k12.us).

And if you would like to help a family this month by purchasing gifts (from lists provided) for a family and/or donating money or gift cards, please also let me know. We have had an "Adopt-A-Family at the Holidays" program for many years now. Families who do this report that it is an important way for them to give to others.

Finally, from the bottom of my heart, I thank you and your children for your incredibly generous words, cards, messages, and hugs. The comfort and love you have given me during this period of my father's passing has helped to sustain and restore me. I feel so fortunate and honored to be a part of this caring and compassionate community that is JSS.

To All Who Celebrate, A Very Happy Hanukkah to all!!

Peace to you and all,

*Gwen Agna*  
Gwen Agna

## PTO NEWS

In this month of thankfulness the PTO Leadership Team is so filled with gratitude for our amazing community and thrilled to announce that in the 24 hours of Giving Tuesday we raised over \$5400 for the teachers and students at Jackson Street School. We are blown away by your generosity.

Every single dollar will go straight to classrooms for supplies, tools, and programs that will reach all of the children at JSS. We look forward to reporting back on all of the teacher wishes we have been able to fill with this awesome show of support.

It's also not too late to give. If you were not able to donate during Valley Gives and would like to contribute you can donate at anytime to the Jackson Street PTO and indicate you would like the funds to go to the teacher wish list fund.

*Thank you so much,*

*The PTO leadership team: Alana, Ashley, Gwen, Johanna,  
Liz, Pallavi*

## DECEMBER COFFEE, TEA & HOT CHOCOLATE ORDERS DUE!

Hello JSS coffee and tea drinkers,

First, thank you all for your orders this fall - we really appreciate it and hope you have enjoyed them.

This Monday, Dec. 3 at 9:00 am is the deadline for December orders, with orders delivered on Friday, Dec. 7.

You can submit orders on paper in the office or with your child's teacher (please email me if you need an order form) or just email your order.

The products are fair-trade, organic and from local companies Deans Beans and Tea Guys - and several dollars of each order goes to JSS. Thanks for supporting JSS!

Our JSS coffee, tea and hot chocolate make great holiday gifts - and are great to have on hand when company comes.

We are also happy to wrap your order festively for gift-giving at no charge (gift bag, tissue and ribbon) - just ask!

If you need an order form or have any questions, please let me know.

*Thank you again for your support and happy holidays!*

*- Liz Horn, [elhorn@mindspring.com](mailto:elhorn@mindspring.com) or 646-234-8805*

## JSS HOLIDAY STORE ON DEC. 6th & 7th AT PICK-UP AND ON THURSDAY EVENING

Each December, JSS has a Holiday Store, selling items for holiday gift-giving and supporting our school. We'll have a wonderful array of gift items for purchase, all at very reasonable prices (almost everything \$5 or less, and most items \$1 - \$3), and every penny raised goes to the JSS PTO for programs at our school. Come shop for toys, mugs, candles, stationery, picture frames and much more!

And we'll have our very popular Kids' Table, with great items for

children to buy as gifts for friends and family, all priced at 25 cents.

Our annual Holiday Store will be open in the lobby on Thursday, Dec. 6 from 2:45 to 3:30 and again in the evening from 5:30 to 6:30.

The store will be open again on Friday, Dec. 7 from 2:45 to 3:30.

This is a great opportunity to do some holiday gift shopping and benefit JSS at the same time.

Toys are one of our biggest sellers (of course!) - if you have NEW toys to donate for the sale, we would love to have them - there is a box in the school office to drop them off. Sorry, we can only accept new toys for this sale.

If you have gently used toys to donate, please consider the Northampton ReUse Holiday Toy Exchange at Smith Vocational High School. The event is on Sat., Dec. 8, and drop-off of toy donations is Friday, Dec. 7 from 4:00 to 8:00 pm. For more information, please visit <https://www.northamptonma.gov/CivicAlerts.aspx?AID=581>

And if you can volunteer to help at the JSS Holiday Store either day, (kids welcome too!) we would love your help!

Please contact Liz Horn at [elhorn@mindspring.com](mailto:elhorn@mindspring.com) or 646-234-8805.

*Thank you!*

## FAMILY CENTER COFFEE HOUR ON WED., DEC. 5

Please join us if you can for Coffee Hour in the Family Center on Wednesday, Dec. 5 from 9:00 to 10:00 am - free coffee, tea and treats, conversation with other parents/guardians/staff, and younger children always welcome!

## Free Yoga Classes at Karuna


NEXT Friday, December 7th 4:00 - 5:00

A gentle, mindful practice for all teachers and staff. Come and let go of your stressful week with some movement, breathing, and meditation.

Friday, December 14th 4:00 - 5:00

An active, playful class for teachers, staff, students and FAMILIES. Come and experience for yourself what happens every day at the JSS Mindfulness studio.

## IN THE NEWS

 Check out the Daily Hampshire Gazette report on the Florence Holiday Parade for its interview with JSS 3rd grade, Ana Kumar!!

# COMMUNITY NEWS

## SCI-TECH CAFÉ

Event location: Union Station, 125A Pleasant Street, Northampton MA. Light appetizers are available while supplies last, and food is available to order.

Time: 6:00pm

### Save The Dates / Upcoming Speakers!

12/3/18: Ken Colodner, Mount Holyoke College (Neuroscience)

1/28/19: Katie Mack, NC State University (Astrophysics)

2/25/19: Kaca Bradonjic, Hampshire College (Physics)

3/25/19: Jesse Mager, UMass Amherst (Vet Science)

4/22/19: Bosiljka Glumac, Smith College (Geology)

6/3/19: TBA

## MARK YOUR CALENDAR - We're always adding new dates so keep checking. PLEASE check the Northampton Public Schools website for district calendar updates.

Parents Hour in the Family Center every other Wed. from 9-10AM, beginning Wed. Sept. 6.

Tues. Dec. 4 3rd grade Family Dinner

Wed. Dec. 5 Teacher Work (Half) Day

Thurs. Dec. 6 KDG Info Night – for incoming KDG families 6:30 - 7:30PM

Mon. Dec. 10 KDG Family Dinner

Wed. Dec. 20 All-school assembly – 2nd grade presents on the Winter Solstice 2:15PM

Fri. Dec. 22-Tues. Jan. 2 (first day back) NO SCHOOL – December Holiday Break

Fri. Jan. 11 All-school Martin Luther King Jr. assembly 3rd grade presents 10:30AM

Fri. Jan. 25 NO SCHOOL for students – Teacher Work Day

Wed. Feb. 27 All-school assembly 1st grade presents 1:30PM

Fri. Mar. 15 GRADES 3,4 & 5 CONCERT 9:30AM in the gym (YES, we know it's a half-day –dismissal is at 12:20PM, plenty of time for the concert!)

Thurs. Apr. 25 All-school assembly 5th grade presents 9:10AM

Fri. May 3 GRADES K, 1 & 2 CONCERT 1:30PM in the gym

Fri. May 10 Alex Smith Trio RETURN ENGAGEMENT – stay tuned for details!

Thurs. May 30 All-school assembly WELCOME BACK JSS/HIGH SCHOOL GRADS – KDGners are hosts 2PM

Wed. June 12 All-school assembly FINE FINE SCHOOL

## ASSEMBLY DATES

Dec. 20 – 2:15PM 2nd grade Winter Solstice

Jan. 11 –10:30AM 3rd grade MLK, Jr.

Feb. 27 – 1:30PM 1st grade

Apr. -25 – 9:10AM 5th grade

May 30– 2:00PM KDG - JSS Grads

June 12 – 10:30AM Ms. Agna Fine Fine School

## VISITING DAYS

Wednesdays 9:30-11AM

January 9, 16, 23, 30

February 6, 13, 27

TREAT YOURSELF TO A

# PARENTS NIGHT OUT

FRIDAY, DECEMBER 14

5:30-8:30 PM

JACKSON STREET SCHOOL

AVAILABLE TO ALL CURRENT JACKSON STREET SCHOOL STUDENTS  
KINDERGARTEN THROUGH 5TH GRADE.

\$20 FOR THE FIRST CHILD

\$10 FOR EACH ADDITIONAL CHILD FROM THE SAME FAMILY.

ACTIVITIES FOR CHILDREN INCLUDE A MOVIE, GAMES IN THE GYM,  
PIZZA AND MORE!

YOUR KIDS HAVE FUN WHILE YOU GET A NIGHT OUT!



ALL PROCEEDS GO TO SUPPORT 2019 NATURE'S CLASSROOM.  
CONTACT ALYSSA AT [AJDCA99@YAHOO.COM](mailto:AJDCA99@YAHOO.COM) WITH QUESTIONS.



Please return this form to the office with cash or check made out to JSS PTO.

Parent Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name of Child/ren \_\_\_\_\_

Teacher/classroom \_\_\_\_\_

Any allergies? \_\_\_\_\_

Emergency Contact  
Name & Phone # \_\_\_\_\_  
\_\_\_\_\_

Amount enclosed: \_\_\_\_\_

Disfrute de una noche sin sus hijos  
mientras ellos se divierten en JSS!

## Noche de entretenimiento para los niños

Viernes, 14 de diciembre

5:30-8:30 PM

**JACKSON STREET SCHOOL**  
PUEDEN PARTICIPAR TODOS LOS ALUMNOS ACTUALES DE LA  
ESCUELA JACKSON STREET SCHOOL DE KINDERGARTEN A 5TO  
GRADO

\$20 POR EL PRIMER NINO

\$10 POR CADA NINO ADICIONAL DE LA MISMA FAMILIA

LAS ACTIVIDADES PARA LOS NINOS INCLUYEN UNA PELICULA,  
JUEGOS EN EL GIMNASIO, PIZZA, Y MAS!



TODAS LAS GANANCIAS APOYARAN EL VIAJE A NATURE'S  
CLASSROOM EN EL 2019.



PREGUNTAS? COMUNIQUESE CON ALYSSA (AJDCA99@YAHOO.COM)

---

**Para reservar su sitio, favor de entregar la siguiente informacion con su pago en efectivo o  
por cheque hecho a nombre del JSS PTO .**

Nombre del adulto: \_\_\_\_\_ Telefono : \_\_\_\_\_

Nombre del nino/a: \_\_\_\_\_ Salon: \_\_\_\_\_

**Alergias?** \_\_\_\_\_

Contacto de Emergencia: \_\_\_\_\_

Telefono: \_\_\_\_\_

Pago: \_\_\_\_\_



Northampton Public Schools

# Elementary Menus for December 2018

This institution is an equal opportunity provider. Menus are subject to change.

## CARROTS



December

LOCAL



MASSACHUSETTS  
FARM TO SCHOOL

## NUTRITION TO GO

The widespread use of chocolate in everything from drinks to candies to other confections makes it one of our most versatile and popular flavorings. Over the years, chocolate has been both praised and criticized regarding its healthfulness. Just remember: chocolate, like most treats, is a food best enjoyed in moderation.

### A QUICK BITE FOR PARENTS

### Available Daily

Sunbutter & Jelly Sandwich, Grilled Cheese, Cheese Sandwich or Entrée Salad (served with WG bread or roll) available as an alternate to the daily meal option

All meals served with assorted fruit 15-30gm and milk 13-24gm. Whole Grain Cereal available as an alternate to daily breakfast option.

#### Meal Prices:

Breakfast: \$1.25; Lunch \$2.75;  
Milk purchase without a meal is \$0.50 regardless of meal benefit qualification

Pay for school meals at [www.myschoolbucks.com](http://www.myschoolbucks.com)  
Questions or Comments, Please Call the Food Service Office at (413) 587-1487

Menus also available on our website:  
<http://www.northamptonschools.org/project/food-services/>

#### Monday, December 3

##### Breakfast

WG Muffin 25gm

##### Lunch

BBQ Chicken Flatbread 50gm  
Four Bean Salad 12gm  
Oven Fries 20gm

#### Tuesday, December 4

##### Breakfast

Egg & Cheese Sandwich 20gm

##### Lunch

Nacho Tuesday 15gm  
Grilled chicken or Ground beef, lettuce, salsa, cheese and sour cream  
Seasoned black beans 20gm

#### Wednesday, December 5

##### Breakfast

WG Crumb Cake 48gm

##### Lunch

1/2 Day  
Bagged Lunches  
Available

#### Thursday, December 6

##### Breakfast

WG Pumpkin or Banana Bread 43gm

##### Lunch

Baked Potato Bar 40gm  
Served with your choice of chili 10gm, cheese 14gm, sour cream and broccoli  
Steamed Carrots 19gm  
WG Baked Pretzel 14gm

#### Friday, December 7

##### Breakfast

Sweet Potato Roll 22gm

##### Lunch

Pizza Variety Day  
Side Salad with Assorted Dressing 3-14gm

Rounds: 39gm; French Bread: 33gm;  
Rectangle: 35gm; Stuffed Crust 35gm

#### Monday, December 10

##### Breakfast

WG Muffin 25gm

##### Lunch

Chicken & Waffles  
Boneless Chicken Bites 15gm  
Mini WG Waffles 37gm  
Steamed Corn 8gm  
Bandit Baked Beans 35gm

#### Tuesday, December 11

##### Breakfast

Egg & Cheese Sandwich 20gm

##### Lunch

Chicken Caesar Wrap 39gm  
LOCAL Carrot Coins 4gm  
Crunchy Pretzels 16gm

#### Wednesday, December 12

##### Breakfast

WG Crumb Cake 48gm

##### Lunch

Macaroni & Cheese 30gm  
Smiley Fries 13gm  
Fresh Broccoli 3gm & Dip 8gm

#### Thursday, December 13

##### Breakfast

WG Pumpkin or Banana Bread 43gm

##### Lunch

Italian Dunkers  
Cheesy Bread 17gm w/ marinara dipping sauce 5gm  
Cucumber Wheels 3gm & Dip 8gm

#### Friday, December 14

##### Breakfast

Sweet Potato Roll 22gm

##### Lunch

Pizza Variety Day  
Fresh Veggie Medley with Hummus 8gm or Ranch Dip 4gm

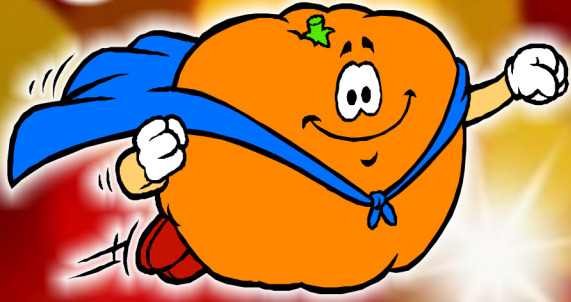
Rounds: 39gm; French Bread: 33gm;  
Rectangle: 35gm; Stuffed Crust 35gm



# What's on YOUR plate?



**Q:** Why did Super Orange lose the big race around the world?



**A:** He just ran out of juice! Don't let this happen to you - juice makes a tasty fruit serving!

Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

Monday, December 17	Tuesday, December 18	Wednesday, December 19	Thursday, December 20	Friday, December 21
<b>Breakfast</b> WG Muffin 25gm	<b>Breakfast</b> Egg & Cheese Sandwich 20gm	<b>Breakfast</b> WG Crumb Cake 48gm	<b>Breakfast</b> WG Pumpkin or Banana Bread 43gm	<b>Breakfast</b> Sweet Potato Roll 22gm
<b>Lunch</b> Mozzarella Cheese sticks 21gm with marinara sauce 7gm Steamed Broccoli 6gm WW Dinner Roll 17gm	<b>Lunch</b> Teriyaki Chicken 8gm over seasoned brown rice 12gm <b>LOCAL</b> Yummy Carrots 7gm Four Bean Salad 12gm	<b>Lunch</b> Chicken Nuggets 15gm and Dip 16gm Green Beans 5gm Smiley Fries 25gm WG Dinner Roll 17gm	<b>Lunch</b> <i>Superhero Sloppy Joes</i> 35gm Ground Beef in a tomato based sauce served on a WG Bun Butternut Squash 15gm	<b>Lunch</b> Pizza Variety Day Side Salad with Assorted Dressing 3-14gm  Rounds: 39gm; French Bread: 33gm; Rectangle: 35gm; Stuffed Crust 35gm



Holiday begins at the end of classes

**Friday, December 21**

Classes resume

**Wednesday, January 2**

**COLD ≠ COLD.**

Cold weather doesn't cause colds - viruses do! Same with the flu. Kids (and adults) should always dress appropriately outdoors for comfort and to avoid frostbite. But if you don't want to get sick, you should wash your hands!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!**



diciembre 2018 Menús para JFK escuela intermedia and Northampton escuela secundaria

3. <u>Pollo BBQ con Pan Plano</u> Ensalada de Cuatro Frijoles Papas Fritas	4. <u>Taco Martes</u> Un Taco Crujiente de Pavo Lechuga, Tomate, Queso, Salsa y Crema Agria Frijoles Refritos	5. <u>Medio día de la escuela</u>  se sirve el desayuno el amuerzo en bolsa disponible	6. <u>Papa Asada</u> Con Una Selecció de Chili, Queso , Creama Agria y Brocolí Ensalada de Zanahorias y Pasa GE Pan	7. <u>Pizza Variedad</u> Ensalada
10. <u>Pollo con Waffle</u> Nuggets de Pollo Waffle Maíz Frijoles	11. <u>El Sándwich de Pollo Caesar</u> Zanahorias	12. <u>Pasta con Queso</u> Pasta con Queso Papas Fritas Col Rizada Frita	13. <u>Italian Dunkers</u> Pan con Queso Salsa de Marinara Pepino con Salsa	14. <u>Pizza Variedad</u> Ensalada Col Rizada Frita
17. <u>Palos de Queso</u> Salsa de Marinara Rotini Pasta Brocolí	18. <u>Pollo de Teriyaki</u> Arroz Integral Zanahorias Ensalada de Cuatro Frijoles	19. <u>Tres tiras de Pollo con Salsa</u> Judías Verdes Papas Fritas Pan Mantequilla	20. <u>Superhero Sloppy Joes</u> (Sándwich de Carne Picada Mezclada con Salsa de Tomate Picante) Calabaza	21. <u>Pizza Variedad</u> Una Mezcla de Vegetales Frescos con Humus o Aderezo Ranchero
<b>¡Feliz año nuevo! No hay escuela</b>				

El menu está sujeto a cambios.

Hay leche disponible cada día - 1% blanca, descremada de chocolate.  
Hay fruta fresca todos los días.

USDA es una agencia que ofrece igualdad de oportunidades en el empleo y en la prestación de servicios.

**Opciones alternativas de escuelas primarias:**

Crema de maní y mermelada (Escuela Jackson Street)  
Sunbutter y mermelada (Escuelas sin maní)  
Sándwich de queso a la plancha  
Sándwich de queso  
Ensalada

**Zanahorias y ensalada de tres frijoles disponibles todos los días.**

**Opciones alternativas de escuelas media y superior:**

Crema de maní y mermelada  
Sunbutter y mermelada  
Variadas alternativas también se ofrecen cada día

**Hay desayuno disponible para TODOS los estudiantes de Escuelas Públicas de Northampton**

Escuelas primarias sirve el desayuno de 8:30 am a 9:00 am

**Escuelas Primarias:**

lunes: Pastelillo  
martes: El Sándwich de Jamón y Huevo  
miércoles: Pastel  
jueves: Pan de Calabaza  
viernes: Pan de Batatas

Una variedad fruta y leche disponible cada día a desayuno. Una reducido azúcar cereal es disponible cada día a desayuno como un alternativas.

Ahora ofrecemos "My School Bucks" un portal de internet conveniente y seguro para hacer pagos y de information para padres. Vaya a [www.myschoolbucks.com](http://www.myschoolbucks.com) para inscribirse en una cuenta gratis. Use esta cuenta para ver las compras de su niño(a). Si desea, puede hacer un pago en línea.

**\$2.49 por transacción**

**Un niño que califica para el programa de comida reducido o gratis puede seleccionar una leche para ser parte de una comida completa. Si un niño que califica desea una leche sin una comida completa, el niño debe pagar el precio completo de la leche. El precio de la leche es cincuenta centavos.**