Ms. Allessi's website: https://sites.google.com/northampton-k12.us/mindfulnessatjss

You may also connect with us on Twitter:https://twitter.com/#!/NPSDistrict

JSS Office 587-1510

**Volume 22 No. 31** 

May 4, 2018

#### MESSAGE FROM MS. AGNA

# TODAY – FRIDAY, May 4, I will be walking on the Walking School Bus through Hampshire Heights starting at 8:10AM. Please join me!

Thanks so much to all who participated in the Spring International Walk/Ride. Scoot/Skate to School Day last Wednesday – and to Liz Horn, PTO Volunteer Coordinator for serving lemonade and trinkets at the flagpole! Liz reports giving out more than 100 cups of lemonade!

#### PRIDE

TOMORROW Saturday, May 5, is the annual Northampton PRIDE March. All the Northampton schools, including JSS, will march together, with a float! We'd love to have any/all of our families join us in marching for ALL our families, students and staff! PLEASE NOTE THE TIME CHANGE FOR THIS YEAR'S MARCH - We will meet in to march together at 10:30AM in front of the Northampton Brewery (the side nearest the city parking lot) and the march begins at 11AM—look for our big GREEN banner!

#### **HELMETS**

If you have bike helmets that you aren't using, we will! There are students who needs helmets and we try to have them in stock to give away. Please consider donating new or gently used helmets! Thanks!

#### **NATIONAL SCHOOL NURSE DAY!**

FROM KAREN JARVIS-VANCE, NPS Health Services Director:

This is an annual reminder that National School Nurse's Day is around the corner. I ask for your help in recognizing the critical role these professionals play in our schools. Attached is an infographic I made containing local data. Below is a link to other social media ready-to-go content, courtesy of our professional organization.

https://schoolnursenet.nasn.org/blogs/margaret-cellucci/2018/03/07/school-nurse-day-2018-social-media-promotions

Thank you for your continued support of our school nursing staff!

Karen

**JSS School Nurse Rebecca** is a critical member of our school's support team – not just for physical needs, but for social and emotional ones as well. Her office is an important refuge when students – and staff - need a break. She is unfailingly kind, positive, welcoming and helpful. We all thank Nurse Rebecca from the bottom of our hearts!

#### **MARK YOUR CALENDARS**

Friday, MAY 18 is a district STAFF/TEACHER WORK HALF DAY. Dismissal for students will be at 12:20PM and bag lunches will be available to order.

#### LAST DAY OF SCHOOL

I hope we're not jinxing it, but it looks like our last day of school will be WEDNESDAY, JUNE 20! It's a half-day and bag lunches will be available.

5th grade graduation will be on TUESDAY, JUNE 19 at 1:30pm!

#### **JACKSON THE DOG**

The training continues – check out the JSS website and the JSS PTO Facebook page for videos of the training!

And again - don't forget the wonderful idea from two 1st graders - as a way to welcome Jackson to our school:

Lyla and Sylvie Whitehill, first graders, would like to create a welcome album of JSS pets for when Jackson, the service dog, arrives. They know that their dog won't be able to meet Jackson and they would like to show him that he has animal friends in the JSS community too! Please email your photos of any pets and your pet's name to their mom at marissajeanne@gmail.com or drop a hard copy in the office by May 25 for inclusion in this project. Thank you!

#### **MCAS**

We continue to have a smooth testing period – this past week for 3rd graders, doing MATH. Next Tuesday and Wednesday, May 8 & 9, our 4th grade will do MCAS MATH.

Thank you again so much again for your support and preparation – they seemed at ease and ready to "try their best – and it will be fine.

#### ONE MORE TIME - MARK YOUR CALENDARS - CHANGE OF DATE!!

PLEASE NOTE - We have had to change the date for Ms. Bates' Retirement Garden Potluck to WEDNESDAY, JUNE 13, 5:30-7:30PM! Please bring a dish to share – if it has nuts in it, please provide a label! We'll provide the paper goods and utensils and water to drink. Please pass the word if you know of former students and families of Ms. Bates – we know that she'd love to see current and past students!

Stay tuned for the JSS COUNCIL REPORT on video use in our school....

Have a good weekend!

#### With great respect and affection,

# Gwen Agna

### **TODAY!**

### **Northampton Public Schools' K-8 Art Show Opening Reception**

At JFK Middle School on Friday,

May 4th from 4:00PM - 6:00PM

The exhibition will host a sampling of original artwork by local students from Leeds, Ryan Road, Jackson Street, Bridge Street and J.F.K. Middle Schools. There will be light refreshments served and beautiful artwork that is both 2-D and 3-D. The show will run from:

May 4th through the 25th.

## **PHONE NUMBERS TO GET** INTO BUILDING

As you may know, we now keep the front door locked, even after school. This is the recommended practice to keep students safe who are in our after school programs. We have coverage in the office until 3:30PM. If you have a meeting after school and need to have people get into the building, please share cell phones numbers so they can let you know they need access. We can unlock the door for evening meetings and activities. Thank you.

# **HOLA MESSAGE FROM MS. B-G**

HOLA ends June 7th

HOLA got off to a great start this week. We have six more weeks of classes, running through June 7th. If you have not gotten in your payment yet, please send it right in.

Thanks!

## **BOOKS!!**

A million thanks to the families and friends of JSS who purchased nearly 150 new books for the library collection via the Broadside Books wishlist. The PTO has generously offered to use some of the Florence Bank Customer's Choice Community Grant to buy out the rest of the list, bringing the grand total of new, diverse, awesome library books to over 250. Thanks to Ms. Russell and her crew of volunteers for getting these books into the catalog, onto the shelves ... and into the hands of JSS students and teachers!

-- The JSS library committee

# **Want a River Valley Co-Op** grocery gift cards?

Recently there has been quite a bit of interest in River Valley Co-Op gift cards. We are well on our way to raise more money for JSS, but we need your support. And remember, you don't lose a penny - cards are sold at face value! If we can sell one hundred \$100 cards we will raise another \$1,000 for JSS!!!

#### gift cards cont.

We are selling \$100 River Valley Co-op grocery gift cards ONLY this time around AND you must pre-order. PLEASE email juliebaboolie@yahoo.com by Saturday May 12th to place your order.

And please keep an eye out for a Google survey regarding the 2018-2019 JSS PTO Grocery Gift Card Fundraising Program.

Forever Grateful, The JSS PTO Leadership Team Alana, Alyssa, Gwen, Jo, Julie, Liz and Pallavi

# THIS COMING WEEK IS TEACHER AND STAFF APPRECIATION WEEK!

#### **AND SCHOOL NURSE DAY!**

The week of May 7 - 11 is Teacher/Staff Appreciation Week.

And Tuesday, May 8 is School Nurses Day.

We all know how amazing and hard working our JSS staff is - and we can never thank them enough.

This week, particularly Tuesday, May 8, is a great time to let them know how much we appreciate them!

On May 8, the PTO will have its annual staff appreciation breakfast in the lobby from 8:00 to 9:00.

And any student or parent who would like to make or send in a card, make a sign, or just tell our teachers, staff and Nurse Rebecca how wonderful they are - that would be great!

Thank you.

## **VARIETY SHOW!**

Thanks so much to all the students (and parents) who came to Show-Us-Your-Talent this past week. And many thanks to our amazing director, Lindsay Sabadosa, our great MC Mosie Senn McNally, and all the great parent volunteers. All the students did wonderfully, and we look forward to seeing everyone again at the upcoming rehearsals:

Monday, May 21 from 3:00 to 5:00 in the gym

Wednesday, May 30 from 3:00 to 5:00 in the gym

And of course, the big show is on Friday, June 1 at 6:00 pm

Please keep practicing your acts! And if you have any questions, please let us know!

Lindsay Sabadosa, Variety Show director: lsabadosa@gmail.com Liz Horn, JSS Volunteer Coordinator: elhorn@mindspring.com

# MAY PTO MEETING - WED., MAY 9 at 6:30 PM

Please come to the May PTO meeting, on Wednesday, May 9 at 6:30 pm in the library.

Lots of fun events and plans to discuss - library renovation, gaga ball pit, Field Day, Variety Show, Electronics Recycling, "Play On" classical music performance - and much more!

As always, everyone is warmly welcome, and we'll have snacks and free childcare.

Please join us!

### SCHOOL DANCE ON FRIDAY!

Dance Friday May 11th 6-8!

DJ, bake sale and lots of fun!

Please come join us for a fun family evening!

# THE STUDENT ARTWORK SLIDESHOW RETURNS!

The variety show organizers would again like to showcase the varied artistic talents of students by including a slideshow of student artwork in the evening's events. If your child would like to have a piece in the slideshow, please send a digital image (.jpg or .jpeg format) and your child's name and grade to Jordan Abbott at jordangelabbott@yahoo.com.

Please also send a photo of the artist to be included with the image (optional).

### IN THE NEWS

€ 2nd grader, **Quinn Allen-Brezsnyak's** Weekly Writing Corner submission was published in the Daily Hampshire Gazette.

### **COMMUNITY EVENTS**

Everyone is welcome! Drop-in support group!

## **Valley ADHD Parent Support Group**

next meeting: 1st Monday of Every Month

Monday, May 7, 2018 6:30pm - 8:00pm

Northampton Area Pediatrics, LLP 193 Locust St., Northampton Conference Room

Join other area parents and caregivers to...

- Receive ADHD information and support
- Be heard without being judged
- Hear how others cope with similar issues and challenges
- Learn about local resources for families
- Hear from area specialists on pertinent topics
- Learn new strategies to try at home
- Leave feeling empowered and hopeful

Light refreshments will be available.

Questions? Please contact:

ValleyADHDfamilies@gmail.com

# MARK YOUR CALENDAR – We're always adding new dates so keep checking. PLEASE check the Northampton Public Schools website for district calendar updates.

Parents Hour in the Family Center every other Wed. from 9-10AM, beginning Wed. Sept. 6.

Walking School Bus – Ms. Agna alternates on Fridays around 8:10AM between the bike path (starting behind Stop and Shop) and Hampshire Heights, starting at the bottom of the hill near the CVS plaza.

Tues. May 8 MCAS MATH for 4th grade

Wed. May 9 MCAS MATH for 4th grade

JSS PTO meeting 6:30-8PM

Fri. May 11 JSS FAMILY DANCE 6-8PM!

Sat. May 12 SOS PLANT & GARDEN MARKET 9-1PM at Smith Vocational/Agricultural School

Tues. May 15 MCAS MATH for 5th grade

Wed. May 16 MCAS MATH for 5th grade

Tues. May 22 MCAS SCIENCE/TECH for 5th grade

Wed. May 23 MCAS SCIENCE/TECH for 5th grade

Wed. May 30 all-school assembly honoring our JSS/High School Grads – with KDGners at 2PM

Fri. June 1 JSS VARIETY SHOW (formerly the Talent Show)

Thus. June 7 LAST DAY OF HOLA

Fri. June 8 FIELD DAY (rain date on Friday, June 15)

Wed. June 13 GARDEN RETIREMENT POTLUCK for Ms. Bates!! 5:30-7:30PM in the JSS School Garden

Thurs. June 14 all school assembly "FINE FINE SCHOOL" led by Ms. Agna at 10:00AM

Tues. June 19 5th GRADE GRADUATION 1:30PM

Wed.June 20 LAST DAY OF SCHOOL! It's a half-day – dismissal at 12:20PM and bag lunches will be available

MCAS DATES

Tuesday May 8, 2018 MCAS 4th Grade Math

Wednesday May 9, 2018 MCAS 4th Grade Math

Thursday May 10, 2018 MCAS 4th Grade Math (MAKE UP DAY)

Tuesday May 15, 2018 MCAS 5th Grade Math

Wednesday May 16, 2018 MCAS 5th Grade Math

Thursday May 17, 2018 MCAS 5th Grade Math (MAKE UP DAY)

Monday May 21, 2018 MCAS 5th Grade Science Tuesday May 22, 2018 MCAS 5th Grade Science Wednesday May 23, 2018 MCAS 5th Grade Science Thursday May 24 (MAKE UP DAY)

# Support Our Schools Plant Sale Sat. May 12 9am-1pm

If you have plants from your garden to donate please bring them to the driveway at 12 Forbes Ave.

We will be selling compost, hanging plants, annuals and perennials, and vegetable starts. Plus there will be vendors with art and other garden items.

2 great raffle prizes: a cedar arbor/trellis/bench and a quilt.

# Northampton Public Schools

May 2018

Director of Food Services John Tranfaglia

(413) 587-1487 jtranfaglia@northampton-k12.us

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April 30 <sup>th</sup> , Monday	1 <sup>st</sup> , Tuesday	2 <sup>nd</sup> , Wednesday	3 <sup>rd</sup> , Thursday	4 <sup>th</sup> ,Friday
Hot Dog on a (WG) Roll	Hamburger/	Lasagna Roll Ups	Taco Salad	(WG) Stuffed Crust Pizza
Vegetarian Beans	Cheeseburger (WG) Roll	Steamed Carrots	Lettuce, Tomato, Salsa	Steamed Broccoli
Fruit Cocktail	Oven Fries	Diced Pears	Three Bean Salad	Peaches
	Pineapple Tidbits		Apple Sauce	
<b>7</b> <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>
Fish Stick (WG) Sandwich	(WG) Pancakes	(WG) Pasta & Meatballs	Chicken Nuggets	(WG) Pizza Rounds
Spicy Curly Fries	Sausage	(WG) Garlic Bread	Steamed Green Beans	Steamed Corn
Fruit Cocktail	Baby Carrots	Steamed Broccoli	Apple Slices	Diced Peaches
	Orange Juice	Diced Pears		
14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>	17 <sup>th</sup>	18 <sup>th</sup>
				Half Day of School
Ham & Cheese	Hamburger/	(WG) Mozzarella Sticks	Taco Salad	·
(WG) Bagel Melt	Cheeseburger (WG) Roll	Marinara Sauce	Lettuce, Tomato, Salsa	Breakfast and Bag Lunches
Steamed Peas	Coleslaw	Spicy Curly Fries	Three Bean Salad	Available
Fruit Cocktail	Mandarin Oranges	Diced Pears	Apple Slices	
21 <sup>s†</sup>	22 <sup>nd</sup>	23 <sup>rd</sup>	24 <sup>th</sup>	25 <sup>th</sup>
(WG) Chicken Patty	Popcorn Chicken Bowl	(WG) Pasta & Meatballs	Pulled Pork Sandwich	(WG) Cheese Pizza
Sandwich	Mashed Potatoes/Gravy	(WG) Garlic Bread	(WG) Roll	Steamed Broccoli
Oven Fries	Steamed Corn	Steamed Peas	Cole Slaw	Diced Peaches
Fruit Cocktail	Pineapple Tidbits	Diced Pears	Apple Slices	
28 <sup>th</sup>	29 <sup>th</sup>	30 <sup>th</sup>	31 <sup>s†</sup>	
No School	Hamburger/	(WG) Cheese Calzone	Fish Stick	
Memorial Day	Cheeseburger (WG) Roll	Steamed Carrots	(WG) Sandwich	
	Chips & Salsa	Diced Pears	Spicy Curly Fries	
	Mandarin Oranges		Apple Slices	

#### MENU IS SUBJECT TO CHANGE

Milk is Available Everyday - 1% White, Fat Free Chocolate Fresh Fruit or Canned Fruit is Available Everyday

#### Alternative Lunch Options:

**Elementary Schools Alternative Options:** 

Peanut Butter & Jelly (Jackson Street School) Sunbutter & Jelly (All Schools)

Grilled Cheese Sandwich

Cheese Sandwich

Entrée Salad

#### Middle & High School:

Peanut Butter & Jelly Sunbutter & Jelly

Misc alternative items are also offered each day.

Baby Carrots and Three Bean Salad are available every day as a substitute to the daily vegetable in each school

School Lunch Prices - Paid \$2.75 / Reduced \$.40, Breakfast- Paid \$1.25 / Reduced \$.30

**Breakfast** is available for **ALL** Northampton Public Schools students.

NHS serves breakfast from 7:00 am to 7:30 am, JFK serves breakfast from 7:30 am to 8:00 am, and the Elementary Schools serve breakfast from 8:30 am to 9:00 am.

Assorted cereal is available every day; hot breakfasts are available at least two days a week and could be (WG) French Toast, whole grain muffin tops, (WG) bagels, or (WG) pancakes.

Low fat milk, fruit, and juice are also served with breakfast.

#### **Student Account and Balance Information**

**Check out our website:** 

http://www.northamptonschools.org/project/food-services/

We now offer "My School Bucks" a convenient and secure online payment/parent information portal.

Go to www.myschoolbucks.com to sign up for a free account.

Use this account to view your child's purchases and to review your students balance (Free Service)

If you choose you can make an online payment (\$2.49 Charge per Transaction)

WG) = Items that are at least % Whole Grain products

USDA is an equal opportunity provider and employer.

Any child who qualifies for the free or reduced meal program may select a milk to be part of a complete meal. If a child who qualifies would like milk **WITHOUT** a complete meal (Milk Only), the child must pay full price for the milk.

# Northampton Public Schools

Mayo 2018

Director de Servicios Alimenticios

John Tranfaglia (413) 587-1487 jtranfaglia@northampton-k12.us

30.°	1.°	2.°	3.°	4.°
Perro Caliente	Hamburguesa con o sin	Rollo de Lasaña	Ensalada de Taco	(GE) Pizza de Queso
Frijoles sin Carne	Queso Pancito (GE)	Zanahorias al Vapor	Lechuga y Tomate	Brócoli
Coctel de Fruta	Papas Fritas	Peras en Cubitos	Salsa, Crema Agria	Duraznos
	Trocitos de Piña		Ensalada de Tres Frijoles	
			Puré de Manzana	
<b>7</b> .°	<b>8</b> .°	9.°	10.°	11.
(GE) Sándwich de Pescado	(GE) Panqueques	(GE) Pasta y Albóndigas	Nuggets de Pollo	(GE) Pizza de Queso
Papas Fritas	Salchicha	(GE) Pan de Ajo	Judías Verdes	Maíz al Vapor
Coctel de Fruta	Zanahorias	Brócoli	Rebanadas de Manzana	Duraznos
	Jugo de Naranja	Peras en Cubitos		
14.°	15.°	16.°	17.°	18.°
(GE) Un Bagel con Jamon y	Hamburguesa con o sin	(GE) Palos de Mozzarella	Ensalada de Taco	Medio día de la escuela
Queso Fundido	Queso Pancito (GE)	Salsa Marinara	Lechuga y Tomate	
Guisantes al Vapor	Ensalada de Col	Papas Fritas	Salsa, Crema Agria	Se sirve el desayuno
Coctel de Fruta	Naranjas Mandarinas	Peras en Cubitos	Ensalada de Tres Frijoles	
	-		Rebanadas de Manzana	El amuerzo en bolsa disponisble
21.°	22.°	<b>23</b> .°	24.°	25.°
(GE) Hamburguesa de Pollo	Popcorn Hecho a Pollo en	(GE) Pasta y Albóndigas	(GE) Sándwich de	(GE) Pizza de Queso
Papas Fritas	Tazon	(GE) Pan de Ajo	Cerdo	Brócoli
Coctel de Fruta	Pure de Papa/Salsa	Guisantes al Vapor	Ensalada de Col	Duraznos
	Maíz al Vapor	Peras en Cubitos	Rebanadas de Manzana	
	Trocitos de Piña			
28.°	29.°	30.°	31.°	
No Hay Escuela	Hamburguesa con o sin	(GE) Calzone de Queso	(GE) Sándwich de	
	Queso Pancito (GE)	Salsa Marinara	Pescado	
D.	Chips de Tortilla	Zanahorias al Vapor	Papas Fritas	
Día en que se recuerda a	Salsa	Peras en Cubitos	Rebanadas de Manzana	
los caídos en la guerra	Naranjas Mandarinas			

El menu está subjeto a cambios.

Hay leche disponible cada día - 1% blanca, descremada de chocolate.

Hay fruta fresca todos los días.

#### Opciones alternativas de escuelas primarias:

Crema de maní y mermelada (Escuela Jackson Street)
Sunbutter y mermelada (Escuelas sin maní)
Sándwích de queso a la plancha
Sándwích de queso
Ensalada

#### Opciones alternativas de escuelas media y superior:

Crema de maní y mermelada Sunbutter y mermelada Variadas alternativas también se ofrecen cada dia

Zanahorias y ensalada de tres frijoles disponibles todos los días.

#### Hay desayuno disponible para TODOS los estudiantes de Escuelas Públicas de Northampton

NHS sirve el desayuno de 7:00 am a 7:30 am, JFK sirve el desayuno de 7:30 am a 8:00a, y las Escuelas primarias sirve el desayuno de 8:30 am a 9:00 am.

Cereal está disponible todos los días; hay desayunos calientes por lo menos dos días por semana y pueden ser de tostada francesa de grano entero, bollos dulces de grano entero, bagels, o panqueques de grano entero. También hay leche bajo en grasa, fruta y jugo con el desayuno.

Ahora ofrecemos "My School Bucks" un portal de internet conveiniente y seguro para hacer pagos y de information para padres. Vaya a <a href="www.myschoolbucks.com">www.myschoolbucks.com</a> para inscribirse en una cuenta gratis. Use esta cuenta para ver las compras de su niño(a). Si desea, puede hacer un pago en línea.

\$2.49 por transacción

(GE) = cosas que son por lo menos 50% productos de granoetero

USDA es una agencia que ofrece igualdad de oportunidades en el empleo y en la prestación de servicios.

Un niño que califica para el programa de comida reducido o gratis puede seleccionar una leche para ser parte de una comida completa. Si un niño que califica desea una leche sin una comida completa, el niño debe pagar el precio completo de la leche.

El precio de la leche es cincuenta centavos.