



Community Resource List: 2021-22

Program/Location	Services Provided	Phone #'s
CRISIS HOTLINE- 24/7 availability	* Individuals or Family Members may contact with any mental health related emergency	285-3515
Local Domestic Violence Hotline	Many resources are available in Niagara County, including: * Shelter/safe dwellings * Supportive counseling * Information and referral * Advocacy	285-6984 (Niagara Falls) 692-5580 (N.T.) 433-6716 (Lockport)
NY Project Hope- COVID SUPPORT Pinnacle Community Services https://www.pinnaclecs.org/project-hope/ Pinnacle Community Services has teamed up with NY Project Hope, a Crisis Counseling Program that provides support, resources, outreach, and education to assist individuals and communities working to cope with COVID-19. It is a strengths-based program offering support that promotes resilience, empowerment, and recovery. NY Project Hope is free, confidential, and anonymous.	Goals of the Crisis Counseling Program: * Help those impacted by COVID-19 understand their current situation and reactions; * Reduce stress and provide emotional support; * Assist survivors in reviewing their recovery options; * Promote the use or development of coping strategies; * Connect those adversely impacted with other people and agencies who can help them in their recovery process	285-6984
Advance Psychiatric Nurse Practitioners (APNP) 5330 Main Street, Suite 240 Williamsville, NY 14221	* Psychiatric assessment & diagnosis * Psychotropic Medication * Child & Adolescent Counseling * Parenting Education & Support	626-9016
Beacon Center https://beaconcenter.net/ 36 East Avenue, Suite A Lockport, New York 14094	* Substance Abuse & Mental Health Counseling	439-6815
Behavioral Health Associates of WNY Ronald Cooke, MD http://www.bhaofwny.com/	* Child Adolescent & Adult Psychiatry * Psychotropic Medication *ADHD, Anxiety, Autism, Depression, PTSD	748-7474

<p>2360 Sweet Home Road, Suite 4 Amherst, NY 14228</p>		
<p>BestSelf Behavioral System https://www.bestselfwny.org/ Children's and Families Clinic 3350 Main Street Buffalo, NY, 14214</p>	<p><u>* Parent Child Interaction Therapy (children 2-7)</u> * Children, teens, adults * Mental Health therapy * Substance Use Disorders</p>	<p>884-0888</p>
<p>BryLin Behavioral Health Center https://www.brylin.com/</p> <p>BryLin Hospital Inpatient Mental Health Care for Children, Adolescents, & Adults 1263 Delaware Ave Buffalo, NY 14209</p> <p>Behavioral Health Center Outpatient Mental Health Care for Children, Adolescents and Adults 531 Farber Lakes #210 Williamsville, NY 14221</p>	<p><u>Hospital</u> * Short-term inpatient psychiatric hospitalization for children, adolescents, and adults suffering from mental illness that cannot be managed safely in a less restrictive environment. Stabilization of the presenting psychiatric crisis is followed by a collaborative discharge plan using supportive outpatient services.</p> <p><u>Health Center</u> * Psychiatric assessment * Anxiety, depression, stress, trauma * Individual and group therapy * Medication management * Crisis intervention * Dual diagnosis (integrated treatment for both mental health and substance abuse concerns)</p>	<p>Hospital 886-8200</p> <p>Health Center 632-5450</p>
<p>Catholic Charities of Lockport- https://www.ccwny.org/</p> <p>Family Services Bewley Bldg., Suite 450 Lockport, NY 14094</p> <p>Monsignor Carr Children's Clinics Bewley Bldg., Suite 300 Lockport, NY 14094</p> <p>Multisystemic Therapy (MST) Bewley Bldg., Suite 450 Lockport, NY 14094</p>	<p><u>Family Services</u> * Emergency Basic Needs Assistance Services * Our Kids Parent Education and Awareness Program * Women, Infants & Children (WIC)</p> <p><u>Monsignor Carr Children's Clinics</u> * Mental health assessments and evaluation * Individual, family, and group psychotherapy * Psychiatric evaluation * Medication Management * Behavior Management * Parenting Skills</p> <p><u>Multisystemic Therapy (MST)</u> * Youth 7-17 and families * Behavioral issues * PINS/court diversion</p>	<p>Family Services 433-0246</p> <p>Monsignor Carr Children's Clinics 478-0315</p> <p>Multisystemic Therapy (MST) 478-0035</p>

<p>Hospice and Palliative Care https://www.hospicebuffalo.com/ 150 Bennett Road Cheektowaga, NY 14227</p>	<ul style="list-style-type: none"> * Grief & loss counseling for individuals, families, & children * Community grief & support group, peer led groups 	<p style="text-align: center;">901-0289</p>
<p>Central Referral Service, Inc. www.211wny.org</p>	<p>Search feature to find support resources for:</p> <ul style="list-style-type: none"> * Developmental Disabilities * Domestic Abuse * Health and Wellness * Housing * Legal Services * Mental Health * Food & Nutrition * Substance Abuse * Support Groups * Tax Services 	<p style="text-align: center;">Dial 211 or use website</p>
<p>Child Advocacy Center of Niagara http://cacofniagara.org/ 501 Tenth Street Niagara Falls, NY 14301</p>	<ul style="list-style-type: none"> * Abuse Counseling * Medical Evaluations * Family Violence Intervention Project * Parental Support 	<p style="text-align: center;">285-0045</p>

<p>Child and Family Services http://www.cfsbny.org/ 330 Delaware Avenue Buffalo, NY 14202</p>	<p>Counseling * Individual and family counseling including: anger management difficulties, sexually abusive behaviors, anxiety, depression, self-abuse, suicidal thoughts/actions, trauma, school difficulties, conduct disorders, mood disorders, attachment disorders, oppositional defiant disorders</p> <p>Family Support Services Any of the following prolonged or excessive behaviors may benefit from Family Support Services: * Difficulty functioning in one's normal capacity * Extreme emotional reactions (excessive anger, fear, sadness, depression) * Breakdown in communication between family members * Withdrawn behavior * Violence or the threat of violence to oneself or others * Feelings of helplessness or hopelessness * Behavior problems at home or school * Difficulty coping with a traumatic incident * Preventative services * Home and Community Based services</p>	<p>Counseling 842-2750</p> <p>Family Support Services 335-7191</p>
<p>Community Missions https://www.communitymissions.org/ 1570 Buffalo Ave Niagara Falls, NY 14303</p>	<p>Crisis & Community Services * Community Kitchen * Emergency Housing Shelter * Food Pantry * Clothes Closet * Furniture Giveaway * Mark's Place * Parole Re-Entry * Christmas Program</p> <p>Youth Services * Aurora House * Juvenile Supported Case Management (JSCM) * Falls Street Station (YHDP) * Family Solutions Program (FSP) * Girls Circle</p>	<p>285-3403</p>
<p>East Amherst Psychology Group https://eapg9750.com/ 9750 Transit Road E. Amherst, NY 14051</p>	<p>* Diagnostic Assessment * Individual and Family Therapy * Behavioral Consultation</p>	<p>636-1375</p>

<p>Family Counseling Associates https://familycounselingwny.com/ 884 Brighton Road Tonawanda, NY 14150</p>	<p>* Individual, Family and Group Therapy * Psychological Testing * Depression, Anxiety, Stress, Distress, Grief, ADHD, OCD, PTSD, ODD, Conduct Disorders, Bipolar Disorders, Trauma</p>	<p>836-9460</p>
<p>Hillside Children’s Center https://www.hillside.com/ 66 Stevens Street Lockport, NY 14094</p>	<p>* Children and Family Treatment and Support Services * Behavioral health services- Providing crisis intervention, individual/family/group therapy, Health Home Care Management, diagnostic evaluation and assessment * Home and Community Support- designed to reduce the risk of out-of-home placements for children and youth through the addition of home / community supports that increase the functional levels of the youth and family * Family Resources</p>	<p>(585) 256-7500 Toll Free: 1 (888) 514-4455</p>
<p>Horizon Health Services https://www.horizon-health.org/ Location varies based off of service</p>	<p>* Counseling with children, adolescents, family * Outpatient- Mental Health & Psychiatry, Substance Use Disorder, Family & Adolescent, Private Counseling, Women’s Services * Therapy Dog Program * Detox and Rehab * Care Coordination</p>	<p>831-1800</p>
<p>Laura Anderson, Ph.D. Licensed Psychologist https://www.psychologytoday.com/us/therapists/laura-m-anderson-williamsville-ny/800284 1405 Maple Road, Back Bldg Williamsville, NY 14221 (716) 222-1950</p>	<p>*Counseling with children (10+, adolescents and adults.</p>	<p>716-222-1950</p>
<p>New Directions Youth & Family Services https://fosteringgood.org/ 6395 Old Niagara Road Lockport, NY 14094</p> <p>Children’s Clinic of WNY 225 Old Falls Street Suite 3B Niagara Falls, NY 14303</p>	<p>* Children & Family Treatment and Support Service- provides trauma-informed, solution-focused care in the community or home setting for children and adolescents experiencing behavioral challenges * Home Health Care Management * Preventive Services- Family support, Community Crisis Intervention, Children’s Mobile Crisis Outreach, Community Respite Services, Partners in Parenting, Wraparound Program, Family Assessment Response * Children’s Clinic of WNY</p>	<p>433-4487</p> <p>Children’s Clinic of WNY 300-8339</p>
<p>Niagara County Department of Mental Health Single Point of Access (SPOA) for Children & Youth</p>	<p>* Numerous services and supports available- home and community services, child and family support services, Community crisis intervention, Care Management, Family support</p>	<p>438-3071</p>

	* Referral to additional services through SPOA available	
Northpointe Council, Inc. https://www.northpointecouncil.org/ Lockport Outpatient Clinic 41 Main Street Lockport, NY 14094	* Prevention, intervention, education, counseling, treatment, emergency, and special services for those affected by substance abuse and addiction	433-3846
Pinnacle Community Services https://www.pinnaclecs.org/	* Domestic violence services * Parent support services * CORE Program - work with a Care Manager who will support and assist them in navigating the sometimes confusing and complicated health care and social service systems to access the services they need to stay healthy and to improve their quality of life.	285-6984 24/7 Confidential DV Hotline 716-299-0909
Psychotherapy Associates of Niagara http://www.psychotherapyassociatesofniagara.com/ Niagara Falls, NY	* Counseling with children, adolescents, adults * Depression, Anxiety, OCD, Stress, Bipolar, Grief, Behavior problems, Anger, PTSD, Abuse	285-1904
The Summit Center Behavioral Pediatrics Clinic https://www.thesummitcenter.org/ 75 Pineview Drive Amherst, NY 14228	* Behavioral Pediatrics Clinic -short-term therapeutic interventions to children and young adults struggling with Depression, Anxiety, Behavior concerns, Challenges related to ADHD and autism spectrum disorder	629-3400
UBMD Psychiatry https://ubmd.com/practice-locations/practices/psychiatry.html 4955 N. Bailey Suite 130 Amherst, NY 14226	* Child & Adolescent Psychiatry * Anxiety, ADHD, Mood, Substance abuse, PTSD	835-1246
Williamsville Psychiatry https://www.williamsvillepsych.com 5904 Sheridan Drive Williamsville, NY 14221	* Individual counseling- Abuse, Addiction, ADHD, Anger, Anxiety, Behavior problems, Depression, Grief, Self Esteem, OCD, PTSD, Stress, Trauma	886-5493
WNY Psychotherapy Associates https://www.wnypsychotherapy.com/ Various locations including Buffalo, Orchard Park, Tonawanda, Hamburg	* Marriage and Couples counseling * Depression and Anxiety treatment * Family counseling and child counseling	837-6705
Annie Coburn Kane www.wellnesswilson.com Wilson Wellness 638 Lake Street Wilson, NY 14172	* Individual Counseling * Parent Support * Couples Counseling * Animal assisted therapy	379-3557

Grace Clark-Burch, LCSD-R, Clinical Social Worker 76 West Ave Lockport, NY 14094	* Child and Family Counseling * Trauma and PTSD * ADHD	204-7901
Joe Clem- Marriage & Family Therapist/Licensed Behavior Analyst) https://www.josephclem.com/ 3871 Harlem Road Buffalo, NY 14215	* Individual, Couple, and Family Counseling * Behavioral support with challenging behaviors in children * Anxiety, Depression, Building Self Esteem/Identity and Grief and Loss concerns.	860-9178
Emily Moley, LMHC located in Wilson/Newfane - Shadigee Road)	*Currently offering teletherapy at this time. *\$80 per 50 min session (not yet on insurance panels) *Ages 16 yrs - elderly (works with the whole family, and will work with younger kids as well when needed.)	emily.moley.lmhc@gmail.com
Dr. Phillip Ricotta, Clinical Psychologist http://drricotta.com/ Patricia Cosgrove, Parent Advocate Email: pcosgrove@drricotta.com	* Parent consultations, Advocate services, Court evaluation * ADHD, Autism, Learning disabilities including dyslexia and nonverbal learning disability	259-ADHD (2343)
Dr. Michael Santa-Maria, Neuropsychologist http://www.buffaloneuropsychology.com/ 1825 Maple Rd.; Ste. 200 Williamsville, NY 14221	* Evaluation of Children and adults with a variety of brain based impairments * Full neuropsychological evaluations	687-8748