



Newfane Central School District Aquatic Center

Located at:
2909 Transit Road
Newfane, New York 14108

Dr. Lisa Krueger
Superintendent of Schools

Bernadette Seymour
Aquatic Center Director

AQUATIC PROGRAMS *Fall/Winter/Spring 2023-2024*

*(Please check the website for any changes and the pool is **closed** when school is not in session)*

Family Swim Events

We are planning several family swim events to take place throughout the school year. Please check the website for information.



Children under 18 yrs of age **must** be accompanied by a parent or guardian 18 yrs of age or older. Parent or guardian **must** stay in the swim area with children.

Questions?

Contact Mrs. Seymour, Aquatics Center Director, at 778-6853 or
Bseymour@newfanecentralschools.org

PARENT & CHILD AQUATIC PROGRAM

The purpose of this program is to provide an American Red Cross aquatic program for infants or preschoolers (6 months through 3 years) and their parent/guardian that will promote water safety practices, aquatic adjustments and swimming readiness skills. Making it "FUN" and enjoyable in the water with parental involvement. This program is intended to develop in young children a comfort level in and around the water, as well as a readiness for learning to swim. This program is NOT designed to teach children to become accomplished swimmers or even to survive in the water on their own. It will, however, provide you with the necessary knowledge and skills to orient your child to the water and to safely supervise water activities. The emphasis is on the development of a warm and trusting relationship between adults, children, and instructor. The relationship serves as the basis for learning.

Age: 6 months – 3 years

Cost: \$2.00 with adult

Session: Monday's September 11, 2023 through October 23, 2023 and
March 11, 2024 through May 20, 2024

Time: 6:30 – 7:00 pm

COMMUNITY and SENIOR CITIZEN SWIM

For our Community members as well as our Senior Citizens: The pool is open on Mondays, Wednesdays, and Fridays from 6:30 am – 8:45 am; Mondays and Wednesdays 8:00 pm – 9:00 pm for your enjoyment.

Cost: \$2.00

Session: Mondays, Wednesdays (and Fridays) September 6, 2023 through June 21, 2024

Time: 6:30 am – 8:45 am (M,W,F) am and 8:00 pm – 9:00 pm (M,W)

LEARN –TO-SWIM PROGRAM

If you have a son or daughter and would like to sign up for evening Learn to Swim lessons, this program is for them. Enroll them in an American Red Cross "Learn to Swim Program". This program is divided into seven levels. The prerequisite for each level is successful demonstration of the skills from the preceding level, except for level 1, which has no prerequisite. Our program will offer instruction designed to help swimmers of all ages and abilities develop and refine their skills. We will have an authorized Red Cross Water Safety Instructor teach a variety of strokes, including the front crawl, back crawl, elementary backstroke, breaststroke, sidestroke, and butterfly. They will also introduce a wide range of personal safety skills and possible diving techniques. At more advanced levels, students refine skills, learn the basics of springboard diving, and discover how to incorporate swimming into a lifetime fitness program. This program will fill up quickly so sign up today to ensure a spot.

Age: 4+

Cost: \$58.00

Session: Wednesdays 9-weeks

January 3,10,17, 24 & 31; February 7,14, 21 & 28

Time: 6:30 pm – 7:00 pm Level I & II

7:00 pm – 7:45 pm Levels III, IV, V, VI

Dates and times may be adjusted and please note if the district is closed, the event is cancelled.



EVENING WATER AEROBICS

This one hour, low-impact program, uses water resistance to help strengthen muscles while cushioning the body upon impact. Participants do not need to be able to swim to take the class since they will be moving from a standing position in the shallow end. For ages 21 years or older

Fall Session: Mondays & Wednesdays September 6, 2023 through October 25, 2023

Cost: \$2.00 per class

Spring Session: Mondays & Wednesdays March 11, 2024 through May 22, 2024

Cost: \$2.00 per class

Time: 7:00 pm – 8:00 pm

Minimum class size: 9 participants

DAYTIME WATER ARTHRITIS PROGRAM

Low impact program! Join us in our heated pool and take stress off tired joints and muscles. Gentle range of motion exercises. It cannot rid you of the condition, but it can make it more bearable.

Slight change from prior years, please see below:

***Mondays and Wednesdays 3:30 PM – 4:15 PM**

***Tuesdays and Thursdays 8:00 AM – 8:45 AM**

Cost: \$2.00 per class

Time: watch the website for updates

[Dates Subject to change due to student swim classes and swim team practice]

Minimum class size: 9 participants

POOL PARTIES

Celebrate at the Newfane Aquatic Center!

Parties/events are considered a three-hour block which includes up to two-hours of pool time and an area to decorate for snacks and celebrating in the lobby.

A building request form must be must be filed 4 weeks prior to the event date. A Certificate of Insurance or Release of Liability form must be on file. Please see the website and register your group in the MLSchedules program to get started. www.newfane.wnyric.org

Fees are based on the number of swimmers using the pool. A minimum of two (2) lifeguards is required. Payment **must** be made prior to event!

PRIVATE PARTIES FOR ORGANIZATION

The Aquatic Center also is available for private organizations...

Book a party for your Boy Scout, Girl Scout, 4-H, church or youth group!



Newfane
Central School
District

Aquatic Center
2909 Transit Road
Newfane New York 14108
778-6853

AQUATIC PROGRAMS
Fall/Winter/Spring 2023-2024

CHECK OR MONEY ORDER FOR \$ _____ ENCLOSED TO COVER COURSE FEES.
(NO CASH WILL BE ACCEPTED IN MAIL)

PLEASE MAKE CHECK OR MONEY ORDER PAYABLE TO: Newfane Central School District

MAIL TO:
Bernadette Seymour
Newfane Business Office/Aquatics
6273 Charlotteville Road
Newfane, New York 14108

PLEASE REGISTER EARLY TO PREVENT CLASSES FROM BEING CANCELED DUE TO INSUFFICIENT ENROLLMENT.
QUESTIONS? 778-6853 or Bseymour@newfanecentralschools.org

NEWFANE AQUATIC PROGRAM REGISTRATION FORM

NAME _____

ADDRESS _____

TELEPHONE _____ EMAIL _____

EMERGENCY CONTACT INFORMATION _____

COURSE(S) NAME _____
