

NESTUCCA VALLEY SCHOOL DISTRICT NEWSLETTER

APRIL//2022



SPEECH TEAM HEADS TO STATE!



Congratulations to the NHS Speech Team: everyone on the team scored high enough that they are going to state; some even in multiple categories!

This is a huge accomplishment for the team and their coaches. Best of luck to all!

(From left) Brooklynn Goodwin (11), Lionel Brown (11), Kaitlyn Osias (11), Neri Tate (9), and Alison Blair (11)

Senior Safe Looking For Recipes & Bottles!

Parents working on the Senior SAFE are assembling a community cookbook, in which they are collecting recipes from the community to raise money for this year's seniors.

If you'd like to contribute a recipe, forms are available @ both the High School and K-8 building, but recipes are needed A.S.A.P.

Need more info? Call or text Jeneane Upton @ (503) 801-0530.

Additionally, Senior SAFE is collecting scrap metal, pop cans and bottles for additional funds. Please contact Melissa Woods @ (503) 801-5791 for a pick-up.

Thanks for supporting our Seniors!!!



APRIL 2022!

What We've Been Up To!

Lo Que Hemos Estado Haciendo!

From teacher Ashlee: Food Roots visited this month and the students planted beans. They worked together to put soil and a bean in a clear cup. Then we colored a piece of paper to cover the cup. The students have loved checking on the beans each day as they grow. We also have been focusing more on our feelings. We read *The Way I Feel* by Janan Cain. The book teaches us about all the different feelings we may feel. We then used the felt board and felt board pieces to recall the feelings we learned about. During group time, we have been learning about the life cycle of a butterfly. We have been reading books that teach us more about butterflies. We ended our life cycle learning by making a butterfly life cycle hat.

La maestra Ashlee: Raíces de Comida nos visitó este mes y los estudiantes plantaron frijoles. Trabajaron juntos en poner tierra y un frijol en un vaso cristalino. Después, coloreamos un pedazo de papel para cubrir el vaso. A los estudiantes les encanta ver como crece el frijol cada día. También nos hemos enfocado más en nuestros sentimientos. Leímos el libro "la manera en que me siento" escrito por Janan Cain. El libro nos enseña sobre las diferentes

libros que nos enseñan más sobre las mariposas. Terminamos el aprendizaje del ciclo de vida haciendo un sombrero del ciclo de vida de la mariposa.

From teacher Autum: This has been a busy month in Teacher Autum's classroom. We started our "spring and growing things," unit, which paired perfectly with Food Roots. In class, we have been learning what living things need to survive. We know that all living things need food, air and water. Miss Carol, from Food Roots, taught us about plant life cycles. Then as a class, we planted bean seeds, and have been taking care of them. Watering the seeds daily is one of our favorite classroom jobs. First, the seeds grew roots, then sprouted, a stem eventually grew, then leaves, and now one of our beans is flowering. We love watching the daily changes in our bean seeds, and are now able to point out the parts of the plant, and what cycle of life it is in. The highlight of our month was trying to catch a leprechaun. We made our own trap, but the Leprechaun was tricky, and somehow got out. The leprechaun left gold coins in his haste to escape, and we loved hunting through the classroom to find everywhere he had been. Another highlight of this month was getting to play with Teacher Ashlee's class during outdoor gross motor. We had a blast making some new friends!

De la maestra Autum: Ha sido un mes ocupado en la clase de la maestra Autum. Empezamos nuestra unidad de "cosas de Primavera y crecimiento", la cual se unió muy bien con las Raíces de Comida. En la clase, hemos estado aprendiendo lo que necesitan los seres vivos para sobrevivir. Sabemos que todas las cosas vivientes necesitan comida, aire, y agua. La Sra. Carol, de Raíces de Comida, nos enseñó el ciclo de vida de las plantas. Después, como clase plantamos semillas de frijol, y los hemos estado cuidando. Regar las semillas a diario es uno de los trabajos favoritos de la clase. Primero, a las

emociones y maneras que nos podemos sentir. Usamos el "pizarrón de fieltro" y tocamos piezas de fieltro para recordar los sentimientos de los que hemos aprendido. Durante el tiempo de grupo, hemos estado aprendiendo sobre el ciclo de vida de una mariposa. Hemos estado leyendo

mes fue tratar de atrapar un duende. hicimos nuestra propia trampa, pero el duende logró escapar. El duende dejó monedas de oro en su prisa por escapar, y nos encantó buscar por todo el salón para encontrar todos los lugares por donde había pasado. Otra cosa que fue de lo mejor fue poder jugar en el patio de recreo con la clase de la maestra Ashlee. Nos divertimos mucho haciendo nuevos amigos.

Staff Spotlight/Atencion al personal

Ahndrea Sousa

My name is Ahndrea Sousa. I am 31 years old and live in Tillamook with my husband John, aka Mr. Sousa, and our two sons, Henry and Reese. I grew up all over Oregon, Washington, and California, but mainly on the beautiful Oregon Coast. I moved often and it was difficult to transition and keep track of all my K-8 schools I attended. I wouldn't trade the experience. However, I did graduate from Brookings-Harbor High School in 2009 to finish my High School degree. I am now the district school nurse for all 3 nestucca school buildings. I love reading, crocheting, yoga, Zumba, playing all sorts of board games, and spending time outdoors with my family & friends.

Mi nombre es Ahndrea Sousa. Tengo 31 años de edad y vivo en Tillamook con mi esposo John, conocido como Sr. Sousa, y

semillas les salieron raíces, después brotaron, creció el tallo, después hojas, y ahora uno de nuestros frijoles está floreciendo. Nos encanta ver los cambios diarios en nuestra semilla de frijol, y ahora podemos ver las partes de la planta, y en qué ciclo está. Lo mejor de nuestro

distrito para las 3 escuelas del Valle de Nestucca.



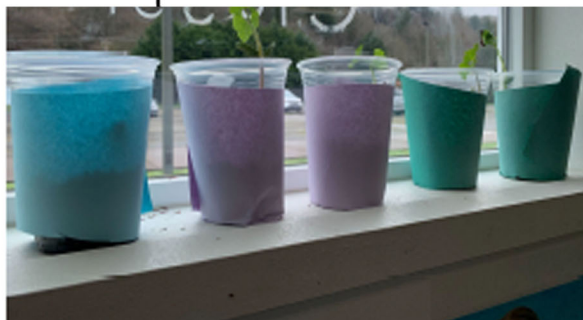
Teacher Ashlee & Teacher Autumn's class.

Clase de la maestra Ashlee & Autumn.



Teacher Autumn's leprechaun trap.

La trampa de el duende.



Teacher Ashlee's plants.

Plantas de la maestra Ashlee.

nuestros 2 hijos, Henry & Reese. Crecí a través de todo Oregon, Washington, y California, pero más en la Hermosa costa de Oregon. Me movía seguido y era dificultoso transicionar y memorizar todas las escuelas a las que asistí desde Kindergarten a octavo grado. No cambiaría por nada la experiencia que tuve. Sin embargo, sí me gradué de la escuela secundaria de Brookings en el 2009 para terminar mi título de secundaria. Ahora soy la enfermera del



AHNDREA SOUSA

PERU

SUMMER 2023 SUMMER 2023 SUMMER 2023 SUMMER 2023

Explore
MACHU PICCHU
one of the
7 Wonders of the World

Experience
ancient ruins,
nature,
the **AMAZON**,
the culture,
and more!



hup

Informational Meeting:

Thursday, April 28th
@ 7:15 pm in room 128
(Miss Leja's room)

Please RSVP if you can attend



Scan QR Code →

Or you can email Sydney Leja @ SydneyL@nestucca.k12.or.us

PERU

2023

Hi Nestucca families!



Just over spring break, seven Nestucca students went with Meesha Pena (middle school science teacher) on an AMAZING group trip to Costa Rica. They had a blast! So in an effort to keep the Bobcats continuing their international travel, I've been working with EF Tours and have developed an incredible trip to Peru!

My travel experiences have changed and improved my life in indescribable ways. This trip offers so much for a young person, who discovers more about themselves, grows more confident, and develops an appreciation for the world around them. I would love to have your student join us on this adventure.

On Thursday, April 28th at 7:15 pm in room 128 (art room),

I will be hosting a meeting to explain the details of this trip. This meeting will cover the following:

- How this opportunity will benefit your student
- What we'll see and do on our trip
- Everything that's included in this experience
- How your child can earn academic credit for high school and/or college
- How we'll be keeping the trip safe and affordable
- How to enroll on the trip (before it fills up!) during EF's risk-free enrollment period

This trip is for high school students- meaning it is open for students who are current 7th/8th graders (they will be in high school/entering high school by the time we leave) and students who are currently juniors and graduate in 2023 (graduation trip to Peru, perhaps?)

Registration for this info session is required, and a parent or guardian must attend.

Please click the following link to RSVP: tinyurl.com/4edaj3kj

If you can't make it, or have any other questions in general, please feel free to email me at any time at SydneyL@nestucca.k12.or.us

Hope to see you there!

Sydney Leja
Nestucca Valley High School
503.392.3194 ext 128
BA. Art & Design Education, NIU 2013
MFA Visual Studies, PNCA 2020





**Will you be prepared when disaster strikes?
Learn skills for your family
and
for your neighborhood!**

The South Tillamook County Emergency Volunteer Corps invites you to a

FREE CERT BASIC TRAINING

Tuesdays, April 12 – May 22, 2022

Online (10 hrs.); Zoom Meetings (4 hrs.); In-Person Skills Sessions (4 hrs.); Disaster Drill (4 hrs.)

Attendees are expected to complete the weekly online unit on their own BEFORE each Zoom or In-Person meeting. The Zoom meeting will include discussions on the content of each unit as well as examples.

All individuals must be fully vaccinated (including booster) to participate in this training.

Unit 1 - Introductions, Overview and Disaster Preparedness April 12, 2022 - Zoom 5-6:30 pm

Unit 2 - CERT Organization April 19, 2022 - Zoom 5-6 pm

Unit 3 and 4 - Disaster Medical Operations April 26, 2022 - In-Person 5-7 pm, Neskowin Fire Station 84. Please bring your vaccine card with you.

Unit 5 and 8 - Disaster Psychology and Terrorism May 3, 2022 - Zoom 5-6 pm

Unit 7 - Light Search & Rescue May 10, 2022 - In-Person 5-7 pm, Neskowin Fire Station 84

Unit 6 - Fire Safety and Utility Control May 17, 2022 - Zoom 5-6 pm

Drill - In-Person: inside search & rescue with a medical response May 22, 2022 8:30 am-12:30 pm Neskowin Fire Station 84. At the end of drill, participants will receive a CERT bag with supplies.

If an individual wants to be an "Active CERT," s/he will complete an application for the Nestucca Rural Fire Protection District, complete required FEMA online courses and attend monthly CERT meetings/skill sessions.

Please pre-register by email: margejozsa@gmail.com



We Serve

COMMUNITY CALENDARS ARE BACK!!!

IF YOU ORDERED A
PERSONAL CALENDAR
IN 2019, A LION WILL
BE CONTACTING YOU
SOON.

“WE THANK YOU FOR YOUR
SUPPORT”

IF YOU WOULD LIKE TO
SIGN-UP FOR A
COMMUNITY CALENDAR
PLEASE CONTACT US

AT

nestuccavalleylions@gmail.com

COMMUNITY CALENDAR MONTHS
SEPTEMBER 2022 thru AUGUST 2023

PRICE \$10

COMMUNITY CALENDARS ARE A
WAY OF KEEPING CONNECTED TO
YOUR FRIENDS, FAMILY, AND YOUR
COMMUNITY

WHEN YOU SIGN-UP FOR A
COMMUNITY CALENDAR YOU CAN
ADD THE DATES YOU NEVER WANT
TO FORGET, LIKE FAMILY
BIRTHDAYS AND ANNIVERSARIES.

COMMUNITY CALENDARS ALSO
HOLD DATES AND TIMES OF LOCAL
CLUB MEETINGS AND ADS FROM
YOUR LOCAL BUSINESSES.

BUSINESSES THAT SIGNED UP FOR ADS IN THE
2019 COMMUNITY CALENDAR
WILL SOON BE CONTACTED BY A LION MEMBER.

“WE THANK YOU FOR YOUR CONTINUED SUPPORT”



Nestucca Valley Lions

EASTER EGG HUNT

Saturday, April 16, 2022

Nestucca K-8 School



11:00 a.m.

‘DON’T BE LATE!’

Preschool thru 4th grade

Come early, 10:00 a.m. - Bring your camera

Meet the Easter Bunny and
explore a Nestucca RFPD Fire Engine

“For a chance to win a

A Children's Easter Basket with a Plush Animal”

Buy Raffle Tickets in Pacific City at Oregon Coast Bank,

Kiawanda Community Center & @ the Event

\$1.00 per Ticket or \$5.00 for 6 Tickets

DRAWING WILL BE HELD FOLLOWING THE EASTER EGG HUNT

Proceeds help the Lions fund this event

You need not be present to win!

For more information contact: nestuccavalleylions@gmail.com