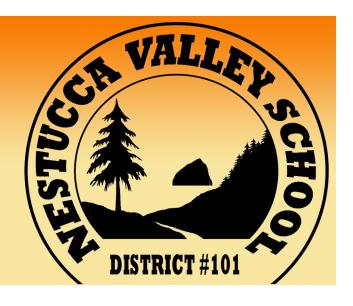
# NESTUCCA VALLEY SCHOOL DISTRICT

# **NEWSLETTER**

March // 2021



# **Athletics Update from John Elder**

Fall sports are underway & preparing for their first competitions! Cross Country, Football & Volleyball have a quick turnaround, as the Covid influenced timeline only allows for limited practice time.

The seasons are short, about 5 weeks, and there are many changes. Mask wearing, social distancing & frequent sanitizing are obvious changes. Schedules are impacted (for Fall basically we're only playing regional schools, not going to Portland, etc.), as are spectators.

Almost all venues will not be allowing spectators this year. All away games/matches no visiting spectators will be allowed. For volleyball, since we continue to be in a Low Risk county, we are able to allow limited spectators at home events only.

Each volleyball player will be allowed 2 spectators, no one else will be allowed into the gym.

Football will have all away games this year due to the condition of our field.

Every venue is offering live stream of the contests, including Nestucca.

Information on where to find those streams will be furnished to everyone.

Ours will be located on the school website.

If you have questions contact the Fall coaches, or Mr. Elder and Mr. Richwine.

Go Bobcats!



#### **Volunteers Needed**

Attention Students!

NHS Athletics is currently seeking two students interested in filming home athletic events for live streaming.

If you're interested, please email Mr. Elder

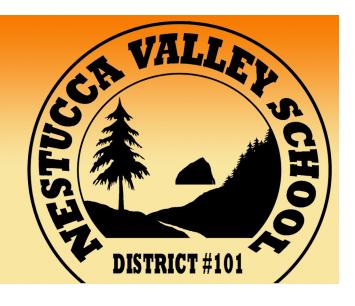
at:

JohnE@nestucca.k12.or.us

## **NESTUCCA VALLEY** SCHOOL DISTRICT

# NEWSLETTER

March//2021



# **Food Service During Hybrid Instruction**

Nestucca Valley Food Service is planning and preparing to launch our hybrid meal service to students returning to school buildings and those continuing with Comprehensive Distance Learning.

With many of the resources our department has utilized since schools closed in March of 2020 no longer available, we will not be able to continue providing as many meals to children in our district as we have been during CDL.

Starting March 30th Nestucca Valley Food Services will be providing each enrolled student 4 meals per week. Students in Hybrid will receive two breakfasts and two lunches while at school.

Comprehensive Distance Learners and Early Learning Center students will receive two breakfasts and two lunches at assigned bus stops each Friday.

#### **No Service Notification**

Please note that in preparation for Hybrid Instruction all staff will be attending district-wide training on Friday, March 19th and Monday, March 29th.

Food Service will not be operating on either of these days.

Our last CDL Food Delivery will be Thursday, March 18th.

# **Food Roots Has Seeds for Us!**

Food Roots (foodrootsnw.org) is distributing free seeds to school families throughout Tillamook county this spring!

Families with elementary school students are automatically included. Interested families with only preschool, junior high or high school students need to sign up by March 8.

Each family will receive 6-12 different types of vegetable seeds, herb and flower seeds, gardening information, and recipes.

Packages will go out between March 29 and April 9. To sign up by March 8, go to:

bit.ly/2021seedsnvsd

## **Attention Parents of Seniors:**

#### **Yearbook Deadlines**

**DUE DATE** 

**WHAT** 

**DETAILS** 

Childhood

Friday, March 26

Photo

Seniors please submit a photo of yourself from your childhood. Ideally we are looking between 1st-5th grade.

Friday, May 7

Senior Photo

Seniors can choose to that have their class photo taken by a photographer of their choosing. This photo can be submitted for the yearbook and will be used in lieu of their school photo.

Please send quotes & photos to: SydneyL@nestucca.k12.or.us

# A Note from Student Council

To my peers and fellow students,

Hey, guys! Congratulations on making it this far into the year with all of the uncertainty and confusion! I applaud you all because I know it hasn't been the easiest year! I also would like to applaud all of our wonderful teachers and staff for helping us push through and for being very understanding and helpful!

Sports have started! How exciting is that?! I was able to go to the first volleyball game of the season, and let me tell you, IT WAS SO MUCH FUN! It was great to see all of the girls having so much fun being able to represent our school! I was sitting in the student section and forgot that they were live-streaming it! My brother, Keith, sent me a photo of me on the livestream and I was super embarrassed! At least I wasn't picking my nose!

SPRING BREAK IS SOON!! The weather is starting to warm up and I am so excited to spend time with my friends at the river and beach! I believe the warm weather just makes everything better!

The cheer team is super excited to start our practices! Unfortunately, we aren't too sure of how many games we will be able to attend yet, but we are still super excited to just be able to get together and practice!

Overall, the school year just keeps getting better and better! We have to remember that and keep our morale up! Hybrid is starting sooooo soon! Just keep pushing forward! If you ever need any help with homework, or just want someone to talk to, do not hesitate to contact me!

Best wishes, your Activities Director and Senior Class President,

**Eva Marshall** 

# Virtual Careeer Fair!!!

# March 10- June 10!

Nestucca students are invited to participate in a Virtual Career Fair, where they can learn about potential careers and career paths from the comfort of their computer.

#### What:

Virtual Career Fair – Learn from 60+ employers about potential careers!

#### When:

Register by March 10 – Participate anytime you want to before June 10.

#### Where:

Anywhere! It's virtual!

#### Who:

Open to all Nestucca students, grades 9-12.

#### Cost:

Free!

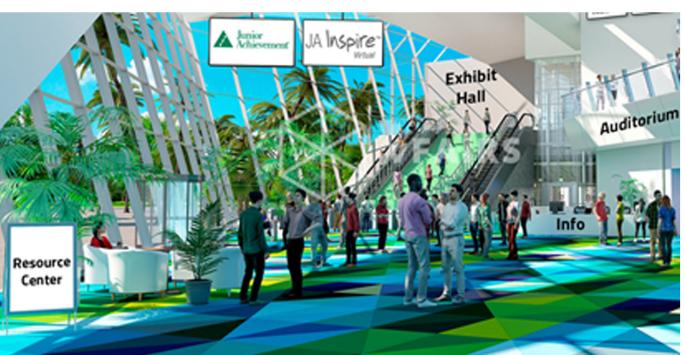
Email: JeremyS@Nestucca.k12.or.us

Phone: 503 550-9419.

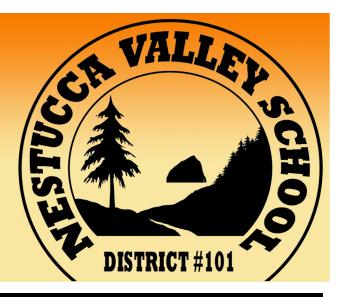
Website: https://jainspire2021jaorswwa.vfairs.com/

#### How:

Call or email Jeremy Strober and let him know you want to register.



# COLLEGE & CAREER



#### GET TO KNOW

Your College & Career Advocate!



Cara Elder
College & Career
Student Advocate
503-392-3194
ext. 202

Questions about career planning or college applications? Not sure how to file a FAFSA or access the Oregon Promise application?

Let me help!

Meet for Zoom!
Mon thru Fri
1-3 pm or by appointment

*Meeting ID:* 823 0571 5843

*Passcode:* 005706

#### \*DID YOU KNOW...

Many colleges are not requiring you to take the SAT/ACT this year for college admittance. Please check with the colleges you are interested in to review their requirements.

#### Senior Year Checklist

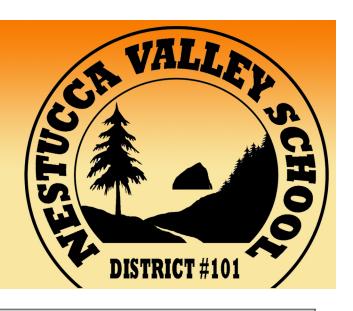
- ☐ Review transcript: Are you on track for graduation?
- ☐ Register and take ACT and/or SAT
- ☐ Complete OSAC Personal Statements and Activities
  Chart
- Complete FAFSA or ORSAA: Opens October 1
- ☐ Review Student Aid Report (SAR) and make FAFSA corrections
- ☐ Begin submitting scholarship applications
- ☐ Begin submitting college applications; monitor deadlines
- ☐ Attend financial aid nights, workshops, and events
- ☐ Complete OSAC Scholarship Application
  - Activities Chart
  - Essays
    - Transcript

Early Bird: February 15

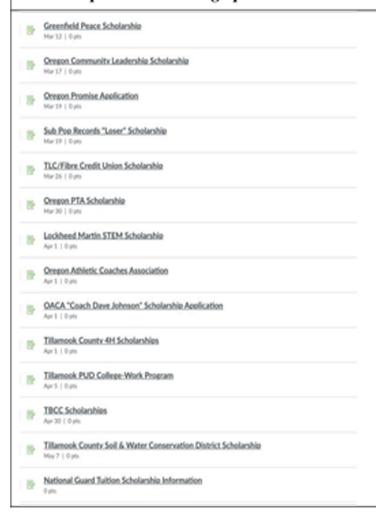
Final Deadline: March 1 by 5:00pm

- Complete Oregon Promise Application, for students planning to attend community college
- ☐ Submit application to at least 3 colleges
- ☐ Apply for additional grants and scholarships offered by selected college
- Check your email and the OSAC Student Portal for notifications year-round

# COLLEGE & CAREER



Wondering how to help your senior find scholarships for college next year? Ask to be added to the senior SOAR Canvas page! All the local scholarships applications and deadlines are being filed her so students can easily find them AND be reminded about the due dates coming up. Email Cara Elder if you would like to be added to this page or have questions at <a href="mailto:cara@nestucca.k12.or.us">cara@nestucca.k12.or.us</a> The list below are just some of the scholarships that are coming up!



# FOR FAMILIES 12TH GRADE CHECKLIST

# MARCH

This month is a bit of a break in the college and financial aid application process! Students should keep applying for scholarships and make sure their FAFSA information is correct. Most importantly, students need to continue to do well in school - it's easy to start slacking off as a second semester senior but it's important to finish the year strong. Make sure your student knows you expect the best of them in this last push until the end of the year.

- Keep up the good work.
- Colleges (and scholarship applications) look at second semester grades - so make sure your student continues working hard in school. No slacking!
- **Continue applying to scholarships.**
- Continue to encourage and support your student in applying to scholarships.

- Confirm summer plans.
  - Encourage your student to apply for summer enrichment programs, internships or jobs.
- Many college orientation programs take place during the summer, so help students make their plans accordingly.
- File taxes.
- ☐ The deadline for filing taxes is April 15, Financial aid awards are based on your (and your child's) tax information from previous years, so be sure to file on time.

**GET** TO

Hey! I'm Megan, your OSU point-person (as well as anything related to college) in Tillamook

I am here to answer questions about OSU programs and make the OSU application, other college applications and the transfer process as easy as possible for students. Normally, I work at the OSU Extension Office on 3rd street in Tillamook, and I'm available to meet with you virtually to talk about college applications, FAFSA, scholarships, and more! Feel free to schedule a meetinghere. I can also be easily reached by email (megan.deanemckenna@oregonstate.edu) or text (503) 447-7683.

I look forward to hearing from you soon! Megan

Megan Deane McKenna, M.S.

Open Campus Education Coordinator | Oregon State University | Tillamook County Agriculture, Natural Resources, and Forestry Faculty/Program Coordinator | Tillamook **Bay Community College** 

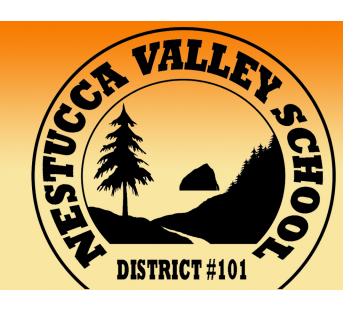
Office 113 | 4506 Third Street | Tillamook, OR 97141 | Cell: 503.989.8446 | Office: 503.842.8222 ext 1870

Email: Megan.DeaneMcKenna@oregonstate.edu

KNOW

**Your OSU** "Point-Person!"

# COLLEGE & CAREER





**College Classes** at TBCC are once again **free** for high school students spring term! You must register BEFORE spring break with Mrs. Elder. Here are the courses available online. (Term begins April 5 with finals week beginning June 14.)

AH 130: Today's Careers—Health	2 credits
BI 100: Biology of Human Body Systems	4 credits
CG 100: College Survival & Success	3 credits
COMM 111: Public Speaking	4 credits
GS 108: Oceanography	4 credits
HE/PE 295: Health & Fitness for Life	3 credits
HST 202: US History 1840-1914	4 credits
MTH 105: Applied Math	4 credits
MTH 112: Elementary Functions	4 credits
MUS 205: Introduction to Jazz	3 credits
SPA 103: First-Year Spanish—Term 3	4 credits
WR 121: English Composition I	4 credits
WR 122: English Compostion II	4 credits

There are other courses available to students that take place at the college in person. See Mrs. Elder or the latest schedule of classes recently mailed out to all households in the county.

Northwest Oregon Works, in partnership with Tillamook Bay Community College, is offering money and support to help you get a GED or finish high school!





## WHAT WE CAN PROVIDE:

- Monetary incentives
- Help with child care expenses
- Help with transportation expenses Tuition fees
- Help with other expenses
- One-on-one support

- GED test prep and tutoring
- · GED testing fees
- High school credit recovery
- laptops and hot spots to connect



### TO RECEIVE THESE SERVICES YOU MUST:

- Be between 14-21 years of age
- Live in Clatsop, Columbia, Tillamook, Lincoln or Benton Counties
- Not have a GED or high school diploma

CONTACT ANGELICA ORTIZ (STUDENT SUCCESS COACH) TO LEARN MORE AT 503.842.8222 EXT. 1170 Northwest Oregon Works, en asociación con Tillamook Bay Community College, ofrece dinero y apoyo para ayudarlo a obtener un GED o terminar la escuela secundaria.

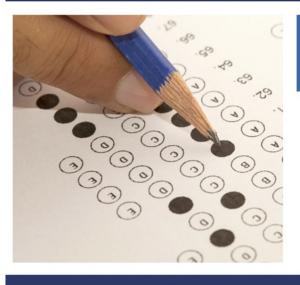




#### LO QUE PODEMOS OFRECER:

- INCENTIVOS MONETARIOS
- AYUDA CON LOS GASTOS DE CUIDADO INFANTIL
- AYUDA CON LOS GASTOS DE TRANSPORTE
- AYUDA CON OTROS GASTOS
- APOYO PERSONALIZADO

- PREPARACIÓN Y TUTORÍA PARA LA PRUEBA DE GED
- TARIFAS
- DE LAS PRUEBAS DE GED
- CUOTAS
- DE MATRÍCULA
- RECUPERACIÓN
- DE CRÉDITO DE LA ESCUELA SECUNDARIA
- COMPUTADORAS
- PORTÁTILES Y HOT SPOTS PARA CONECTARSE



## PARA RECIBIR ESTOS SERVICIOS, DEBE:

- ✓ ESTAR ENTRE 14-21 AÑOS DE EDAD
- ✓ VIVA EN LOS CONDADOS DE CLATSOP, COLUMBIA, TILLAMOOK, LINCOLN O BENTON
- ✓ NO TIENE UN GED O DIPLOMA DE ESCUELA SECUNDARIA

CONTACTE A ANGELICA ORTIZ (ENTRENADOR DE ÉXITO ESTUDIANTIL) PARA OBTENER MÁS INFORMACIÓN AL 503-842-8222 EXT. 1170

El Programa de Reinserción de Jóvenes es un programa/empleador que ofrece igualdad de oportunidades. Las ayudas y los servicios auxiliares están disponibles a pedido para las personas con discapacidades.



The TBCC First Class Scholars Program 2021-2022 is a scholarship available to qualified Tillamook County high school or home school graduates that partners with the Oregon Promise to provide funding for tuition, fees and books.

As long as the student maintains his or her eligibility, Tillamook Bay Community College will award \$750 per year for the 2021 and 2022 years or until the student earns his or her first degree, whichever comes first.

Selection for the program will be based on the quality and completeness of the application and essay. We encourage all interested applicants to apply.

#### **Eligibility Requirements**

If you don't currently meet these requirements, **still apply!**There may be a way to still be accepted into the program.

#### **Career Technical Degree**

Graduate from a Tillamook County high school in 2020 Earn a cumulative unweighted GPA for 2.5 or better Be eligible to enroll in Math 70 and Writing 121

### **University Transfer Degree**

Graduate from a Tillamook County high school in 2020 Earn a cumulative GPA of 3.0 or better Eligible to enroll in Math 95 and Writing 121

The deadline for the TBCC First Class Scholars app is June 11 by 5:00 p.m.

### **Nestucca Valley Early Learning Center**

#### From Teacher Ashlee's Desk:

We just finished our unit about animals and now we are learning about transportation. We will be learning about how people travel on land, in water and through air. During our transportation unit we will offer a Transportation Show & Tell! We will be learning about being safety rules, making airplanes and much more. Wednesday February 17th was Random Act of Kindness Day, so in our Zoom class, we watched a short video about a dog and a bird showing each other kindness. We then shared ways that we can show kindness. Here are some of the things the students came up with; we can give hugs, say I love you, be nice, pick up toys and help our family. Also during the week of February 17th we learned about how we can have the same or different feeling as another person.

We have loved being a part of Art /Literacy. Students worked really hard on their silhouettes artwork. Some choice to use silhouettes of dogs, cats, skateboards, people. Students shared some amazing stories about why they choice those silhouettes. One story was about a dog stuck in a tree because he was trying to get a coconut out of the tree with a person at the bottom trying to help. Some students choice a dog or cat because they have one or more at home.





Packets have been filled with all different types of projects. There has been an animal bingo game, ellie elephant puppet, red light / green light game with props, transportation counting, paper books that can be colored and so much more!

#### From Teacher Autum's Desk:

In the PS classroom we are learning about animals and living / non-living things this month. We learned that to be a living thing, you need air, food and water. We are leaning about the different types of animal families. We know the characteristics and can classify mammals, birds and reptiles.

On Thursday we will have our second art literacy class. We have heard great things from our other preschool classroom and cannot wait for our turn. This month in our packets we have had lots of fun crafts. We recently made a bear mask and went on a bear hunt. We also made a bear crown and read Brown Bear, Brown Bear, What Do You See? By Bill Matin Jr/Eric Carle. The children love this book. After reading it several times they are almost able to read it themselves:) We also know that Brown bear is a mammal. We have really enjoyed the animal unit of our curriculum and will soon be starting on our transportation unit. We are excited to start learning about the different ways to travel somewhere.

#### **Nestucca Valley Early Learning Center Continued...**

Packets have been filled with all different types of projects. There has been an animal bingo game, ellie elephant puppet, red light / green light game with props, transportation counting, paper books that can be colored and so much more!

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#### From Diane's Desk:

Thank you to everyone who attended the district-wide Town Hall. We appreciate all of the kind words from people who understand how difficult this has been on all of our staff. There is nothing we want more than to have students back in our classrooms, hallways and outside yelling and playing! As we plan our hybrid model along with the elementary and high school, we will communicate with all of the families who have connected with us or Jamie Carver about how you plan to access early learning through the end of the school year. As of this writing, we are considering an AM session, with a Zoom option, and PM Distance Learning sessions. This would be offered Monday through Thursday, and would not include any meals provided on site or transportation.

Based on ELD and stable cohort guidelines, a cap of 20 per classroom has been created. The deadline for choosing Hybrid has passed so we can only add families to the wait list right now. Thank you to all of the parents who quickly made your decision (either way) and informed us of that decision in the time we requested. Every step requires planning and time, and the more parents work with us, the quicker we will get back to some sense of normalcy. We want to ensure the safety of all of our staff and children, and also honor those families who are choosing to keep their students home. The packets that will come home will match what is happening in the classroom. As always, you can reach out to your students teacher if there is something in particular you need to continue the efforts at home.

All families will need to provide proof of residency, current immunization records, proof of birth (Age 3 on or before September 1st, 2020) and the child cannot be enrolled in another program that offers preschool. These requirements are state and federal requirements and strictly enforced. Thank you for understanding and providing what we need to have on record prior to the re-opening. We will also have a mandatory parent orientation, which can be held virtually or in person, with masks and socially distanced. At that time, we will cover the drop off and pick up procedures and policies, and expect at least one back-up emergency contact that we will contact to confirm. We do not have the ability to provide before or after child care.

We were awarded a grant from the NW Early Learning Hub for a parent education series. We hope to offer an opportunity for you to meet each other and have some fun over the next few months! Watch for more information about that!

Thank you for your support and patience. We are so excited to be back in person!

# **Teacher Feature**

Get to know Nestucca Staff!

John Sousa 3rd Grade Teacher Nestucca Valley Elementary School JohnS@nestucca.k12.or.us



## How long have you worked at Nestucca?

This is my first year teaching with the district but I've been in education for over 15 years.

## What's the most rewarding part about your job?

Exploring what is possible with today's youth and turning I can't(s) into: I can't yet(s), I could(s), I will(s), look what I just did!(s), and imagine what I could/will do next(s).

## Where did you go to college?

I am a Mountaineer (WVU) and a Lumberjack (NAU). My undergrad is from West Virginia University (attended on baseball scholarship) and I have a graduate degree from Northern Arizona University.

## How do you spend your free time?

I spend most of my free time exploring the great outdoors with my young family. I am a passionate environmentalist and love hiking through our incredible forests. I garden. I beach. I coach. I pick up trash. I nerd out. And I've been know to sing some terrible karaoke.

# What's something we might not know about you?

I once moonlighted as a street performer and can juggle fire and various sharp objects.

# 6th Grade Music Class Goes on World Tour!



The 6th grade music class has "visited" over 11 countries as they travel through a World Music Unit.

Some of the countries visited include Japan, Ireland, Australia, Canada, Mexico, Mozambique, and Sweden.

Students received Passports and location stickers to keep track of countries they visit. Students viewed a Google slide show, where they learned basic facts about a country and then learned about 4-6 instruments unique to that particular country.

To keep things interesting, Ms. Stirling sent treats from Mexico and Canada to the students. We are waiting for our international snack boxes to arrive leading to the culminating activity – sampling distinct snacks from somewhere else on the globe on Zoom.

We can't wait to see the reactions to our snacks in our Zoom class!





# Art Literacy Program







### Art Literacy:

## **Alexander Calder: American Sculptor**

In February, students learned about American, contemporary artist, Kara Walker. Walker is best known for her exploration of the physical, social and emotional world through silhouette figures. Students composed visual narratives using the silhouette art style to share experiences, individuals of significance, and personal emotions unique to their life stories.

Students drew and cut out silhouette images using crayons and construction paper and positioned their chosen images onto a colorful background. Each finished work provided a pictorial glimpse into each student's life and the moments that have defined their life journeys. Students were provided extra materials and encouraged to share what they learned with family and friends, elevating them to their own role as "teacher."

Coming up in March, students will study the work of American sculptor, Alexander Calder. Growing up with two professional, artistic parents, Calder had creativity coursing through his veins which lead him to grow up encouraged and facilitated to pave his own artistic path. At the age of eight, Calder began developing his artistic passion through sculpture. Later, he obtained a degree in Mechanical Engineering and pursued combining his love for the theory of kinetic energy and sculpture. He explored the balance between stabile and mobile elements in his artwork that could become kinetic with air currents while also incorporating formal elements of design. This spearheaded his artistic style of fanciful mobiles and installations that implemented a balance of science and art, creating colorful kinetic sculptures that are now on display worldwide.

Students will create their own mobiles inspired by the work of Calder to demonstrate an understanding of balance and motion from kinetic energy while reviewing the formal artistic study about the elements and principals of design.

The **Art Literacy Program** is presented by Sitka Center for Art & Ecology, a non-profit organization. Through workshops, residencies and events the Sitka Center provides time and space for place-based reflection, inquiry and creation at the intersection of art and ecology.



Here are a few student examples from Mrs. Albin's class!





# SOUTH TILLAMOOK COUNTY EMERGENCY VOLUNTEER CORPS

www.southcountyevc.org

In any disaster, what we all want and need is up-to-date information we can trust. We were reminded of that during the fires last Fall. What made everything so much worse was the lack of information.

The STCEVC Emergency Communications Committee continues to work on a South County emergency communications protocol, but in the meantime, below are information sources that can be helpful during a disaster.

#### We urge you to sign-up immediately for the following:

#### **NIXLE**

NIXLE notifications are sent for weather alerts, road closures and emergency updates during a disaster:

- Tillamook County: https://local.nixle.com/city/or/tillamook/
  At the top of the page, you will see a green sign-up button, click on it and complete your registration. OR You can text your zip code to 888-777 (rates may apply).
  - · Lincoln County:

https://www.co.lincoln.or.us/emergencymanagement/page/lincoln-alerts-emergency-notifications-and-community-information

Click on option 2 and complete your registration. OR You can text 888-777 (rates may apply) and type in Lincoln City.

#### **EVERBRIDGE**

EVERBRIDGE notifications are sent for weather alerts and emergency updates.

• www.tillamook911.com

In the upper right-hand corner, click on sign-up for emergency alerts and complete your registration.

#### **TILLAMOOK PUBLIC UTILITIES DISTRICT**

 www.tpud.org/outages/text-email-outage-alerts-nixle/ Scroll down and sign up for alerts

#### **FACEBOOK**

- Search for *Tillamook County Road and Weather Updates*Answer a few questions and ask to join
- Search for Tillamook County Sheriff's Office Like their page
- Search for *Gordon's Tillamook Weather Center* Like his page

#### INTERNET

· Go to Tripcheck.com for road conditions

#### **RADIOS**

Purchase a GMRS radio and attend our monthly radio drills. You can find more information about purchasing radios and our monthly radio drills on our website. We will help you program the radio to the correct frequencies. If you lose power, or if there is any type of disaster, turn on your radio and listen for others.