

NESTUCCA VALLEY  
SCHOOL DISTRICT  
**NEWSLETTER**  
FEBRUARY // 2021



a message from  
**Oregon Parks & Rec**

**Oregon Parks & Recreation  
Departments Values  
your Opinion on a Rule  
Proposing to Restrict  
Beach Driving in  
South Tillamook County:**

If passed, the new rule would ban driving year-round from the mouth of Sand Lake south to the northern border of the Cape Kiwanda State Natural area, roughly in line with the southern edge of the unincorporated community of Tierra del Mar.

Additionally, this closes the beach to driving from a Tillamook County boat ramp in Pacific City, south about a quarter of a mile.

Boaters will be able to park on the beach north of the boat ramp to the foot of Cape Kiwanda, and sometimes launch or land south of the boat ramp when the beach north of the ramp is unsafe.

This section of beach is normally open year-round, but

**Oregon Parks & Rec  
continued...**

was temporarily closed to vehicles, except boaters, amid state park staffing shortages & safety concerns related to mixing beach visitors & vehicles.

As a resident of the area, how will these rules effect you? Comments can be made on the website listed below, in writing to:

**Oregon Parks and Recreation Dept.**  
**Attn.: Katie Gauthier**  
**725 Summer St NE**  
**Suite C**  
**Salem OR 97301**

or through e-mail to  
**[OPRD.publiccomment@oregon.gov](mailto:OPRD.publiccomment@oregon.gov)**

If you have questions, please feel free to contact Paul Reilly at **[Paul.Reilly@oregon.gov](mailto:Paul.Reilly@oregon.gov)** or **(541) 272 -7394**.

The deadline for comment is February 12 at 5:00pm.

The rule is explained in detail at <https://www.oregon.gov/oprd/PRP/Pages/PRP-tillamook-beach-driving.aspx>.

**High School Sports  
Practice Schedule**

**FOOTBALL**

3:00-5:00  
Monday-Friday



**Volleyball**

3:00-5:30  
Mon/Wed/Fri



**Workout schedule for  
high school students  
not in a sport:**

430-545  
Mon/Wed/Fri



**Sigma Info:**

In view of the global financial crisis, Sigma financial group is offering fast loans for both business & personal use. Interest rate is 3% per annul and available for all. contact us via:  
**[sigmagrpa@gmail.com](mailto:sigmagrpa@gmail.com)**

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**Food Service:  
Offer Vs. Serve**

Nestucca Valley Food Services is pleased to announce that a recent ODE/USDA waiver will now allow us to utilize Offer Versus Serve in our Breakfast, Lunch and Supper services.

Offer Versus Serve (OVS) is a menu planning option that sponsors may use to reduce food waste by allowing students to select or decline a food component. Nestucca Valley Food Services has received approval to begin using Offer Versus Serve on Monday, Feb 1st.

When students collect their meals on Monday they now have the option to not take milk with their meal. Because of OVS, the district will still be able to receive reimbursement funds for these meals!

We're very thankful for the USDA and ODE's continued efforts to help local food service sponsors succeed in serving meals during the pandemic that meet our students' needs and preferences.

**Nacho Average  
School Kitchen**

The pandemic has certainly presented everyone with challenges. One challenge the food service staff has continued to overcome is coming up with delicious and fun meals that travel well.

Many things kids love to eat are not easy to put together in a way that arrives to them intact.



That did not stop the Food Service Staff from sending out Nachos at the end of January. The build your own kit included, tortilla chips, nacho cheese sauce, salsa, chopped tomatoes, olives, onions and paper boat tray. We hope you enjoyed!



**Junior High Athletics  
Update!**

Open gym starts on February 1st! So far we have:

GIRLS BASKETBALL  
MON/WED/FRI @ 5:00

VOLLEYBALL  
MON/THURS @ 3:30.

*Stay on the lookout for updates on FOOTBALL, WRESTLING, AND BOYS BASKETBALL!*

If you have any questions you can reach out to the Coach Rist, Coach Alisa, Coach Pearn, or Coach Gianella.

Looking forward to seeing you all and getting some practice in!

**Parents of Seniors-  
Yearbook Deadlines**

**Friday, Mar. 19  
Youth/Childhood Pic**

**Friday, May 7  
Senior Photo**

Please send photos to:  
[SydneyL@nestucca.k12.or.us](mailto:SydneyL@nestucca.k12.or.us)

NESTUCCA VALLEY  
SCHOOL DISTRICT

# NEWSLETTER

FEBRUARY // 2021

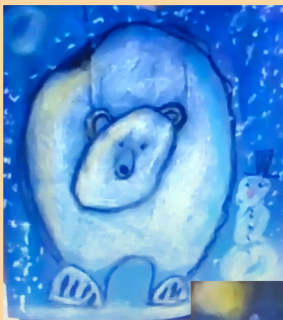


## Elementary Art!

2nd Grade students created Polar Bears after learning about them in our 2nd Grade Scholastic News.

Students from LIPI and home are able to participate creatively on Zoom!

Here is some of the work they created!



by  
Valjon

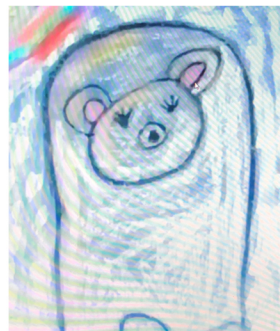
by  
Froilan



by  
Ezequiel



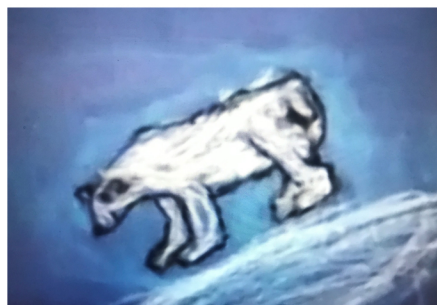
## Oregon Parks & Rec continued...



by Emma



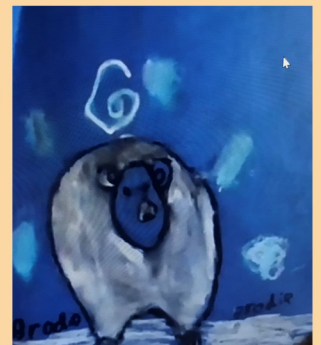
by Tressa



by Lucien

## High School Sports Practice Schedule

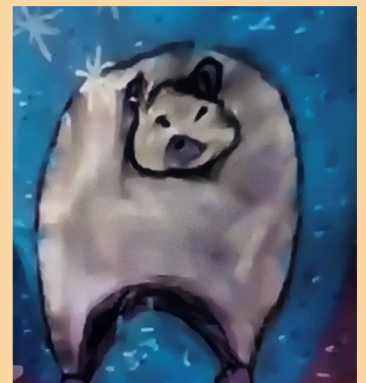
by  
Brodie



by  
Zoey



by  
Skylar



**February 5, 2021**

**To my peers and fellow students,**

**I hope your transition into the second semester was smooth and that this quarter will be better than the last two. Even though we were not able to have a schedule change, it is a good thing. This might be hard to see, but it means that we are closer to going back to in person school through a hybrid schedule. In reality, it does not make sense to have us students get used to a new schedule just to have to change it a month or two later leading us to have to get used to the Hybrid schedule.**

**As Misty has stated, there are two things that need to happen before we can go back to the Hybrid in person learning schedule. First, all teachers, who want the vaccine, need to be vaccinated, and second, Tillamook County needs to be in the low-risk category. We are currently at a low risk, but it will take about 6 weeks after the teachers get vaccinated for it to be in full effect, and by then our risk level might change. We have to keep our heads high, we have already come so far in this difficult situation, and I know we can make it through. Due to our country being in low risks, we have gained some normality as some students are going back to school through the Limited In Person Instruction program known as LIPI.**

**The school has also been able to allow students and athletes to return to the weight room, field house and track in small groups to get ready for the sports seasons, which as of right now seem like they will happen. I am very hopeful that we can have some sports, and the staff members are trying their hardest to try and get us back into the classrooms and school. I am thankful for the teachers who are trying their best, please remember they are struggling too and just want to help you.**

**Also, you must remember to take care of yourself! Seeing as my father comes from the UK, it is not that odd that I suggest drinking a wee cuppa tea when I am feeling stressed, peppermint usually does the trick ;). Please keep your happiness, mind and body a priority so that you can thrive. We should all be used to our distance learning by now, so I am asking you all to try your best and to use the resources given to you if you need help, and no matter what happens, we must accept and come to terms with what is happening.**

**I have come to realize that it is what it is, and that all I can do is try to make the best I can out of this situation. You know how to learn and get good grades in a classroom, so please try to do the same at home. This will make the transition to the hybrid schedule so much easier for yourself. If you ever need any help, have any questions or need someone to talk, I am always here for you.**



**Sincerely signed by Your Secretary & Treasurer,**

**Cara Simpson**

# Teacher Feature

*Get to know Nestucca Staff!*

## ***What is the best part about our school so far?***

**This is a hard one because there are so many cool things about working here! I love this community, and I love how everyone feels like a family. Everyone has been so welcoming and it really feels like a good fit!**

**I also have some of the best students in the world and get to work with so many amazing people!**



*Heather Brown*  
*High School Science*  
*HeatherB@nestucca.k12.or.us*

## ***What made you want to work here?***

**I had some friends up here that convinced me to try it out, and I really liked that it was closer to the coast, but still had mountains and forests around! Tillamook County is a beautiful place to live and work!**

## ***What are your hobbies?***

**I watch a lot of Disney movies, but I also like drawing, reading, playing or watching sports, and “hiking” (or really just taking a stroll through the forest)! I also enjoy helping my friends with their livestock, especially if it involves the baby animals!**

## ***What's your favorite band/ song?***

**I think my favorite song is either “Hall of Fame” by The Script or “Invisible” by Hunter Hayes.**

## ***What's your favorite movie?***

**It's a 3-movie rotation between “The Greatest Showman”, “Hamilton”, or “Avengers: Endgame” depending on the day.**

## ***Fun fact about you?***

**I once ate alligator meat while I was in Indiana for a national convention! It was just a little chewy, but it still tasted good!**

**The Junior High teachers would like to recognize the following students as our first semester “PRIDE!” Award winners!**

**P**erseverance

They really kept at it!

Zak Chatelain      Draven Marsh

Ana Wehrley      Aiden Smith

**R**espect

All manners and kindness!

Alexis Nelson      Sargent Samek

Trystin Rose      Aryana Cunningham

**I**ntegrity

Honest and Responsible!

Fabian Tovar Medina      Taylor Knight

Jonah Higdon      Lilly Schiminesky

**D**iscipline

Stuck to a plan!

Vanessa Perez      Jackie Gutierrez Bonilla

Owen Ledbetter      Mia Cervantes Pimienta

**E**xcellence

Above and Beyond!

Neri Tate Ramirez      Pedro Sandoval

Daisy Camancho Gutierrez

**!** (Shout outs)

Our year wouldn't be the same without

Hailey Weltz, Jamie Mendoza, Riley Armstrong, Mariah Aparicio,

Jace Owens, David Perez Rincon

**We are so proud of all of you!**

# COLLEGE & CAREER



## GET TO KNOW Your College & Career Advocate!



**Cara Elder**  
College & Career  
Student Advocate  
503-392-3194  
ext. 202

Questions about career planning or college applications? Not sure how to file a FAFSA or access the Oregon Promise application? Let me help!

Meet for Zoom!  
Mon thru Fri  
1-3 pm or by appointment

**Meeting ID:**  
**823 0571 5843**

**Passcode:**  
**005706**

*\*DID YOU KNOW...*  
Many colleges are not requiring you to take the SAT/ACT this year for college admittance. Please check with the colleges you are interested in to review their requirements.

### Senior Year Checklist

- Review transcript: Are you on track for graduation?
- Register and take ACT and/or SAT
- Complete OSAC Personal Statements and Activities Chart
- Complete FAFSA or ORSAA: Opens October 1
- Review Student Aid Report (SAR) and make FAFSA corrections
- Begin submitting scholarship applications
- Begin submitting college applications; monitor deadlines
- Attend financial aid nights, workshops, and events

FALL  
SEPTEMBER TO DECEMBER

- Complete OSAC Scholarship Application
    - Activities Chart
    - Essays
    - Transcript
- Early Bird: February 15  
Final Deadline: March 1 by 5:00pm

WINTER  
JANUARY TO MARCH

- Complete Oregon Promise Application, for students planning to attend community college
- Submit application to at least 3 colleges
- Apply for additional grants and scholarships offered by selected college
- Check your email and the OSAC Student Portal for notifications year-round

## FOR FAMILIES 12TH GRADE CHECKLIST

# FEBRUARY

The key deadline this month: the Oregon Student Access Commission (OSAC) Scholarship Application is due **March 1** (even better – if your student gets it in by **mid-February** he or she will be eligible for an early bird scholarship drawing of \$500). This one application lets your student apply for over 500 different scholarships just for Oregon residents.

One student who won a full scholarship for four years of college put it best: “Applying for scholarships can be the best part-time job you’ll ever have.”

### 1 Visit campus.

- Join your student on school field trips or attend special Preview Days on college campuses for admitted or potential students.

### 3 Get a check up.

- Colleges in Oregon require (Measles) or recommend (flu, HPV, Hepatitis B) certain immunizations before enrolling. Make sure your student is healthy and ready to go!

### 2 Continue applying for scholarships.

- Offer to help edit or proofread your student’s scholarship essays.
- Help your student search for scholarships online and check with your employer or organizations you might be a part of for scholarship opportunities.
- Remind him/her of key deadlines, especially the OSAC application due on March 1.

### 4 Confirm FAFSA info.

- The Student Aid Report is a summary of what your student filled out on the FAFSA – offer to go over the information to make sure that everything is correct and make any changes if necessary.



If your student hasn't completed the Free Application for Federal Student Aid (FAFSA) or Oregon Student Aid Application (ORSAA), this is the month to do it! The FAFSA is used by federal and state governments, as well as by many colleges and scholarship providers to award financial aid. The ORSAA provides state financial aid to eligible undocumented students in Oregon.

There are four basic types of financial aid that you might be eligible to receive: [grants](#), [scholarships](#), [loans](#), and [work study](#). Grants and scholarships do not need to be paid back.

### 1 Complete the FAFSA or ORSAA.

- Remind your student to complete the Free Application for Federal Student Aid or Oregon Student Aid Application if he or she hasn't done so already. Your student will likely need your help in obtaining all of the documents they need to file. This may include social security numbers, tax returns and other financial information.
- The Student Aid Report (SAR) is a summary of what your student filled out on the FAFSA – offer to go over the information to make sure that everything is correct and make any changes if necessary.

### 2 Continue applying for scholarships.

- Help your student search for scholarships online and check with your employer or organizations you might be a part of for scholarship opportunities.

### 3 Make a summer plan.

- Encourage your student to apply for summer enrichment programs, internships or jobs.
- Many college orientation programs take place during the summer, so help students make their plans accordingly.

### 4 Register with Selective Service.

- Male students must register with Selective Service within 30 days (before or after) of their 18th birthday. If they do not register, they will not be eligible for federal financial aid for college.



### **Hello from Hebo!**

**We continue to do our early learning work in distance learning, along with the school district. All of our staff continue to put materials together and send packets home, cook and deliver meals and continue to offer engaging opportunities through out the day for the students. Like everyone, we remain grateful for our district leadership in keeping us all safe and look forward to when we can all be together again in person. You can access the daily activities on Teacher Autum or Teacher Ashlee's Canvas pages. They both offer multiple opportunities through the day for your child to engage. Thanks to Bobbie Stirling and Sharman Ensminger for including all of us in Music Class and Power Paws each week.**

**In our Preschool Promise classrooms, we are on the last week of learning about winter and celebrations. We shared what types of celebrations we each have in our own families. We also learned about celebrations in other countries. All of our staff are working on putting together a culturally responsive instruction, on-line and when we come back in person. This week, we were all able to experience winter weather while on Zoom together! Next week we start a new unit on animals. We will be focusing on what animals need, where different types of animals live and some animals are mammals. We will continue to learn about identifying feelings.**

**This week in our social emotional work, we focused on happy and sad. Next week we will identify when someone is feeling surprised or scared. Try to find a good picture of when your child looks surprised or scared, or look in a mirror with them. It's a great way to learn empathy and recognizing emotions (and we all have a LOT of emotions right now!).**

**Last week we learned about Martin Luther King Junior Day, and why people celebrate it. We read the book "Who was Martin Luther King Jr.?" by Author Lisbeth Kaiser. It taught us what inspired him to dedicate his life to achieving equality and justice for all Americans. This month we have also been discussing how people from around the world celebrate holidays, and different traditions that families may have. We have loved learning about the different ways people celebrate. Lastly, we are still working on learning our animal friends with zoo phonics. This month we focused on letters Oo ~ Olive Octopus, Pp ~ Peewee Penguin, Kk ~ Kayo Kangaroo, and Cc ~ Catina Cat.**

**We also incorporate drawing and art into our morning time. This week we drew a fish and a snowman using shapes that we learned about. If you are joining us and can't find your packet, feel free to join in using whatever materials you can find! We end every morning class with time for fun music and movement. The Art Literacy Program, presented by Leeauna Perry, the Youth Arts Program Teacher from the Sitka Center for Art & Ecology, was a big hit with everyone this month. Everyone had the chance to tear up a magazine and use the pieces they tore to make a collage. Also they focused on camouflaging animals, flowers etc. into their collage. If you are looking for ideas on projects like this at home, and/or need materials for them, please let us know! If you'd like more information about this program, you can find it here: Sitka Center for Art and Ecology( <https://www.sitkacenter.org/>)**

**We send home weekly packets that are filled with a wide variety of learning opportunities. Each week we send home a weekly letter from Second Step. You can learn more here: Early Learning Curriculum | PreK Curriculum | Second Step ( <https://www.secondstep.org/early-learning-curriculum>) This letter covers what we will be teaching the next week as well as at home activities for students to do with families. We also send home the letter of the week with an activity focusing on the letter of the week, as well as a number and/or shapes that the children can match or sort. Our teachers also like to send home crafts, this week we sent home the materials and instructions on how to make a kite and we look forward to seeing our friends using them! The next unit is animals, so our movement cards were gallop like a horse, stomp like an elephant, waddle like a duck and walk like a bear. We continue to introduce mindfulness to our early learners, using the Little Renegades cards for meditation and breathing work. Parents can find more information here: Resource Hub – Little Renegades ( <https://www.littlerenegades.com/pages/resources>)**

**Finally, our staff continue to meet with the PK-2 Cohort and share ideas for virtual learning and family supports. Ms. Bean-Bamford had the great suggestion for us to do something fun and social, with the kids, so we started the Friday Lunch Bunch in January! This is offered to all students from the 2nd grade down to Preschool. The teachers have been really enjoying the informal, non-structured time with students and each other. We have been able to see children who were in our classrooms in past years and the students get to see who might be their teacher in the future. It's been a real bright spot for all of us.**

**If you have any questions about distance learning or child care re-opening plans, please email or call me anytime.**

**Diane Wilkinson  
Early Learning Program Director  
Nestucca Valley Early Learning Center  
503-392-3194 x355  
[www.nvelc.com](http://www.nvelc.com)**

## **After School Program Invites Community Stakeholder Participation**

**The Nestucca Valley School District is fortunate to offer after school programming to our students through the 21st Century Learning Centers Federal Grant. Currently in its third year, the after school program provides students opportunities for academic enrichment, a broad array of youth development activities, and encourages family engagement.**

**It takes a village to support the development of our community's youth and this has never been more true than during this global pandemic and distance learning. Now, more than ever, ensuring that students are successful academically and emotionally has become a multi-generational effort as families lean on each other to do what's best for the children.**

**We are inviting our community's stewards to participate as stakeholders in the 21st Century Learning Centers after school program. We understand the value that comes from the engagement of longtime community members who have an understanding of and ideas for what our schools and the program can do for children in our community. We want to keep the "it takes a village" momentum going as we plan for the future and we would love your valuable input.**

**What might the process look like?**

**You will attend one or several volunteer zoom meetings where we will introduce you to the goals of the after school program and collaborate on how to improve the program going forward so that it is offering the students in our community exactly what they need to succeed in grade school, high school and beyond. We will also talk about opportunities for community members to further support the after school program through volunteer mentorship and employment opportunities.**

**Our first Zoom meeting is scheduled for Thursday, february 11 at 4 pm. If you would like to attend, please RSVP to [lindaf@nestucca.k12.or.us](mailto:lindaf@nestucca.k12.or.us) to receive your meeting link and invite.**

**Thank you for all you have done and continue to do for our district's youth,**

**Linda Fielder**

**Director, Nestucca Valley**

**After School Program**

**Linda Fielder**

**Director, Nestucca Valley**

*Thanks to The NVSD  
Food Service Staff for  
utilizing our School  
Garden grown carrots in  
a delicious carrot cake in  
November- Scrumptious!*



**Thank you Food Service Staff for  
all you do!  
We appreciate you for putting love  
and care into the food you serve!**