

NESTUCCA VALLEY
SCHOOL DISTRICT
NEWSLETTER

November // 2020



**Military Musicians
Visit Elementary Band!**

*US Marine Band members
Guests on NVES music class
Zoom!*

*Wed. Nov 4, MSgt Ken Wolin -
a percussionist with
The President's Own
Marine Band - takes Q & A live
with our 3rd graders from
9:25-9:50.*

*Prior to this live session we
watched a video highlighting
music from around the world,
performed by members of the
Marine Band, and were able to
ask questions live on Nov 4.*

*In a similar format, the 6th
Grade band watched a
pre-recorded performance
video:*

*Band - Why I Love Playing
Music geared toward
musicians in beginner/
intermediate band.*

*There are endless varieties of
music, and just as many
reasons to love playing it!*

**Musicians
continued...**

*In this performance,
percussion, brass and
woodwind ensembles from the
Marine Band share their
musical talents, as well as the
reasons they love making
music.*

*Thursday Nov. 5 10:30-10:50
The 6th grade band had an
opportunity to ask GySgt
Gerald Novak a member of the
Marine Band questions.*

*-written by ES Band Teacher,
Bobbie Stirling*

**Senior Yearbook
Due Dates**

**Senior Quote &
Childhood Photo:**

Due Friday, Dec 11th

Senior Class Photo:

Due Friday, May 7th

**Fire Department
Reminder**

**"When changing your clocks,
be sure to check your smoke
alarms !!"**

**If anyone needs help with this,
as you find your alarm is
outdated or non-working,
contact our NRPFD at Hebo.
(503)392-3313**

**Virtual Hangouts
Offered After School!**

Hangouts have started!

**There are lots of different
topics available... from painting
and cars to chess and gardening,
or even visiting or taking a walk!**

**Interested students should
check with your teachers to find
out where
to look
up the
links
for
hanging
out!**



NESTUCCA VALLEY
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Nestucca Students Elect Student Council President



Danny Maddox (left) gives his campaign speech via- Zoom. All of the candidates running for student office gave speeches addressing their peers and what they would like to achieve when taking office.

Officers:

President: Danny Maddox, Junior
Vice-President: Leif Marsh, Junior
Sec/Treasurer: Cara Simpson, Senior
Activities Director: Eva Marshall

2020-2021

Presidential Campaign Speech

My fellow Nestuccians, I am currently running for your student body president. I believe that my prior experience as my class president and publicity chairman proves that I know the ropes, and I know how to get things done. I will not only work closely with the rest of the council, I will listen and take in ideas from you, my fellow classmates.

I want to make an emphasis on community service this year, giving back to those who have been supporting us for so many years. This includes, say, monthly beach clean ups, fund-raisers in which we give a certain percentage of our earnings to an agreed upon charity and working with local businesses and our neighbors.

I also plan on incorporating weekend activities that we all can participate in. I would like to work with the school administration on allowing things like flag football in our field, or basketball in our gym. Or, you wanted to get people together to play, say, golf? That could be arranged.

Lastly, I am aware that the pandemic is still making things difficult and tedious for us all, but we will adapt, and we will overcome, regardless of the outcome of this election. Hopefully, we only need to endure one more quarter away from each other. I'm Danny Maddox, and thank you.

COLLEGE & CAREER



GET TO KNOW Your College & Career Advocate!



Cara Elder
College & Career
Student Advocate
503-392-3194
ext. 202

Questions about career planning or college applications? Not sure how to file a FAFSA or access the Oregon Promise application? Let me help!

Meet for Zoom!
Mon thru Fri
1-3 pm or by appointment

Meeting ID:
823 0571 5843

Passcode:
005706

**DID YOU KNOW...*
Many colleges are not requiring you to take the SAT/ACT this year for college admittance. Please check with the colleges you are interested in to review their requirements.

Senior Year Checklist

- Review transcript: Are you on track for graduation?
- Register and take ACT and/or SAT
- Complete OSAC Personal Statements and Activities Chart
- Complete FAFSA or ORSAA: Opens October 1
- Review Student Aid Report (SAR) and make FAFSA corrections
- Begin submitting scholarship applications
- Begin submitting college applications; monitor deadlines
- Attend financial aid nights, workshops, and events

FALL
SEPTEMBER TO DECEMBER

- Complete OSAC Scholarship Application
 - Activities Chart
 - Essays
 - Transcript
- Early Bird: February 15
Final Deadline: March 1 by 5:00pm

WINTER
JANUARY TO MARCH

- Complete Oregon Promise Application, for students planning to attend community college
- Submit application to at least 3 colleges
- Apply for additional grants and scholarships offered by selected college
- Check your email and the OSAC Student Portal for notifications year-round

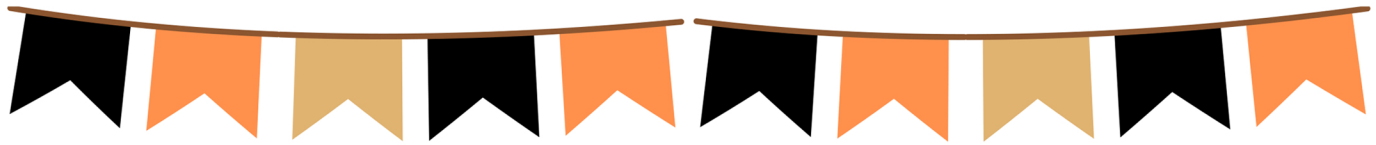
Looking ahead to Winter Term at TBCC?

Remember that **classes are FREE*** this year for local high school students (who meet the pre-requisites) through our local community college!

Contact Mrs. Elder at carae@nestucca.k12.or.us if you are interested in registering for any of the following **ONLINE** classes that start January 4, 2021:

AH 100: Medical Terminology
CAS 133: Basic Computer Skills
CG100: College Survival & Success
CG140: Career & Life Planning
EC 201: Principles of Economics–Microeconomics
ENG 105: Intro to Drama
G 202: Physical Geology
HE 250: Personal Health
HE/PE 295: Health & Fitness for Life
HST 203: History of the United States from 1914–Present
MTH 105: Applied Math
MTH 111: College Algebra
MUS 206: Introduction to the History of Rock
SOC 206: Social Problems (Sociology)
SPAN 102: First Year Spanish–Second Term

Want more information about what you would be learning in the class? Go to <https://jics.tbcc.cc.or.us/ics/> and use the Course Search option.



NESTUCCA COLLEGE FAIR

Hey Nestucca students! Are you interested in learning about college and few other options post high school? Join one (or more) of the zoom meetings to learn more!

Thursday November 12th

Time: 1pm-3pm via Zoom

(check each program for specific time)

**Tillamook Bay
Community College
Sara Hartford
Admissions Counselor
1pm-3pm**



**United States Army
Noel Susi Bonifacio
US Army Recruiter
1pm-3pm**

**Oregon State University
Megan Deane McKenna
Open Campus Education Coordinator
(Information to dual-enroll at OSU and
TBCC or Linn Benton CC)
1:00pm-2:30pm**



**University of Oregon
Luis Renteria
U of O Admissions
1pm-2pm**

**Tillamook Works
Shelby Owsley
Tillamook Works Coordinator
1pm-3pm**



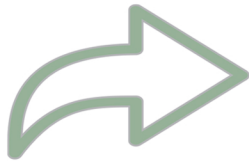
**Western Oregon
University
Kristin Mahoney
Admissions Counselor
2pm-3pm**

**Portland State University
Bethany Potts
Admissions Counselor
1:00-1:30pm**



**Corban University
Dan Morrow
Admissions Counselor
1pm-3pm**

***Links to the Zoom meetings can be found on the Hangout Room list.
If you need help accessing the list, please ask a staff member! ***



Oregon Promise is a state grant that helps cover tuition at any Oregon community college for recent high school and GED® test graduates.



Recent Oregon high school or GED® test graduate

2.50+ GPA

2.50 cumulative GPA or higher



Attend Oregon community college within 6 months of graduation



Oregon resident at least 12 months prior to attending college

Your eligibility may also be determined by your Expected Family Contribution (EFC). The EFC criteria are subject to change. Check website for details.

Find Your Deadline:

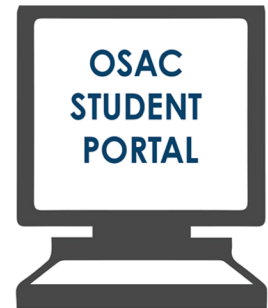


Deadline is 5pm (PST or PDT). If deadline falls on a weekend or holiday, it automatically extends to 5pm on the following business day.

I am graduating from:	I am graduating during this time:	DEADLINE to complete both: Oregon Promise App. & FAFSA or ORSAA	You must start community college by this term:
High School or Home School	March 1 – June 30	June 1	Fall
	July 1 – Nov. 30	Nov. 1	Winter
	Oct. 1 – Feb. 29	Feb. 1	Spring
GED® Program	March 1 – June 30	July 10	Fall
	July 1 – Nov. 30	Dec. 10	Winter
	Oct. 1 – Feb. 29	March 10	Spring

Apply for Oregon Promise:

- 1 Go to OregonStudentAid.gov.
- 2 Create an account in the OSAC Student Portal.
- 3 Complete the Oregon Promise application.
- 4 File your FAFSA or ORSAA and list at least one Oregon community college.



The Office of Student Access and Completion (OSAC) will contact you by email about your application and/or award status. You can also **log in to the OSAC Student Portal** to view your updates.



How much money will I receive?

Which college costs does Oregon Promise cover?

How does GPA verification work?

What does the 90-credit limit include?

Celebrate Gratitude All Month Long

World Kindness Day November 13th
Random Acts of Kindness November 27th

Think about:

- Today I am grateful for...
- Others appreciate that I...
- What is your most inspirational quote?
- I show kindness by...
- I appreciate...

"If you want to lift yourself up, lift someone else up."

-Booker T. Washington

HOW TO HELP CHILDREN DEVELOP AN ATTITUDE OF GRATITUDE

A daily routine of appreciation and expressing gratitude helps any child or teen, but offers more value and healing for children living with irremovable stress in the home. Children are less stressed, enjoy numerous physical benefits, and are more content overall. A special thank you to Jerry Moe, Betty Conger, and the American Academy of Pediatrics for their insights on children and gratitude.

<p>Spend time with children to show your gratitude for their presence in your life, making sure to note how thankful you are for the moments you're able to spend together</p>	<p>Wow!</p> <p>Model thankfulness by expressing your appreciation for people, places, and experiences aloud, showing children the importance of voicing gratitude</p>
<p>Help children find ways to serve others, in small ways, to learn about the joy of giving</p>	<p>Encourage children to take note of life's ordinary pleasures — a warm meal, a bed to sleep in, the changing of the seasons, a fun time spent with a friend — reminding them that little things deserve gratitude too</p>
<p>Celebrate the moments a child expresses gratitude aloud with a comment such as, "It's so wonderful that you shared how thankful you are!"</p>	<p>Establish a daily or weekly routine of reflecting on life's good moments while sitting down for a meal or through a quiet journaling process</p>
<p>Model the joy of texting thank yous and writing notes to show the importance of expressing gratitude</p>	<p>Encourage children to identify their personal strengths to build self-confidence and inspire introspective gratitude</p>
<p>Ask children thought-provoking questions, like "What is your favorite food?" or "What makes you laugh really hard?" to inspire them to reflect on life's little joys</p>	<p>Prompt children to think about those who have helped them during tough times — a friend, a teacher, a parent, or even a group — and suggest they say thank you</p>
<p>Observe when children make positive choices, comment on it, and ask how making that choice made them feel</p>	

VOICE for the CHILDREN 
www.nacoa.org

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."
- Maya Angelou

Art Activity:

Draw a picture of things you are most grateful for. Hang your picture up on the wall or somewhere special for your friends and family to see.

Think and Share:

What gives you joy?
Share your answers with friends and family.

Sharman Ensminger

New Staff Update
2020-21



What is the best part about our school and/or your job so far?

I enjoy working with our students. They are so bright, respectful, and engaged. I'm really happy to serve as our elementary counselor, and get to know families and kids. The best part of my job has been seeing the kids work so hard during their online learning and have fun during Power Paws. The kids inspire me and I think I have a super cool job.

What made you want to work here?

My husband and I moved to Tillamook, almost 25 years ago; and I've always loved Tillamook County: the community, farms, ocean, forests, and stormy winters. After moving away for several years, to take care of family, we longed to return to the beach. We then fulfilled that wish by moving to Pacific City in 2014. I had often thought of working for NVSD, maybe after I officially retired, but fortunately, I didn't have to wait that long. I'm so excited to move into the new K-8 campus.

What are your hobbies?

I enjoy anything that allows me to be creative, musical, or a learner. I knit, spin wool, kayak, garden, read, and cook. When I need to relax, you'll see me in the kitchen baking bread, pies, making cheese, or dreaming up new recipes. I also love movies, folk dancing, and arts and crafts. I like to play ukulele, fiddle, and dulcimer and have been playing (violin) with the NVSD spring musical orchestra for about 16 years—and I love theater and comedy. My husband and I like to "pick and flip" and we're always on the hunt for a good DIY project. I love "upcycling" and repurposing items I find in flea-markets. I like beachcombing and rock tumbling, too.

What's your favorite band/ song?

I listen to music across all genres: from acoustic folk singer-songwriter types to pop, rock, indie, country, bluegrass--you name it. My husband and I collect and play vinyl records. I think the Rolling Stones is the greatest rock band of all time...but really like Dire Straits, too. As a kid, my favorite album was Rumours by Fleetwood Mac. I listened to it nonstop on an 8-track tape player, and coincidentally, my family gave me the nickname, Mac(k).

What's your favorite movie?

I'm such a movie fan, I can't pick just one...but, I am a total sucker for Hallmark movies. I also like comedies, drama, old silent movies, and interesting documentaries, especially with a good "underdog" storyline.

Do you have any pets?

No, not right now, but I've had many pets in my lifetime. I grew up on a farm and have always loved animals—big and small. When I was a kid, I thought I might become a veterinarian, but when I realized how much I enjoyed working with kids, I decided to pursue teaching, while at Pacific University in 1988--way before some of our younger teachers were even born!

Elementary School Counselor
SharmanE@nestucca.k12.or.us
Phone: 503.392.3194 ext. 318



A message from the After School Program:

Enrollment is OPEN!

We are coming up on the end of our first month of comprehensive distance learning in the district and we're excited to announce that the 21st Century Learning Centers After School Program will begin its programming mid November. Just like the school day, the after school program will look completely different this year, but we are excited about the opportunity to engage with our district kids and families in an offering of support, friendship and opportunities to create, connect, and cooperate together to help families and students thrive in these new and unusual times.

Beginning its third year in the district the afterschool program operates with three specific goals in mind: to provide students in grades 1-12 with opportunities for academic enrichment, offer a broad array of youth development activities, and promote meaningful family engagement. While just like the school day curriculum, we will be conducting the after school program remotely, the above program goals remain the same. I'm excited about the ideas we are launching this year.

HOMEWORK HELPLINE

After school program staff will be hosting a homework helpline to assist students and their families with completing homework assignments, creating and maintaining healthy study habits, and working on core concepts in a 1:1 environment. The helpline will be offered via a zoom type platform and will operate after normal instructional hours. Students can utilize the helpline as much or as little as needed, and we welcome and encourage parents to participate along with their student any time.

ENRICHMENT AND FUN, DELIVERED TO YOUR DOOR!

Without a doubt everyone's favorite part of the after school program is the fun art, craft, cooking and science experiments we get to try out. Even though we won't be cooking up this kind of fun in person, we have a long list of activities ready to keep kids making, imagining and playing. We are partnering with Community Arts Project, Food Roots, and OSU extension to deliver activities and supplies to students, and we'll be offering encouragement and instruction to support them as they create. A new grade appropriate activity will be offered once a week and all necessary supplies to complete projects will be delivered via the school packet bus route.

A PLACE TO MEET AND SHARE

Grade level groups will have access to online classrooms that will act as a virtual 'CLUBHOUSE' for after school enrollees. These rooms will be staffed by adults and used as a place for students to post photos of their finished craft and art projects, take virtual field trips and tours, participate in discussions, book clubs and creative writing prompts with their peers and unwind after the school day. Through this online afterschool virtual "meeting place" students will be able to share their creations, talk about their process and connect with each other in an environment that's purely for fun and exploration.

Continued on next page...

We want the after school program to continue to be a valuable support tool for students in all grade levels and their families. We understand that the pressures of distance learning are many and varied. After school activities are optional and meant to be another tool for parents, teachers and students to utilize when they want and need additional resources and support for success.

We hope you will enroll your student in the program and try out some or all of the activities we will be offering. Enrollment links are available on the district website and, once submitted, we will contact you with updates and information about program start dates and upcoming activities. We are all looking forward to the day when we can meet together in person to continue the after school fun and learning, but let's see what we can accomplish in the meantime!

Sincerely,

Linda Fielder
Director, 21 Century Community Learning Center
After School Program, Nestucca Valley School District
lindaf@nestucca.k12.or.us



NESTUCCA VALLEY LIONS CHRISTMAS BASKETS
P O BOX 177
CLOVERDALE, OR 97112

Dear Parents,

This year because of the COVID pandemic, we will be doing things a little differently. We will **NOT** be delivering the traditional Christmas Baskets. Instead, we are asking you to please pickup your Christmas Basket on December 15, 2020 between the hours of 12:30 pm and 2:00 pm at the Kiawanda Community Center, 34600 Cape Kiwanda Dr., Pacific City. In your basket will be all the meal items for Christmas dinner and toys for the children in your household.

You may order your Christmas Basket in one of the following ways, no later than November 17th:

1. By filling out a form through the Pacific City Food Pantry (November 3rd & 17th)
2. By leaving a text or voice mail for Teresa at 541-227-9411
3. By sending the following information via email to the nestuccavalleylions@gmail.com
 - a. **Name of Head of Household**
 - b. **Address**
 - c. **Phone number**
 - d. **Names, ages and sex of children**

Thank you for understanding the change. We wish all of you a safe and Happy Holiday Season.

NESTUCCA VALLEY LIONS CHRISTMAS BASKETS COMMITTEE

Contact numbers: Teresa 541-227-9411 or Dorothy 503-812-0364

Nestucca Valley Food Service

Community Eligibility Provision

Nestucca Valley Food Service is very pleased to report that the district's application for the Community Eligibility Provision was accepted. CEP, allows the District to feed ALL STUDENTS AT NO CHARGE. This designation retroactively began on July 1, 2020 and will last until June 30, 2024!

Pandemic EBT

The Pandemic EBT program has continued to evolve during the pandemic. If your child was a student at Nestucca Valley Elementary School or the Junior Senior High School and was eligible for free or reduced meals in May, and have not received Pandemic EBT, you can contact their office at 1.888.997.4447 or email: EBTschoolmeals@dhsosha.state.or.us. This grant program is made possible by the Families First Coronavirus Response Act of 2020 and we encourage families to utilize these funds to feed their students during the pandemic.

CDL Meal Service

During Comprehensive Distance Learning, the school district is feeding any child (1-18) in the district breakfast and lunch each school day. Food deliveries are made to district bus stops per ODE regulations and students, siblings or parents can collect the meal from our delivery staff. We recently started delivering gallons of milk on Mondays instead of multiple small cartons per day – so please be ready to collect these larger items on Monday. Supper was also recently added to daily meal deliveries. Supper is intended to be eaten after school hours and includes a weekly list of websites that students can explore for age appropriate, fun educational activities.

Whole Lotta Changes Going On

Written by Robin Richwine

When you come back to school, you won't hardly recognize the building. Pretty much everyone knows about the new K-8 facility, but the Junior Senior High started construction last spring, once it was decided that we would not be coming back to school in person for the 1920 school year.

The Nestucca Junior Senior High School was already scheduled, before COVID-19, to be seismically retrofitted. These renovations were made possible because of a grant we received from State of Oregon. The newer part of the school, that was completed in 2008, was seismically sound. However, the cafeteria, the gym, the locker rooms, music rooms...basically anything in the older part of the building...was not. By completing these upgrades, the Junior Senior High is now ready for Immediate Occupancy, should the need arise in the case of a natural disaster, for example a wildfire that forces people to evacuate. Our K-8 facility will also be deemed Immediate Occupancy once it is completed.

Since the crews were already tearing into the building, and we sold the school building in Beaver, we were able to do a few more upgrades and maintenance projects on the facility, as you can see in the photographs. (The first few photographs were completed by our maintenance and summer work crew.) The only area not photographed is the new football field. It has been tilled up and replanted with all new grass and looks way better than it has since in years. Below, you can see pictures that were taken throughout the building of the major changes. I'm sure that you will notice other things as you too visit the campus, but for now, here are just some of them.

New screens painted and installed on the front of the softball dugouts



The victory bell repainted



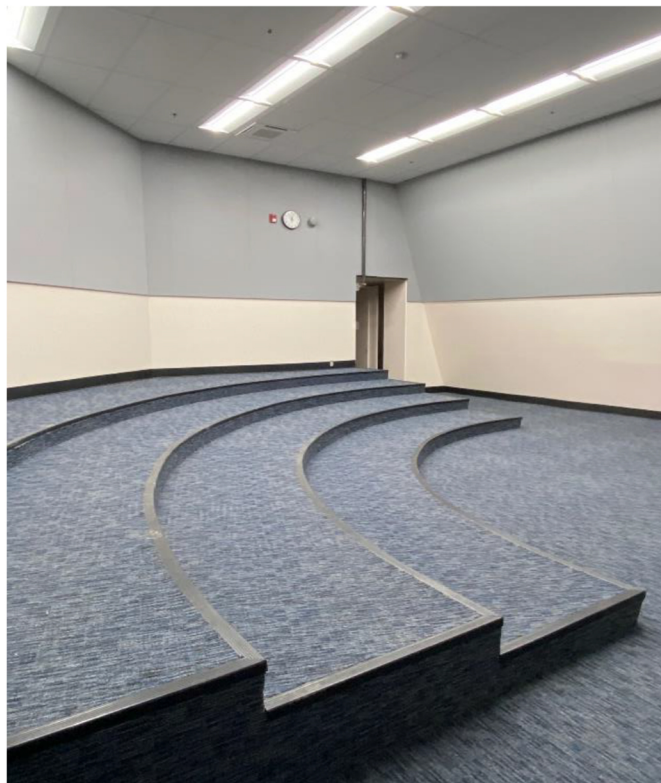
Sheds up on the field painted



The cafeteria eating area has downsized. Two new storage and work rooms have been built on the south end of the cafeteria.



The Choir and Band rooms have been remodeled, and have new paint, lighting and carpet



The storage areas behind the locker rooms have been cleaned up and enclosed.



The boy's team room has new carpeting in it, and we now have a girl's team room, located right behind the locker room.



Finally, the gym has been redone with a new ceiling and obviously, a new court! (Those white spots in the photo is because it is so shiny, and with the new lighting, it is BRIGHT!)

