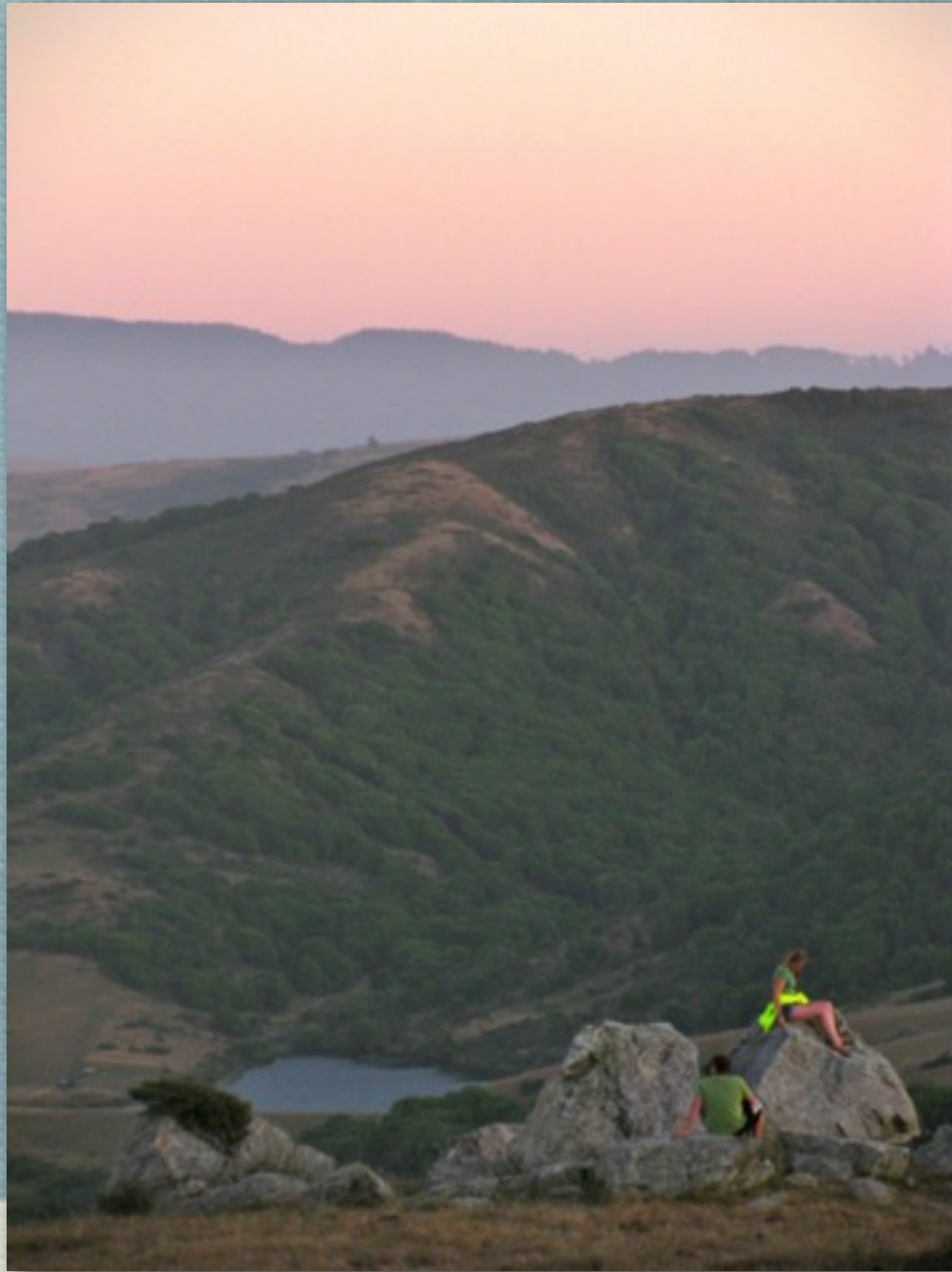


Walker Creek Ranch

5th Grade

Outdoor Education





Trail Groups

Approximately 18 students per group

&

Chaperones

(Cabin Leaders)

Parent chaperones are not placed with their child's trail group (each classroom will have a sign up for 10 parents max; we will need more male cabin leaders than female cabin leaders)

Areas of Study

- Ecology**
- Terrestrial Plants & Animals**
- Watershed Studies**
- Earth & Physical Science**
- Sustainable Systems**

Low student-to-educator ratios allow students to pursue their curiosities through inquiry-based learning as they:



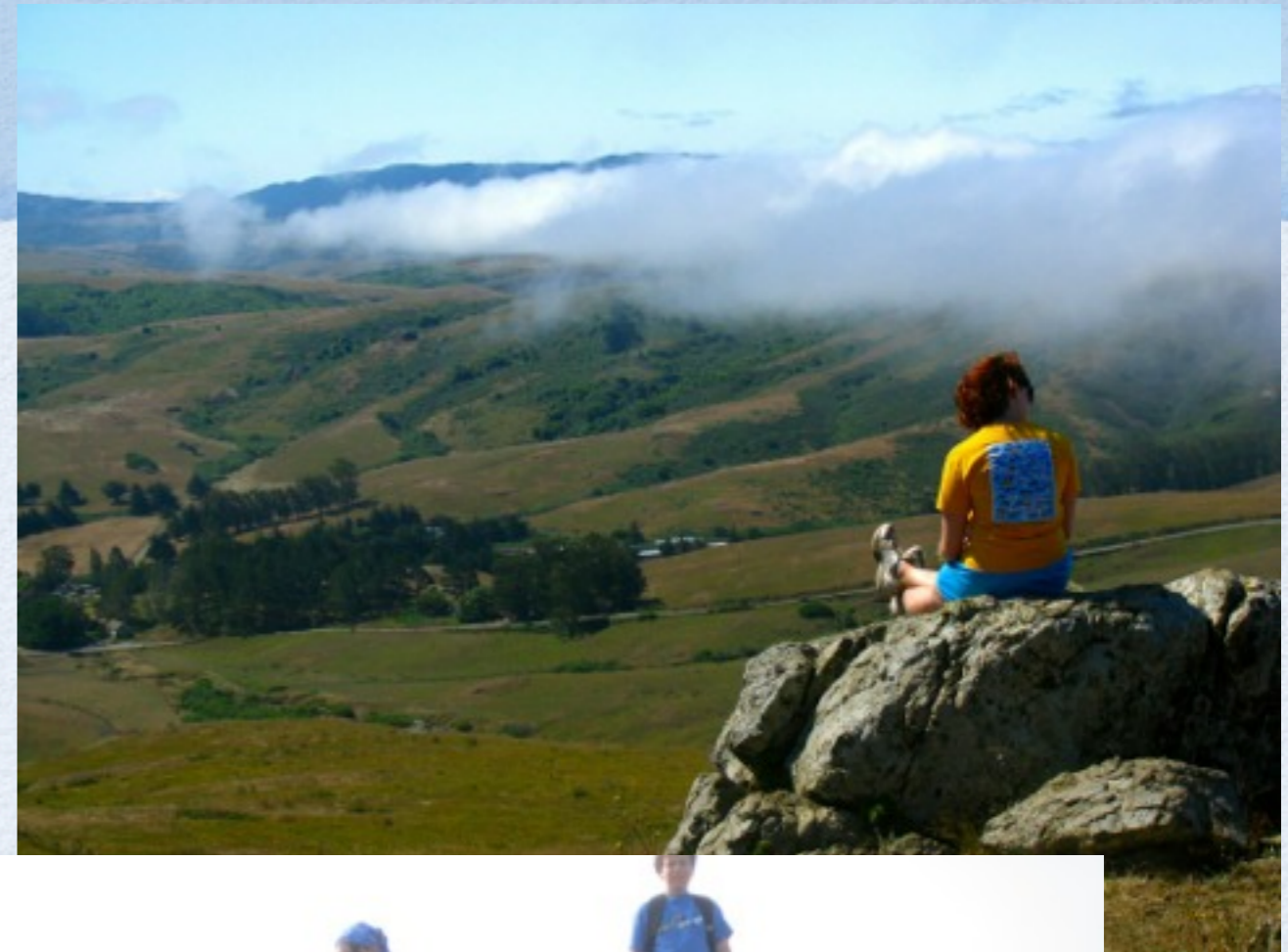
- **collect and identify macro-invertebrates from Walker Creek or Turtle Pond**





• **observe
animals in
their natural
environment**

- **learn geology by sketching and examining unique rock formations and physical evidence of the San Andreas fault.**





- **strengthen group dynamics through team-building exercises**

More than anything else, students will experience being away from home, how to rely on one another, and how to have fun outside!



Arrival Day at Walker Creek Ranch

Arrive at Walker Creek by 11:00 am
Parent drivers and “First Day Hike”
Parents drivers are invited to go out on trail, hike, eat lunch, depart by 1:30 pm while parent cabin leaders have their training.



A Day at Walker Creek Ranch

- 7:00 a.m. Wake-up (no earlier)/Shower Rotations**
- 8:00 a.m. Breakfast in Dining Hall**
- 9:15 a.m. Morning meeting**
- 9:15 a.m. Field Study**
- 12:00 p.m. Lunch in D.H. or in the field**
- 12:30 p.m. Recess/Rest-time**
- 1:15 p.m. Field Study**
- 4:00 p.m. Snack/ Recreation/Cabin Time/Shower Rotations**
- 5:15 p.m. Dinner**
- 6:00 p.m. Teacher Time**
- 7:15 p.m. Evening program (Campfire, Night Hike, Barn Boogie)**
- 9:00 p.m. Return to cabins**
- 9:15 p.m. Lights out and Quiet**

A Week at Walker Creek Ranch

5 Day Trail Group Schedule
Date: OCT. 17 **Example**

Meeting Room: MUSEUM

Monday	11:00 Welcome Tour & Introductions	11:45 WELCOME AT JACKRABBIT FLATS	2:20 Move into Cabins & Cabin Time	3:30 Fire Drill & Dining Hall Rules	4:00 Cabin Time	FOOOOOD! 5:15 Dinner 	6:15 - 7:15 Teacher Time	7:30-9:00 CAMPFIRE
Tuesday	8:00 Breakfast	9:15 PAYING A VISIT TO GRANDMA OAK! 	12:00 Lunch	1:30 PLANT PARADE! AT ALDER FLATS 	4:00 Cabin Time & Snack Time	NOM 5:15 Dinner	6:00-7:00 Teacher Time	7:15 BARN BOOGIE!
Wednesday	8:00 Breakfast	9:15 BEACH ADVENTURE! 			4:00 Cabin Time & Snack Time	NOM 5:15 Dinner	6:00-7:00 Teacher Time	NIGHT HYKE!
Thursday	8:00 Breakfast	9:15 GARDEN DAY! 	12:00 Lunch	1:30 POND PARTY! 	4:00 Cabin Time & Snack Time	NOM 5:15 Dinner	HEAR YE! HEAR YE! 6:30-8:00 TOWN HALL MEETING	8-9 Teacher Time
Friday	7:30 Breakfast Clean, Pack & Move Out of Cabins.	9:00 GOODBYES AT SHADY FLATS 	10:30 Closing at Amphitheater 	11:30 Lunch Departure	Shower Times: Tues: <u>8:45-9:00AM</u> _____ Wed: <u>4:30-4:45 PM</u> _____ Thurs: <u>4:45-5:00PM</u> _____		My Meals I Work: _____	

5 FINGER CHECKLIST: 1) FULL WATERBOTTLE 2) EMPTY BLADDER
3) WARM LAYERS/SUNSCREEN/RAIN GEAR
4) BACKPACK 5) POSITIVE ATTITUDE!

WC179:1/24/11

Food!

-All meals provided- except 1st day lunch
-Breakfasts, lunches, dinners are served in the dining hall. Except during All Day Hikes where students eat lunches in the field. (Nut Free Facility)

- **Homemade food** is prepared by professionally-trained chefs
- **Organic & local** ingredients (including veggies from the garden)
- **Vegetarian or other** options are available for those with specific dietary needs, with advance notice
- **Food allergies** can be accommodated
- **Students select** their own portions and can eat as much as they like



Important Daily Items



Layers!

Sleeping...ZZZ



Boys & Girls' cabins are separated by gender & are chaperoned. They are heated and locked nightly. At no time are students unsupervised. Clean, private bathrooms are located inside or directly next to cabins.

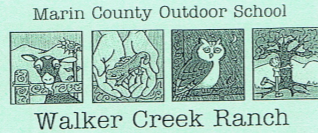


The Secret to a Comfy Bunk



Packing List

Packing List What to Bring to Outdoor School



Warm jackets and sweaters are the most important items at any time of the year. Your child should bring rain gear, as wet weather can occur at any time of the year.

Essential Items for the First Day

Pack these items separately for student's first day hike at outdoor school.

- Backpack (School Sized Backpack)
- Water Bottle: Water bottles MUST be at 24 - 32 oz and refillable.
- Sweatshirt
- Sunscreen
- Closed toe hiking shoes
- Bag Lunch
**please do not send peanut products*

Essential Items for the Week

We urge that you NOT buy new clothing or equipment. Expensive items are not recommended. Older clothing is best. Mark luggage and each item of clothing with your child's name.

Basic Needs

- Sleeping Bag and Pillow
OR 2 sheets & a blanket
- 2 Pairs of sturdy shoes (hiking boots or athletic shoes)
- One heavy jacket or coat (regardless of the weather)
- 1 Heavy cotton long sleeved shirt
- 3-4 T-shirts
- 3 Pairs long pants
- 1 Pair of shorts
- 5-8 Pairs of socks
- 5 Changes of underwear
- 1 Pair of pajamas
- Warm hat / Beanie
- Hat with brim / Baseball Cap
- 2 Plastic garbage bags for laundry
- Raincoat / rain poncho (It can rain at any time of year)
- Sun Screen
- Water Bottle 24 - 32 oz / refillable

Shower Kit / Toiletries

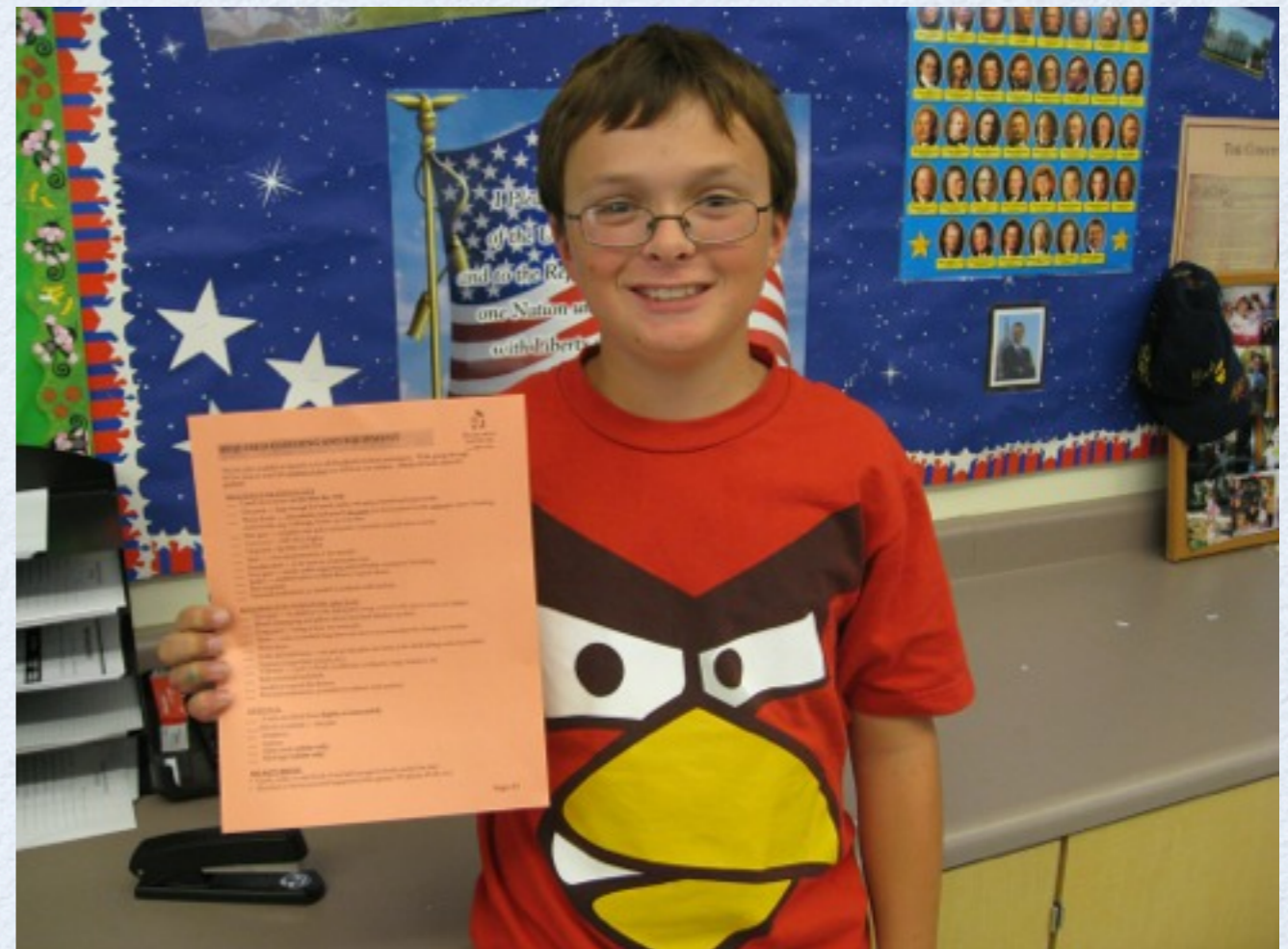
- Bath Towel
- Wash cloth
- Toothbrush and toothpaste
- Soap
- Comb or hairbrush
- Shampoo/ Conditioner
- Flip Flops
- Chapstick
- Swimsuit (optional for showers)

Optional Items

- Flashlight and batteries
- Deck of Cards
- Book
- Rubber Boots
- Water shoes
- Stationery, pre-addressed stamped envelopes and pen
- Inexpensive Camera
- Kleenex tissues
- Bandana

Prohibited Items:

- No valuables, money, or jewelry
- No candy, gum or snacks
- No knives or hatchets
- No cologne or perfume
- No Curling/ Flat Irons
- No electronic devices such as iPods, games, or laptops
- No Cell Phones
- No aerosol sprays (Bug spray, cologne, etc.)



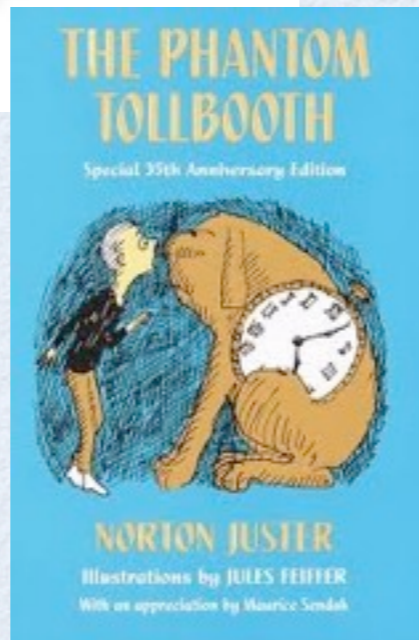
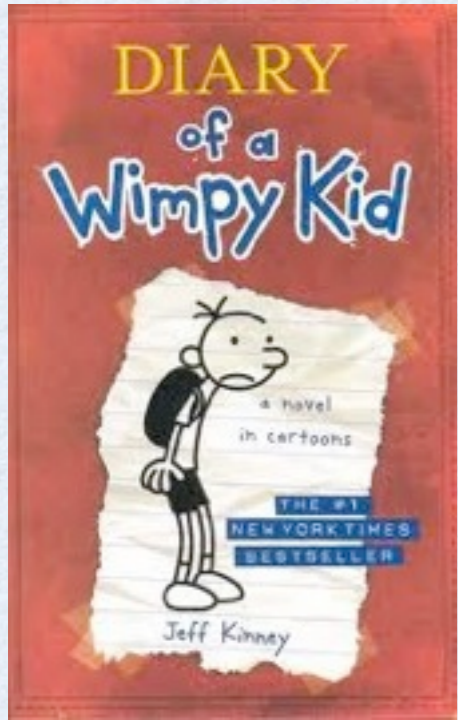
What NOT to Bring



Adults only



What You CAN Bring!



Important to Remember

Please remember, the campus does not provide toiletries.



Medications/Emergency

***Medications- given to teacher in a ziplock bag (student's name, teacher's name, physicians name, dosage) MUST HAVE DR's SIGNATURE SHEET!**



**Dosage
Instructions**

***Field Science Educators- All trained in First Aid, CPR and Lifeguard Cert.**

***Calling your child**



Walker Creek Student Management

***Walker Creek Rules**

***Trail Rules**

***Free Time and Cabin Rules**

***Consequences**

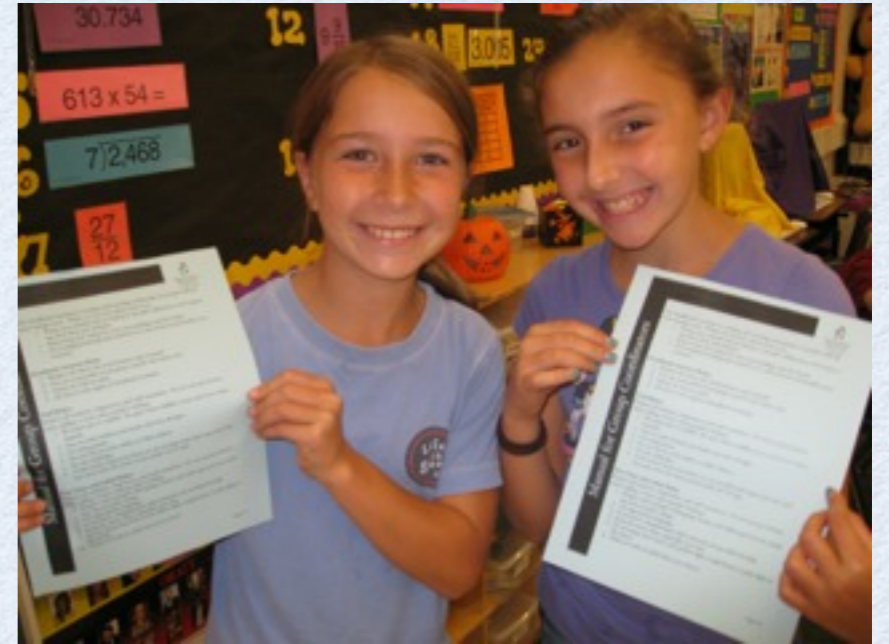
Check 1- verbal warning

Check 2 - second warning/ reflection time

Check 3 - teacher/staff conference

Check 4 - call home (parents on call to pick up)

Check 5 - sent home



Weather



- * **Cool Mornings**

 - 50s-60s degrees till about 11:00 AM**

- * **Warm/ Mild Days**

 - Highs in the mid-70 degrees**

- * **Cool Evenings**

 - Starting at 6:00 PM**

 - >65 degrees**



5th Grade Strawberry Point Outdoor Education



