

Virtual Aquarium



WHAT YOU
→ SAY ←
in here
STAYS IN HERE

UNLESS:
1. Someone is Hurting You
2. You Want to Hurt Someone
3. You Want to Hurt Yourself
4. You Give Permission to Share
With Another Trusting Adult

Mindfulness Center



Timer
for
Brain
Breaks



Word Search
Puzzles



Welcome to Mrs. Lancaster's office. Need a break? Click around the room to enjoy some relaxing activities.