

Mt. Brook Elementary Schools



LUNCH

**Choice of Low-fat milk or 8 OZ bottled water and fruit with each meal

Monday

Tuesday

Wednesday

Thursday

Friday



1



2



3



4



7



8

Chicken Tenders & Waffles
Sweet Potato Casserole
Black-Eyed Peas

9

Spaghetti w/Meatballs **10**
OR Alfredo Sauce
Garlic Toast *Pasta Bar*
Italian Green Beans
Fresh Garden Salad

Corndog
Waffle Fries
Steamed Veggies

11

Buffalo Hot Wings **14**
Stuffed Cheese Breadstick
Emoji Smile Potatoes
Fresh Steamed Broccoli

Hamburger OR Cheeseburger **15**
Seasoned Corn
Fresh Garden Salad

Dill Chicken Bites **16**
Dinner Roll
Macaroni & Cheese
Baby Lima Beans

16

BRUNCH **17**
Cinnamon Rolls
Sausage Patty
Cheese Grits
Scrambled Eggs



Pizza Crunchers with Marinara **18**
Sweet Potato Fries
Steamed Veggies

Cheese Pizza **21**
Chicken Nuggets
Corn Nuggets
Fresh Steamed Broccoli

Mini Corndogs **22**
BBQ Chicken Sandwich
Baked Beans
Corn on the Cob

Chicken Sandwich **23**
Mashed Potatoes w/gravy
Seasoned Green Beans

23

Hamburger OR Cheeseburger **24**
Curly Fries
Fresh Garden Salad

Hot Dog on Bun **25**
(served with Chili or Coleslaw)
Potato Rounds
Steamed Veggies

Salisbury Steak with Buttermilk Biscuit **28**
Grilled Cheese
Baked Cinnamon Apples
Fresh Steamed Broccoli

Crispito **29**
Beef Taco Salad with Tortilla Chips **TACO BAR**
Seasoned Corn
Mini Cinnamon Churros

Chicken Tenders & Waffles **30**
Sweet Potato Casserole
Black-Eyed Peas

30

Spaghetti w/Meatballs **31**
OR Alfredo Sauce
Garlic Toast
Italian Green Beans
Fresh Garden Salad