

September counseling Newsletter

Mrs. Carlisle ★ 205-877-8337 ★ carlislea@mtnbrook.k12.al.us

Kindergarten

- ★ Classroom lessons begin
- ★ Introduction to the school counselor's role
- ★ *Mrs. Joyce Gives the Best High Fives*

2nd Grade

- ★ Personal Safety Unit
- ★ Lesson 1: Ways to Stay Safe
- ★ A letter from Mrs. Carlisle
- ★ Lesson 1 Home Link

5th Grade

- ★ Alcohol & Drug Awareness Unit
- ★ Lesson 1
 - What are "drugs"?
 - Introduction of alcohol and nicotine's impact on the body.

1st Grade

- ★ Friendship Unit
- ★ Lesson 1 – Teamwork
 - Working together and communicating kindly
- ★ *What about Moose?*

3rd – 4th Grade

- ★ Rude, Mean, Bullying:
Recognizing and Responding to Conflicts

6th Grade

- ★ 5 lessons/semester during electives
- ★ Topics include personal safety review and executive functioning