

# august counseling

# Newsletter

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## K – 5<sup>th</sup> Grade

- ★ Classroom lessons begin
- ★ Introduction to the school counselor's role
- ★ Lesson Resources
  - K – *Mrs. Joyce Gives the Best High Fives*
  - 1<sup>st</sup> – 3<sup>rd</sup> *Enemy Pie*
  - 4<sup>th</sup> – 5<sup>th</sup> Needs/Interest Survey (no personally identifiable information collected)

## 6<sup>th</sup> Grade

- ★ 5 lessons/semester during electives
- ★ Topics include personal safety review and executive functioning strategies
- ★ Morning Meetings with homeroom groups to discuss bullying and harassment, reporting options, and recognizing and reporting self-harm or suicidal comments from

## Announcements:

- ★ Newcomer Small Groups begin this week! Welcome to MBE!
- ★ Career Speakers are back at MBE this year! Look for more info soon!
- ★ Reach out with any questions or concerns by phone or email anytime!