

### **WEEKLY UPDATE**

OCTOBER 1, 2021

MBS Parents.

Welcome to the end of another week! It's hard to believe it's already October and we're approaching the end of the first nine weeks of school.

With that being said, flu season is upon us and our nurses have fielded many questions regarding COVID versus the flu. Please read this article to learn more about the differences in symptoms and how to tell which virus your child may have, should he/she be feeling sick. This is a helpful article that will answer questions to ensure your child's health and safety.

Our reported COVID positive case numbers this week are right at our reporting threshold of 20. While universal masking is still required inside our campus buildings, we are closely monitoring voluntarily reported COVID cases, close contacts, school absence rates, county and state data, and communicating regularly with Public Health Officials. We are hopeful that our COVID numbers and absence rates will continue to decline.

Again, we appreciate our students' cooperation through this school year and look forward to continued academic and extracurricular success throughout the school year. The Alabama Department of Education's COVID dashboard of reported cases can be <u>accessed here</u>. We hope you have a safe and wonderful weekend.

## **GOOD NEWS**

- + Brookwood Forest kindergarten classes learned about community helpers and had the chance to meet some construction workers currently working on BWF!
- + Cherokee Bend has new lunchroom furniture thanks to the PTO! Watch this video to take a tour of the new lunchroom.
- + Crestline now has a "Lu Interactive Playground." Watch this video to see how CES students are continuing to learn in new ways.
- + Full MBHS Homecoming recap can be <u>found here</u>.

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# **SELF-REPORTED COVID-19 NUMBERS**

20	positive cases currently being monitored by Mountain Brook Schools
30	individuals who are currently designated as "close contacts" by the 3-foot, 15-minute criteria from ADPH
8 of 30	"close contact" individuals who have been able to return to school due to full vaccination status (or previous COVID case)

#### SYMPTOMS OF COVID-19 INCLUDE:

- Shortness of breath
- Muscle/body aches
- New loss of taste/smell
- Congestion/runny nose Nausea, vomiting, or diarrhea
- Cough
- Headache - Sore throat
- Fever or chills
- Fatigue

#### **GENERAL SAFETY REMINDERS**

- + Use the MBS Symptom Tracker to help make decisions regarding school attendance should your child feel unwell
- + If your child is exhibiting ANY COVID-19 symptoms, they should not attend school
- + Facial coverings are required indoors at all MBS facilities until further notice
- + Maintain personal hygiene and distance (when possible)

#### **NOTIFICATION:**

- + School nurses should be made aware of any possible symptoms and/or positive cases
- + A school nurse will be on-call every weekend and cases/symptoms can be reported by texting or calling 205-703-1298 + Please see our 2021-22 Reopening Plan for more information regarding screening, testing, school exclusion, and more