

# Mineola High School Lunch

## May 2024

**Student Meal Price \$Free**

Second Meal Price \$2.50

**Adult Meal Price \$5.50 +tax**

### Alternative Lunch Offerings:

#### Made to Order Deli Bar-

Sandwich/Salad

Ham(P), Turkey, Breaded Chicken

American, Cheddar or Mozzarella Cheese

Assorted Veggie Toppings Served on WG

Sliced Bread, WG Roll or Tortilla.

\*Condiments & LF dressings available!

#### Made to Order Salads-

Chef, Breaded Chicken Caesar

Assorted Toppings

Served with WG Croutons & WG Dinner Roll

\*Condiments & LF dressings available!

#### Hot off the Grill-

Grilled Cheese (V), Burgers(B),

Spicy or Plain Chicken Patties all served on WG

Bread

#### Pizza-

Cheese(V), Pepperoni (P) & Specialty Slices

**Taco Bar-** Hard or Soft w/ toppings, Black Beans &

Brown Rice

#### Milk Choices-

1% Milk

Fat Free Milk

Fat Free Chocolate Milk

Ala Carte Milk \$.50

Nutritional Information can be found at

[www.Mineola.SchoolDish.com](http://www.Mineola.SchoolDish.com)

Any Questions -Email Food Service Director

Kate Ruivo at [kruivo@mineola.K12.ny.us](mailto:kruivo@mineola.K12.ny.us)

(P)- contains pork.

(B)- contains beef.

(V)- Vegetarian

(GF)- gluten Free



This institution is an equal opportunity provider.

			1	2	3
			Chicken Nuggets Graham Cracker Mashed Potatoes Garden Salad Apple Sauce Peach Cup	Chili (T) Cheese Hot Dog (T) Steamed Broccoli Kidney Beans Banana Apple	Dutch Waffles Turkey Sausage Syrup Steamed Carrots Celery Sticks Orange Wedges Apple Sauce
6	7	8	9	10	
Mozzarella Sticks(V) w/Mariana Dipping Sauce Steamed Carrots Cucumber & Tomato Salad Apple Pear	Chicken LoMein Green Beans Tomato & Cucumber Salad Apple Sauce Banana	Cheesy Bread Stick(V) w/ Marinara Steamed Broccoli Garden Salad Peach Cup Orange	Chili (T) Loaded Baked Potato Corn Kidney Beans Pear Apple	French Toast Sticks Turkey Sausage Syrup Broccoli Cucumber Slices Banana Orange	
13	14	15	16	17	
Jalapeno Cheddar Burger(B) on WG Bun French Fries Garden Salad Apple Sauce Orange	Teriyaki Chicken Bowl Brown Rice Green Beans Celery Sticks Pear Cup Orange	Homemade Mac & Cheese (V) WG Dinner Roll Steamed Carrots Garden Salad Banana Apple Sauce	Chicken Drumstick Brown Rice Corn Vegetarian Beans Apple Orange	Dutch Waffles Turkey Sausage Syrup Broccoli Cucumber Salad Apple Banana	
20	21	22	23	24	
Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple Orange	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange Banana	Pizza Cruncher(V) Corn Garden Salad Peach Cup Apple Sauce	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Banana Orange	No School	
27	28	29	30	31	
No School	Chicken LoMein Green Beans Cucumber Salad Apple Sauce Banana	Mozzarella Sticks(V) w/Mariana Dipping Sauce Steamed Carrots Garden Salad Chickpea Salad Apple Pear	Spaghetti with Meat (B) Sauce Fresh Garlic Bread Steamed Broccoli Garden Salad Banana Apple	Dutch Waffles Turkey Sausage Syrup Corn Cucumber Salad Apple Banana	