Vineola			1	2	3
High School Lunch			Chicken Nuggets Graham Cracker	Chili (T) Cheese Hot Dog (T)	Dutch Waffles Turkey Sausage
May 2024			Mashed Potatoes Garden Salad	Steamed Broccoli Kidney Beans	Syrup Steamed Carrots
Student Meal Price \$Free			Apple Sauce	Banana	Celery Sticks
econd Meal Price \$2.50			Peach Cup	Apple	Orange Wedges Apple Sauce
Adult Meal Price \$5.50 +tax					
Alternative Lunch Offerings:				The second second second	AND VAN
lade to Order Deli Bar-	6	7	8	9	10
andwich/Salad lam(P), Turkey, Breaded Chicken	Mozzarella Sticks(V)	Chicken LoMein	Cheesy Bread Stick(V)	Chili (T) Loaded	French Toast Sticks
merican, Cheddar or Mozzarella Cheese	w/Mariana Dipping Sauce	Green Beans Tomato & Cucumber	w/ Marinara Steamed Broccoli	Baked Potato Corn	Turkey Sausage Syrup
ssorted Veggie Toppings Served on WG	Steamed Carrots	Salad	Garden Salad	Kidney Beans	Broccoli Cucumber Slices
liced Bread, WG Roll or Tortilla.	Cucumber & Tomato Salad	Apple Sauce Banana	Peach Cup Orange	Pear Apple	Banana
	Apple Pear			all - the - the - the	Orange
Iade to Order Salads- Chef, Breaded Chicken Caesar	real			and the second	A DE RECENCES
ssorted Toppings				THERE HE	
erved with WG Croutons & WG Dinner Roll	13	14	15	16	17
Condiments & LF dressings available!	Jalapeno Cheddar	Teriyaki Chicken Bowl	Homemade	Chicken Drumstick	Dutch Waffles
lot off the Grill-	Burger(B) on WG Bun	Brown Rice Green Beans	Mac & Cheese (V) WG Dinner Roll	Brown Rice Corn	Turkey Sausage Syrup
Grilled Cheese (V), Burgers(B),	French Fries	Celery Sticks	Steamed Carrots	Vegetarian Beans	Broccoli
picy or Plain Chicken Patties all served on WG	Garden Salad	Pear Cup Orange	Garden Salad Banana	Apple Orange	Cucumber Salad Apple
Bread	Apple Sauce Orange		Apple Sauce	e range	Banana
lizza-	erange				
hassa()/) Denneroni (D) 9 Createlly Oliver					
Cheese(V), Pepperoni (P) & Specialty Slices	and in the second			in the second second	
aco Bar- Hard or Soft w/ toppings, Black Beans &	20	21	22	23	24
	Cheesy Baked Pasta	General Tso's Chicken	Pizza Cruncher(V)	French Toast Sticks	24
aco Bar- Hard or Soft w/ toppings, Black Beans & Prown Rice			Pizza Cruncher(V) Corn	French Toast Sticks Turkey Sausage	24 No School
<u>aco Bar-</u> Hard or Soft w/ toppings, Black Beans & rown Rice <u>lilk Choices-</u>	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad	General Tso's Chicken Brown Rice Green Beans Celery Sticks	Pizza Cruncher(V)	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries	
aco Bar- Hard or Soft w/ toppings, Black Beans &	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange	Pizza Cruncher(V) Corn Garden Salad	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices	
aco Bar- Hard or Soft w/ toppings, Black Beans & rown Rice <u>lilk Choices-</u> % Milk at Free Milk at Free Chocolate Milk	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad	General Tso's Chicken Brown Rice Green Beans Celery Sticks	Pizza Cruncher(V) Corn Garden Salad Peach Cup	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries	
i <mark>aco Bar-</mark> Hard or Soft w/ toppings, Black Beans & krown Rice <u>Iilk Choices-</u> % Milk	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange	Pizza Cruncher(V) Corn Garden Salad Peach Cup	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Banana	
aco Bar- Hard or Soft w/ toppings, Black Beans & rown Rice <u>ilk Choices-</u> % Milk at Free Milk at Free Chocolate Milk la Carte Milk \$.50 utritional Information can be found at	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple Orange	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange Banana	Pizza Cruncher(V) Corn Garden Salad Peach Cup Apple Sauce	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Banana Orange	No School
aco Bar- Hard or Soft w/ toppings, Black Beans & rown Rice <u>ilk Choices-</u> % Milk at Free Milk at Free Chocolate Milk a Carte Milk \$.50 utritional Information can be found at <u>ww.Mineola.Schooldish.com</u>	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange	Pizza Cruncher(V) Corn Garden Salad Peach Cup Apple Sauce	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Banana	No School
aco Bar- Hard or Soft w/ toppings, Black Beans & rown Rice <u>lilk Choices-</u> % Milk at Free Milk at Free Chocolate Milk la Carte Milk \$.50 utritional Information can be found at <u>ww.Mineola.Schooldish.com</u> ny Questions -Email Food Service Director ate Ruivo at kruivo@mineola.K12.ny.us	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple Orange	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange Banana 28 Chicken LoMein	Pizza Cruncher(V) Corn Garden Salad Peach Cup Apple Sauce	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Banana Orange 30 Spaghetti with Meat (B)	No School 31 Dutch Waffles
aco Bar- Hard or Soft w/ toppings, Black Beans & rown Rice <u>lilk Choices-</u> % Milk at Free Milk at Free Chocolate Milk la Carte Milk \$.50 utritional Information can be found at <u>www.Mineola.Schooldish.com</u> ny Questions -Email Food Service Director ate Ruivo at kruivo@mineola.K12.ny.us P)- contains pork.	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple Orange	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange Banana 28 Chicken LoMein Green Beans Cucumber Salad	Pizza Cruncher(V) Corn Garden Salad Peach Cup Apple Sauce 29 Mozzarella Sticks(V) w/Mariana Dipping Sauce	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Banana Orange 30 Spaghetti with Meat (B) Sauce Fresh Garlic Bread	No School
aco Bar- Hard or Soft w/ toppings, Black Beans & rown Rice lilk Choices- % Milk at Free Milk at Free Chocolate Milk la Carte Milk \$.50 Iutritional Information can be found at <u>roww.Mineola.Schooldish.com</u> my Questions -Email Food Service Director (ate Ruivo at kruivo@mineola.K12.ny.us P)- contains pork. B)- contains beef. v)- Vegetarian	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple Orange	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange Banana 28 Chicken LoMein Green Beans Cucumber Salad Apple Sauce	Pizza Cruncher(V) Corn Garden Salad Peach Cup Apple Sauce 29 Mozzarella Sticks(V) w/Mariana Dipping Sauce Steamed Carrots	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Banana Orange 30 Spaghetti with Meat (B) Sauce Fresh Garlic Bread Steamed Broccoli	No School 31 Dutch Waffles Turkey Sausage Syrup Corn
aco Bar- Hard or Soft w/ toppings, Black Beans & rown Rice IIIIk Choices- % Milk at Free Milk at Free Chocolate Milk la Carte Milk \$.50 hutritional Information can be found at www.Mineola.Schooldish.com ny Questions -Email Food Service Director ate Ruivo at kruivo@mineola.K12.ny.us P) - contains pork. 3) - contains beef.	Cheesy Baked Pasta Fresh Garlic Bread Broccoli Chickpea Salad Apple Orange	General Tso's Chicken Brown Rice Green Beans Celery Sticks Orange Banana 28 Chicken LoMein Green Beans Cucumber Salad	Pizza Cruncher(V) Corn Garden Salad Peach Cup Apple Sauce 29 Mozzarella Sticks(V) w/Mariana Dipping Sauce	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Banana Orange 30 Spaghetti with Meat (B) Sauce Fresh Garlic Bread	No School 31 Dutch Waffles Turkey Sausage Syrup