

Mineola High School Breakfast

May 2024

Student Meal Price \$Free

Second Meal Price \$2.00

Adult Meal Price \$3.00 +tax

Daily Breakfast Offerings:

Egg & Cheese on WG Roll (V)
Ham (P) & Cheese on WG Bagel
WG French Toast Sticks (V)
WG Bagel (V) w/ Butter or Cream Cheese
WG Donut (V)

Freshly Baked WG Muffins(V)
WG Assorted Cereal Bowls (V) w/ 1 Cheese Sticks
GF Cheerios (V)

Hard Boiled Eggs(V)
Assorted Fresh Fruit

Apples,
Oranges,
Bananas

Ala Carte Fruit \$.50

Assorted 100% Fruit Juice

Apple,
Fruit Punch

Ala Carte Juice \$.50

All Meal Served with...

1% Milk
Fat Free Milk
Fat Free Chocolate Milk
Ala Carte Milk = \$.50

(P)- contains pork.

(B)- contains beef.

(V)- Vegetarian

(GF)- gluten Free

For nutrition information please visit

www.mineola.schooldish.com

For questions, please call

Kate Ruivo at 516-237-2696 or



All menus are subject to change.

This institution is an equal opportunity provider.

		1 Yogurt Parfait Bar (V) w/ Granola WG Graham Cracker Assorted Toppings Apple 100% Fruit Juice	2 WG Glazed (V) Donut Orange 100% Fruit Juice	3 Freshly Baked (V) WG Chocolate Chip Muffin Apple 100% Fruit Juice
6 Egg & Cheese(V) on WG Bun Banana & 100% Fruit Juice	7 Bagel Bar! Assorted Bagels Cream Cheese or Butter WG Bagel (V) Whole Apple & 100% Fruit Juice	8 Yogurt Parfait Bar (V) w/ Granola WG Graham Cracker Assorted Toppings Apple 100% Fruit Juice	9 WG Glazed Donut (V) Orange 100% Fruit Juice	10 Freshly Baked (V) WG Chocolate Chip Muffin Apple 100% Fruit Juice
13 Turkey Sausage, Egg, and Cheese Sandwich on WG Bagel Banana & 100% Fruit Juice	14 Bagel Bar! Assorted Bagels Cream Cheese or Butter WG Bagel (V) Whole Apple & 100% Fruit Juice	15 Yogurt Parfait Bar (V) w/ Granola WG Graham Cracker Assorted Toppings Apple 100% Fruit Juice	16 WG Glazed (V) Donut Orange 100% Fruit Juice	17 Freshly Baked (V) WG Chocolate Chip Muffin Orange & 100% Fruit Juice
20 Egg & Cheese(V) on WG Bun Banana & 100% Fruit Juice	21 Bagel Bar! Assorted Bagels Cream Cheese or Butter WG Bagel (V) Whole Apple & 100% Fruit Juice	22 Yogurt Parfait Bar (V) w/ Granola WG Graham Cracker Assorted Toppings Apple 100% Fruit Juice	23 WG Glazed (V) Donut Orange 100% Fruit Juice	24 No School
27 No School	28 Bagel Bar! Assorted Bagels Cream Cheese or Butter WG Bagel (V) Whole Apple & 100% Fruit Juice	29 Yogurt Parfait Bar (V) w/ Granola WG Graham Cracker Assorted Toppings Apple 100% Fruit Juice	30 WG Glazed (V) Donut Orange 100% Fruit Juice	31 Freshly Baked (V) WG Chocolate Chip Muffin Orange & 100% Fruit Juice