

Mineola Middle School Lunch

May 2024

Student Meal Price \$Free

Second Lunch \$2.25

Adult Meal Price \$5.50 +tax

Alternative Lunch Offerings:

Made to Order Deli Bar-

Sandwich/Salad
Ham(P), Turkey, Chicken
American, Swiss or Mozzarella Cheese
Assorted Veggie Toppings
Served in a Bowl with 2 Grains or as a

Sandwich on WG Bread

*Condiments & LF dressings available!

Hot off the Grill-

Spicy or Plain Chicken Patties all served on WG Bread

Pizza-

Cheese (V), Pepperoni(P) & Specialty Slices

Assorted Fresh Fruit-

Apples
Oranges
Bananas

Ala Carte Fruit or Juice \$.50

Assorted Veggies

Garden Salad
Baby Carrots
Sliced Cucumbers
Ala Carte Veggies - \$.50

Milk Choices-

1% Milk
Fat Free Milk
Fat Free Chocolate Milk
Ala Carte Milk - \$.50

(P)- contains pork.
(B)- contains beef.
(V)- Vegetarian
(GF)- gluten Free

		1	2	3
		Chicken Quesadilla or Cheese (V) Quesadilla Salsa Black Beans Corn Pear Peach Cup	General Tso's Chicken Brown Rice Steamed Carrots Cucumber Slices Banana Apple Sauce	Pizza Friday! Assorted Specialty Slices Cheese, Pepperoni, Buffalo Chicken. Green Beans Broccoli Garden Salad Apple

6	7	8	9	10
WG Fish Sticks French Fries Garden Salad Apple Orange	Mac & Cheese (V) Dinner Roll Steamed Broccoli Celery Sticks Apple Sauce Peach Cup	Turkey Twin Tacos Cheese & Salsa Kidney Beans Cucumber Slices Pear Peach Cup	Breaded Chicken Drumstick Brown Rice Corn Garden Salad Orange Banana	French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Celery Sticks Apple Pear

13	14	15	16	17
Hamburger (B) with or w/o American Cheese WG Bun Tater Tots Crunchy Carrots Apple Sauce Banana	Cheesy Bread Sticks (V) Marinara Sauce Broccoli Cucumbers Pear Peach Cup	Turkey Nachos WG Tortilla Chips Cheese Sauce & Salsa Black Beans Celery Sticks Apple Sauce Orange	Grilled Cheese (V) Corn Garden Salad Pear Orange	Pizza Friday! Assorted Specialty Slices Cheese, Pepperoni, Buffalo Chicken. Green Beans Cucumber Slices Apple Orange

20	21	22	23	24
Mozzarella Cheese Melt on WG Garlic Bread Marinara Dipping Sauce Broccoli Celery Sticks Applesauce Pear	Chicken Tenders Graham Crackers Green Beans Cucumber Slice Apple Orange	Pizza Cruncher (V) Steamed Carrots Celery Sticks Banana Pear Cup	Turkey Hot Dog On WG Bun Vegetarian Beans Garden Salad Applesauce Orange	No School

27	28	29	30	31
No School	Cheesy Pasta Bake (V) Dinner Roll Broccoli Crunchy Carrots Apple Orange	Chicken Quesadilla or Cheese (V) Quesadilla Salsa Kidney Beans Garden Salad Pear Peach Cup	Cheesy Bread Sticks (V) Marinara Sauce Steamed Carrots Cucumber Slices Orange Pear	French Toast Sticks Turkey Sausage Syrup Corn Celery Sticks Apple Pear



This institution is an equal opportunity provider.