

Mineola Elementary Lunch

May 2024

Student Meal Price \$Free

Second Meal Price \$2.25

Adult Meal Price \$5.50 +tax

Alternative Lunch Offerings:

Sandwiches- All Sandwich served on WG Bread

- Grilled Cheese Sandwich (V)
- Sunflower Butter & Jelly Sandwich (V)
- American Cheese Sandwich (V)
- Ham (P) & Cheese Sandwich
- Turkey & Cheese Sandwich

Prepared Salads- All salads served w/ WG roll.

Yogurt Parfait (V)-

Low-Fat Vanilla Yogurt with Granola & Fruit

WG Bagel (V)-

Whole Grain Bagel served w/ 2 Cheese Sticks (V)

Cream Cheese or Butter

Combo Pack-

Small cup of Low-Fat Vanilla Yogurt w/ WG Bagel (V) and 1 Cheese Stick

Daily Assorted Fresh Fruit & Vegetables

Apples, Oranges, or Bananas,
Baby Carrots, Cucumber Coins or
Side Garden Salad

Ala Carte Fruit & Veggies =\$.50

Milk-

1% Milk, Fat Free Milk or Fat Free Chocolate Milk

Ala Carte Milk = \$.50

Juice- 100% Fruit Juice, Apple or Fruit Punch

Ala Carte Juice =\$.50

Available ala carte snack choices

*Additional options and choices may vary within schools.

Freshly Baked WG Cookie \$0.50

Assorted Baked Chips \$1.00

Assorted Baked Doritos \$1.00

For nutrition information please visit

www.mineola.schoolish.com

For questions, please email

Kate Ruivo at kruivo@mineola.k12.ny.us or call

516-237-2696



All menus are subject to change.

This institution is an equal opportunity provider.

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	(P)- contains pork. (B)- contains beef. (V)- Vegetarian (GF)- Gluten Free		Chicken Quesadilla or Cheese Quesadilla (V) On WG Tortillas Black Beans Celery Sticks Apple Orange Wedges	Fish Sticks Sweet Potato Fries Corn Orange Apple Sauce	Pizza Day! Cheese (V) or Pepperoni (P) WG Pizza Steamed Carrots Garden Salad Banana Apple Sauce
6	Mozzarella Cheese Melt (V) on WG Garlic Bread Broccoli Celery Sticks Apple Sauce Orange Wedges	7	WG French Toast Sticks Turkey Sausage Syrup Green Beans Cucumber Slices Orange Wedges Banana	8	Spaghetti & Meatballs(B) W/ Marinara Dinner Roll Steamed Broccoli Garden Salad Apple Slices Peach Cup
				9	10
				WG Crispy Chicken Sandwich Corn Warm Chickpeas Banana Apple Sauce	Pizza Day! Cheese (V) or Pepperoni (P) WG Pizza Steamed Carrots Celery Sticks Apple Pear
13	Cheesy Bread Stick(V) Marinara Dipping Sauce Broccoli Celery Sticks Apple Slices Peach Cup	14	WG Dutch Waffles Turkey Sausage Syrup Green Beans Cucumber Slices Orange Wedge Apple	15	16
				Turkey Nachos Black Beans Garden Salad Pear Apple Sauce	Cheese or Plain Beef Burger WG bun French Fries Vegetarian Beans Apple Pear
					17
					Pizza Day! Cheese (V) or Pepperoni (P) WG Pizza Green Beans Celery Sticks Apple Orange Wedges
20	Mac & Cheese (V) Dinner Roll Steamed Carrots Cucumber Slices Banana Pear	21	WG Chicken Nuggets Dinner Roll Broccoli Celery Sticks Apple Banana	22	23
				Soft Pretzel (V) w/ Cheese Stick & Cheese Sauce Steamed Carrots Garden Salad Banana Peach Cup	Pizza Crunchers Corn Celery Sticks Peach Cup Banana
					24
					No school
27	No school	28	WG French Toast Sticks Turkey Sausage Syrup Sweet Potato Fries Cucumber Slices Orange Wedges Banana	29	30
				Turkey Nachos Black Beans Garden Salad Pear Apple Sauce	Mozzarella Sticks (V) Marinara Dipping sauce Steamed Broccoli Crunchy Carrots Apple Slices Peach Cup
					31
					Pizza Day! Cheese (V) or Pepperoni (P) WG Pizza Green Beans Corn Banana Apple Sauce