

ENGAGING STRATEGIES TO SUPPORT SEL

MORNING THEMES

- X **Memorable Monday**- What is your favorite school memory?
- X **Mindset Monday**- How can you keep a positive/ growth mindset?
- X **Motivating Monday**- Write a motivating message to yourself (one of your peers).
- X **Make a Friend Monday**- How can you make a new friend?
- X **Magnificent Monday**- How can you make today magnificent?
- X **Make a Change Monday**- What can you do to make a change in your school/ community?
- X **Make It Happen Monday**- What is something you are going to make happen today?

What's on your daily 3?

MORNING THEMES

Tuesday

- X **Terrific Tuesday-** Tell each person at your table (partner) why they are terrific?
- X **Tell Me Tuesday-** Tell us what makes you special/ unique? Your favorite food? etc
- X **Today I will Tuesday-** What is one thing you want to accomplish today?
- X **Together Tuesday-** Why is it important that we work together?
- X **Talk It Out Tuesday-** How can you "talk it out" when you have a problem?
- X **Teach Me Tuesday-** What is something you want to learn how to do?

MORNING THEMES

Would You Rather Wednesday

in school so far.

X Work Hard Wednesday- What does it mean to work hard?

X Wish For It Wednesday- If you had one wish, what would it be?

X Wonderful Wednesday- Tell a peer the two most wonderful things about them.

X Wonder Wednesday- What is something you are wondering about?

X One Thing Wednesday- What is one thing you wish your teacher knew about you?

MORNING THEMES

Thursday

- X **Thankful Thursday-** What is something you are thankful for?
- X **Think About It Thursday-** What do you think the world will be like when you grow up?
- X **Therapeutic Thursday-** When you are stressed or upset, what is an activity that helps calm you?
- X **Thoughtful Thursday-** I can be thoughtful by...
- X **Three Things Thursday-** What are your daily 3's?

What are 3 things you want to accomplish this year?

What are 3 topics you like to read about?

MORNING THEMES

Friday

- X **Fun Fact Friday-** What is one fun fact about you?
- X **Favorites Friday-** What is your favorite...
- X **Focused Friday-** Is it easy or challenging for you to stay focused? What distracts you?
- X **Five Star Friday-** What is your idea of a 5-star day?
- X **Feel Good Friday-** How can you make someone feel good about themselves?



STRATEGIES USED TO ANCHOR THINKING AND LEARNING THROUGHOUT THE DAY. THEY ARE A BALANCE OF INTERACTIVE AND REFLECTIVE EXPERIENCES.

QUICK ASSESSMENTS

X Signal it:

- Thumbs up: I understand and could teach the concept to a partner
- Thumbs sideways: I am getting there but cannot explain the concept to a partner.
- Thumbs down: I do not understand the concept yet.

Signals for Engagement

4th Grade Engaging signals

X Eager Professor-Eager student

- Eager professor is animated and excited to teach and the eager student is just as motivated to learn
- Eager professor reteaches concepts, vocabulary, etc.
- Eager student asks clarifying questions.

X Summarizing

- One minute partner summaries
- Weekly letter to family

X Picture it

- Process information visually, kinesthetically and semantically
- Effects of Drawing on Learning and Memory

FOSTER A GROWTH MINDSET

- X Normalize struggles and mistakes
- X Encourage engagement in challenges
- X Check for understanding regularly and adjust instruction
- X Provide strategies to overcome challenges
- X Praise perseverance
- X Ask students about their struggles and reinforce that is where the learning will be
- X Utilize the language
- X Provide clear examples of high quality work
- X Student Success Folders

INCORPORATING SEL COMPETENCIES

What skills are they working on during this lesson/ activity?

- X Relationship skills
- X Self-management
- X Self-awareness
- X Social awareness
- X Responsible decision making

Consider adding competencies to your learning intentions.

SEE, THINK, WONDER

SEL Focus: Relationship Skills and Self-Management

- X Show students an image or text
- X Ask them:
 - What do you see?
 - What do you think about the image?
 - What do you wonder?
- X Have them record their ideas on the chart
- X Students will then chose one of the columns to share with a partner
- X Debrief with the class

GIVE ONE, GET ONE, MOVE ON (GO, GO, MO)

SEL Focus: Relationship Skills, Self-Management, Self-Awareness and Social Awareness

Steps:

- 1. Ask students to write down 3-5 important ideas about the topic at hand on separate index cards**
- 2. Invite students to walk around the room until you say "Give one to a partner!"**
- 3. Students pair up and hand their partners one of their index cards while explaining what they wrote, so that each partner "gives one" and "gets one"**
- 4. Use an attention signal and ask them to "Move on!" And mingle again.**
- 5. Debrief: Invite students to share a new idea that was shared with them.**

TIME TO SHARE!

What keeps your students engaged?