

MERKEL INDEPENDENT SCHOOL DISTRICT

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Joseph O'Malley, Superintendent

Minutes for the Student Health Advisory Council (SHAC) Meeting on 4-20-2022

The Merkel ISD Student Health Advisory Council met on April 20, 2022, at 4:00 p.m. in the Merkel ISD Administration Conference Room.

The following members were present were:

Joseph O'Malley, Superintendent
Kelli Pedone, MHS, BSN, RN - District RN and SHAC Coordinator/Co-Chair
Coach William Kates, MISD Athletic Director
Nicki Salas, LVN MES
Carol Dunn, MES Health Aide

No parents were in attendance at this meeting.

Joseph O'Malley called the meeting to order at 4:08pm.

Members were given a copy of the minutes from the last meeting to review. Motion to approve minutes made by Brin Reed. Motion seconded by Coach Kates. All in favor.

Brin Reed gave SHAC members a copy of the updated wellness plan and a copy of the wellness policy assessment tool. Members reviewed the wellness plan and Brin discussed updates and changes that were made based upon input from stakeholders. SHAC members all agreed in the final draft of the wellness plan as written. SHAC members reviewed and discussed the Wellness Policy Assessment Tool and input was given by members to answer the assessment tool questions appropriately. The MISD (LOCAL) wellness policy was discussed and no changes needed.

Kelli Pedone gave an update on spring wellness activities. The Biggest Loser Contest ends April 29th. The members by campus are: elementary, 15; middle school 3; high school 4. Total of 22 in the contest, and this includes a few community members. The fitness classes are having anywhere from 10-13 staff members attend. Classes for this semester end May 25th. The StepBet Challenge ends May 1st. There are currently 16 of out 21 still in the game.

In other business, Nicki Salas informed the SHAC that Project Graduation is hosting a 5K Spring Fling on April 30th in conjunction with the First Baptist Church, who is hosting a fish fry. Kelli Pedone informed the SHAC that summer CPR classes will be offered for staff at the beginning of June and beginning of August.

Kelli Pedone will write up the yearly SHAC report for the school board and give to Mr. O'Malley.

Meeting adjourned at 5:00 p.m.