

MCPS MENTAL HEALTH PARENT REFERRAL FORM

Student Name _____ Grade _____ DOB _____

School _____ Referral Date _____

Parent/Guardian _____ Parent/Guardian Contact # _____

- Is this referral urgent? Yes No
Does your child have TennCare Insurance? Yes No
Are there any agencies currently working with your child? Yes No Unknown

If yes, list the name of the agency and phone number, if possible.

Specific Concerns (check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Anxious, worried, panic attacks | <input type="checkbox"/> Low self-esteem |
| <input type="checkbox"/> Argumentative and oppositional | <input type="checkbox"/> Obsessions/compulsions |
| <input type="checkbox"/> Bullying | <input type="checkbox"/> Overly shy, timid |
| <input type="checkbox"/> Confused thinking | <input type="checkbox"/> Poor anger management |
| <input type="checkbox"/> Family concerns/conflict | <input type="checkbox"/> Poor communication skills |
| <input type="checkbox"/> Family history of domestic violence | <input type="checkbox"/> Poor motivation |
| <input type="checkbox"/> Fighting/Aggression | <input type="checkbox"/> Poor social skills |
| <input type="checkbox"/> Frequent Suspensions | <input type="checkbox"/> Sad, tearful, depressed |
| <input type="checkbox"/> Health concerns | <input type="checkbox"/> Self-harm |
| <input type="checkbox"/> History of mental illness | <input type="checkbox"/> Sleep/appetite |
| <input type="checkbox"/> Hostile, defiant | <input type="checkbox"/> Subsistence needs |
| <input type="checkbox"/> Hyperactive, inattentive, impulsive | <input type="checkbox"/> Substance abuse |
| <input type="checkbox"/> Withdrawn, Isolated | <input type="checkbox"/> Sudden change in behavior/observable mood swings |
| <input type="checkbox"/> Involvement with Juvenile Justice | <input type="checkbox"/> Suicidal/homicidal thoughts, acts, statements |
| <input type="checkbox"/> Lack of emotional expression/empathy | <input type="checkbox"/> Tardiness, truancy |
| <input type="checkbox"/> Low academics | |
- Other concerns _____

****Please complete the referral and return to your child's school counselor****

School Counselor Use Only

REFERRAL ASSIGNED TO: School Counselor Centerstone Mental Health Cooperative
 Other (specify): _____

ASSIGNMENT DATE _____