

Marble Falls ISD
003 - COLT ELEMENTARY
Pre-K Lunch 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1 Mac & Cheese Peas Fresh Apple Low Fat Milk
Dec - 4 Chicken Burger Tater Tots Mixed Fruit Low Fat Milk Ketchup Cup Mustard pc 2ea Mayonnaise	Dec - 5 Cheese Nachos Refried Beans Mandarin Cups Low Fat Milk Picante Sauce	Dec - 6 Cheese Pizza Nardone Garden Fresh Blen Sidekicks Frozen Variety 100% Low Fat Milk	Dec - 7 Steak Fingers Mashed Potatoes Cream Gravy Peaches, Diced - Cup Low Fat Milk Ketchup Cup	Dec - 8 Fish Sticks Fresh Medley Cool Tropics Slush Low Fat Milk Ketchup Ranch Dressing Tartar Sauce
Dec - 11 Chicken Burger Tater Tots Mixed Fruit Low Fat Milk Ketchup Cup Mustard pc 2ea Mayonnaise	Dec - 12 Crispy Tacos Bush's Chili Beans 1/2c Mandarin Cups Low Fat Milk Picante Sauce	Dec - 13 Pepperoni Pizza Nardone Broccoli Pineapple Cups Low Fat Milk Ranch Dressing	Dec - 14 Chicken Chunks Dinner Roll Green Beans Mashed Potatoes Sidekicks Frozen Variety 100% Fat Free Chocolate Milk Low Fat Milk Ketchup Cup Mustard pc 2ea Mayonnaise	Dec - 15 Mac & Cheese Fresh Medley Cool Tropics Slush Low Fat Milk Ranch Dressing
Dec - 18 Chicken Burger Tater Tots Mixed Fruit Low Fat Milk Ketchup Cup Mustard pc 2ea Mayonnaise	Dec - 19 Cheese Enchiladas Refried Beans Mandarin Cups Low Fat Milk Picante Sauce	Dec - 20 Cheese Pizza Nardone Carrots Crinkle Pineapple Cups Christmas Cookie Low Fat Milk	Dec - 21 Cheeseburger Seasoned Curly Fries Peaches, Diced - Cup Low Fat Milk Ketchup Cup Mustard pc 2ea Mayonnaise	Dec - 22

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.