

Marble Falls ISD
002 - MARBLE FALLS MIDDLE SCHOOL
BREAKFAST 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1 Cinnamon Roll Variety Muffin w/ Yogurt Conchas Breakfast Snack Pack Orange Juice 4oz Carton Apple Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk
Dec - 4 Sausage Roll Variety Muffin w/ Yogurt Conchas Cereal Variety 2oz. Fresh Apple Orange Juice 4oz Carton Apple Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 5 Egg & Cheese Taco Empananda Apple Cinnamon Cereal Variety 2oz. Orange Juice 4oz Carton Apple Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Picante Sauce	Dec - 6 Sausage Biscuit Variety Muffin w/ Yogurt Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Orange Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 7 Brkfst. Sausage Pizza Empananda Apple Cinnamon Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk	Dec - 8 Whole Grain Glazed Donut Variety Muffin w/ Yogurt Conchas Breakfast Snack Pack Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk
Dec - 11 French Toast w/ Bacon Variety Muffin w/ Yogurt Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 12 Egg & Cheese Taco Empananda Apple Cinnamon Cereal Variety 2oz. Orange Juice 4oz Carton Apple Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Picante Sauce	Dec - 13 Sausage Biscuit Variety Muffin w/ Yogurt Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Orange Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 14 Brkfst. Sausage Pizza Empananda Apple Cinnamon Cereal Variety 2oz. Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk	Dec - 15 Cinnamon Roll Variety Muffin w/ Yogurt Conchas Breakfast Snack Pack Fresh Banana Orange Juice 4oz Carton Apple Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 18 Sausage Roll Variety Muffin w/ Yogurt Conchas Cereal Variety 2oz. Fresh Apple Orange Juice 4oz Carton Apple Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 19 Egg & Cheese Taco Empananda Apple Cinnamon Cereal Variety 2oz. Variety Fresh Fruit Orange Juice 4oz Carton Apple Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Picante Sauce	Dec - 20 Sausage Biscuit Variety Muffin w/ Yogurt Conchas Cereal Variety 2oz. Fresh Orange Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 21 Brkfst. Sausage Pizza Empananda Apple Cinnamon Cereal Variety 2oz. Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk	Dec - 22

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