

**Marble Falls ISD**  
**003 - COLT ELEMENTARY**  
**ALL ELEMENTARY BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1  Cinnamon Roll Conchas Breakfast Snack Pack Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk
Dec - 4  Sausage Roll Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 5  Empananda Apple Cinnamon Eggo Pancakes Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 6  Sausage Biscuit Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Orange Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 7  Brkfst. Sausage Pizza Mini Blueberry Waffles Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 8  Whole Grain Glazed Donut Conchas Breakfast Snack Pack Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk
Dec - 11  French Toast w/ Bacon Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 12  Egg & Cheese Taco Eggo Pancakes Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Picante Sauce Syrup	Dec - 13  Sausage Biscuit Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Orange Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 14  Brkfst. Sausage Pizza Mini Blueberry Waffles Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 15  Cinnamon Roll Conchas Breakfast Snack Pack Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk
Dec - 18  Sausage Roll Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 19  Empananda Apple Cinnamon Eggo Pancakes Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 20  Sausage Biscuit Conchas Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Orange Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 21  Brkfst. Sausage Pizza Mini Blueberry Waffles Cereal Variety 2oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 22

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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