

Counseling Resource List

Revised 9/2021

Angela Henry, MA - 3713 Lake View Drive, Cottonwood Shores, TX

Specializes in couples and adolescent counseling. Specific issue specialities are depression and anxiety.

Phone: 830-265-0197

Does not accept any Medicaid plans, Cigna, or Scott & White.

Bluebonnet Trails Community Services- 4606 Innovation Loop, Marble Falls, TX

Provides community services in relation to autism, behavioral health, crisis services, early childhood intervention, intellectual developmental disabilities (IDD), IDD supported employment, justice involved, peer supports, and substance use. They also serve as the local Mental Health Authority for Burnet County.

Phone: 1 (844) 309-6385

24 Hour Crisis Hotline: 1-800-841-1255

Web: <https://bbtrails.org/marble-falls/>

Sliding Scale appointment fees based on greatest ability to pay.

Carefully Counseling- 23120 State Hwy 71, Spicewood, TX

Counseling services specializing in psychotherapy for women, children, and families. In addition, Amber Wornor, M. Ed., LPC, is trained and experienced in play therapy and provides play therapy services, individual counseling, parenting support, group therapy, EMDR, and trauma focused CBT.

Phone: 512-994-0363

Web: carefullycounseling.com

Carefully Counseling does NOT accept insurance at this time, but will provide a bill for possible reimbursement for individual plans and offers reduced fee services.

Cari Foote and Associates Professional Counseling- 606 Avenue J, Marble Falls, TX

Dr. Stephen Belk, PsyD, Bill Stone, MA, LPC-S, and Amanda Jones, MA, LPC provide individual and family counseling on a variety of issues and specialize in psychological evaluations for children and adults, depression, anxiety, grief and loss, Bipolar disorder, addictions, trauma, violence, LGBTQ issues, military veterans, and at risk youth and their parents. They also have a board certified Psychiatric Nurse Practitioner available on Mondays for telehealth visits and they have a KIDZ SAFE Supervised Visitation Supervisor available as well.

Phone: 830-693-0530

Email: cfoote@professionalcounseling.us

Web: professionalcounseling.us

Offers contracted insurance rates and self pay rates. Self pay counseling rates are \$100. Drug and Alcohol evaluations are \$250.

Connie Jackson Counseling- 1410 Ranch Road 2900, Kingsland, TX

Private practice counseling office offering services based on successful data driven modalities. Specialties include but are not limited to anxiety, depression, peer relationships, emotional disturbance, family conflict, divorce, mood disorders, and self-esteem. Client focus are ages 6 and up.

Phone: 830-499-3744

Email: conniejackson2017@gmail.com

Accepts BCBS, Medicaid, SWHP, and several other insurances. Offers self-pay arrangements as well.

DivorceCare- First Baptist Marble Falls - 901 La Ventana Drive, Marble Falls, TX'

You are probably uncomfortable as you think about attending your first DivorceCare session. You may not like your life circumstances. You may also feel hurt or angry. Those feelings are normal. But after a few sessions, you will look forward to the helpful time and people who understand what you are going through. You will hear concepts that can help you heal from separation and divorce. We are sorry for the circumstances that bring you to DivorceCare. But we are glad we can be here to help. Meetings held on Wednesdays at 6pm.

Phone: 830-693-4381

Email: info@fbcmf.org

Web: <https://discoverfirst.com/ministries/healing-ministries/>

Free service

DivorceCare for Kids- First Baptist Marble Falls- 901 La Ventana Drive, Marble Falls, TX

Help your children heal from the pain of divorce. Are your children angry, hurt, and confused about your separation or divorce? A DivorceCare for Kids (DC4K) group is a safe, fun place where your children can learn skills that will help them heal. DC4K groups blend games, music, stories, videos and discussion to help kids process the divorce and move forward. Groups meet in tandem with DivorceCare (Wednesdays at 6pm) and are designed for children ages 5-12.

Phone: 830-693-4381

Email: info@fbcmf.org

Web: <https://discoverfirst.com/ministries/healing-ministries/>

Free service

Galyon Counseling Services- 116 US Hwy 281, Marble Falls, TX

Treats a number of mental health disorders and substance abuse. They provide a neutral ground to individuals, families, and couples and specialize in depression and anxiety, mental health diagnoses, caregiver stress, grief, relationships, and substance abuse. They specialize in working with veteran families and those impacted by cancer and their families.

Phone: 830-201-3028

Web: galyoncounselingservices.com

Offering both in person and telehealth visits

GriefShare - First Baptist Marble Falls - 901 La Ventana Drive, Marble Falls, TX

GriefShare is a place to learn how to walk the journey of grief and be supported along the way. It is a place for hurting people to find healing and hope. If you have lost a loved one, GriefShare is the place for you. Meetings held on Tuesdays at 6pm.

Phone: 830-693-4381

Email: info@fbcmf.org

Web: <https://discoverfirst.com/ministries/healing-ministries/>

Free service

Highland Lakes Family Crisis Center

HLFCC offers services, including counseling services, for survivors of family violence, dating violence, stalking and adult/child survivors of stranger and non-stranger sexual assault.

Phone: 830-693-5600 (24/7)

Safe Email: HLFCC@hlfcc.org

Web: hlfcc.org

Services provided free of charge

Bilingual services provided

Hill Country Children's Advocacy Center- 1001 North Hill Street, Burnet, TX

HCCAC offers services free of charge that includes crisis intervention, family support, and individual therapy for child victims, siblings, and non-offending caregivers of abuse. They use a holistic approach to treatment to assist in healing and restoring a child's sense of self.

Phone: 512-756-2607

Web: hccac.org

Services provided free of charge

K'Star Youth and Family Services - 1016 Broadway, Marble Falls, TX

Housed in the Community Resource Center, K'Star provides counseling services to youth and families with a goal to prevent runaways, truancy, abuse, and neglect. Specialty is in troubled youth counseling, family counseling, and parenting classes.

Phone: 830-896-7293

Web: kstar.org

Services provided free of charge

Marble Falls Family Counseling Services - 110 Avenue H, Suite 109, Marble Falls, TX

Counseling for families, children, adolescents, and adults. Specializes in: depression, anxiety, grief and bereavement, stress management, family conflict, child and adolescent behavioral problems, substance abuse, and anger management.

Phone: 830-596-3690

Web: <https://familycounselingservices.info/about>

New Horizons Coaching - 1203 Doe Run, Marble Falls, TX

Through many years of counseling and personal experience, Judy Barnette came to the realization that true health comes when a person is in balance emotionally, physically, and spiritually. From this realization came her vision for New Horizons Coaching.

Through emotional, nutritional and/or spiritual coaching, her goal is to help you make your life more productive and balanced.

Phone: 830-693-7426

Email: newhorizonsjudy@yahoo.com

Web: newhorizonscoachingtx.com

New Roads Psychological and Wellness Services - 1811-A US Hwy 281, Marble Falls, TX

Specializes in child, women's, and family counseling for a variety of concerns such as attachment, parent stress, trauma, mood disorders, adoption/foster care, ADHD, autism, IDD, child behavior concerns, and more. Also provides psychological evaluations and consultations.

Phone: 512-553-3846

Web: <https://www.newroadswellnesstexas.com/>

Accepts Medicare, traditional Medicaid, Superior Medicaid and Ambetter, BCBS, United Healthcare, Cigna, Amerigroup, and self-pay. Self Pay counseling is \$175-\$215 per hour.

Peaceful Living Counseling and Wellness- 119 Avenue G, Marble Falls, TX 78654

Specializes in individual and group counseling.

Phone: 830-953-1290

Email: peacefullifecounseling@gmail.com

The Phoenix Center- 119 Avenue G, Marble Falls, TX

Phoenix Center provides counseling services for children ages 2 - 18, who have experienced trauma and/or other emotional and behavioral concerns. Phoenix Center therapists have advanced, specialized training in counseling methods for children and families, and are specialized in the treatment of trauma, as well as other mental health disorders and concerns.

Phone: 830-637-7848

Email: info@phoenixtx.org

Web: <http://www.phoenixtx.org/counseling>

Rita Pickering, Inc. (Rita Pickering & Brenda Sykes- 704 B 5th Street, Marble Falls, TX

Counseling services for children ages 10 and up, as well as adults, specializing in marriage and family therapy. Multiple providers available.

Phone: 325-642-1157 or 325-956-9650

Spirit of Serene Healing Counseling, LLC - 118 Main Street, Marble Falls, TX

Licensed counseling for individuals, families, and couples, including Christian counseling for all ages 7 and up.

Phone: 830-265-4540

Email: serenehealingcounseling@gmail.com

Whitestone Counseling, Inc. - 704 5th Street, Marble Falls, TX

Whitestone, Inc. is a behavioral health/mental health counseling and clinical services group in Marble Falls that provides direct therapeutic and clinical counseling services, as well as court ordered services, mental health consultation for legal proceedings, training, and public speaking.

Phone: 830-798-8589

Email: rhenley@nctv.com