

Marble Falls ISD

School Health Advisory Committee (SHAC)

March 23, 2022

4:30 - 6:30

MFISD Community Room

Today's Agenda

4:30

- Public Comment regarding Human Sexuality Materials
- Public Comment - General
- Break - food
- Overview and Recommendation of Health Materials/Human Sexuality Materials for Grades 6-8.
- Overview and Recommendation of Health Materials/Human Sexuality Materials for Grades K-5
- Discussion/Feedback activity
- SHAC Recommendation of Health Materials/Human Sexuality Materials for Grades K-8
- Election of New Co-Chair
- COVID-19 Update
- Upcoming Meetings Dates/Tasks
- Adjourn - 6:30PM

Public Comment Information



Public Comment Regarding Human Sexuality Materials



Public Comment - General



Break



**Common Understandings
Before
Introduction to Overviews/Process**



We must teach the TEKS

PE TEKS
(ALL)

Health TEKS (ALL)

- Physical health and hygiene
- Mental health and wellness
- Healthy eating and physical activity
- Injury and violence prevention and safety
- Alcohol, tobacco, and other drugs

Health TEKS (OPT-IN)

- Reproductive and sexual health

Overview of Recommendation of Health Materials/Human Sexuality Materials Reviewed for Grades 6-8



Process

- Teachers each reviewed 2 of 5 curriculums.
- Teachers narrowed to 3
 - BSW Living Well Aware
 - McGraw Hill
 - Good Heart Wilcox
- Publisher representatives presented curriculum materials to teacher group
- Teachers discussed and voted

Required to Teach - New (Opt-In)

4th grade

(20) Reproductive & Sexual Health - anatomy, puberty & reproduction. The student identifies adolescent development. The student is expected to:

- A. Explain changes that occur in males and females during puberty and adolescent development
- B. Define the menstrual cycle

Required to Teach - New (Opt-In)

5th grade

(20) Reproductive & Sexual Health - healthy relationships. The student understands the characteristics of healthy romantic relationships. The student is expected to:

- A. Identify characteristics of healthy dating/romantic relationships and marriage, including sharing, kindness, honesty, respect, trust, patience, communication & compatibility.

(21) Reproductive & Sexual Health - personal safety, limits, & boundaries. The student understands how to set & respect personal boundaries to reduce the risk of sexual abuse and harassment. The student is expected to:

- A. Define sexual harassment, sexual abuse, sexual assault, and sex trafficking
- B. Identify ways of reporting suspected sexual abuse involving self or others such as telling a parent or another trusted adult
- C. Identify refusal skills such as saying “no” to any unwanted touch that violates personal boundaries in relationships
- D. Discuss and explain the importance of making decisions regarding setting personal boundaries of others

(22) Reproductive & Sexual Health - anatomy, puberty, reproduction & pregnancy. The student identifies the processes of adolescent development, fertilization & healthy fetal development. The student is expected to:

- A. Explain the physical, social & emotional changes that occur in males and females during puberty and adolescent development
- B. Describe the process of the menstrual cycle
- C. Identify and describe the role of hormones in the growth & development of secondary sex characteristic such as body hair growth and voice changes in males
- D. Define the processes of fertilization & reproduction
- E. Identify significant milestones of fetal development

Required to Teach - New (Opt-In)

6th grade

(20) Reproductive & Sexual Health - healthy relationships

(21) Reproductive & Sexual Health - personal safety, limits & boundaries

(22) Reproductive & Sexual Health - anatomy, puberty, reproduction & pregnancy

(23) Reproductive & Sexual Health - sexual risk

- Describe the cellular process of fertilization in human reproduction
- Explain the significant milestones of fetal development
- STDs/STIs
- Teen pregnancy is an outcome of sexual activity
- Laws regarding victims of sexual harassment, sexual abuse & sexual assault

Required to Teach - New (Opt-In)

7th/8th grade

(20) Reproductive & Sexual Health - healthy relationships

(21) Reproductive & Sexual Health - personal safety, limits & boundaries

(22) Reproductive & Sexual Health - anatomy, puberty, reproduction & pregnancy

(23) Reproductive & Sexual Health - sexual risk

- Adds HPV to list of STDs/STIs, explains the importance of screening, testing, vaccines and early treatment
- Explains differences between bacterial & viral STDs/STIs & long-term/lifetime effects
- Defines the legal implications of teen pregnancy, sexual assault, abuse & harassment
- Still emphasizes abstinence but adds other contraceptive methods
- Refusal skills

McGraw Hill

What do we like?

- Digital & Interactive
- Resources available in Spanish
- Available to upload in Classlink
- Test generator
- Enrichment lessons
- Text to Speech / **Speech recording for oral answers**
- **App for cell phone** (anything completed in read-only app automatically uploads in Google Classroom)
- Click of a button to add to Google Classroom (teacher side)
- Embedded PD videos for teachers/Onboarding PD included

Modules for McGraw Hill - Teen Health

- Social Health
- Dating Relationships & Abstinence
- Bullying & Cyberbullying
- Emotional Health
- Mental & Emotional Disorders
- Conflict Resolution
- Violence Prevention
- Nutrition
- Physical Activity
- The Life Cycle
- Personal Health Care
- Your Body Systems
- Tobacco
- Alcohol
- Drugs
- Using Medicine Wisely
- Communicable Diseases
- Non-Communicable Diseases
- Safety
- Green Schools & Environmental Health

Modules for McGraw Hill - Healthy Relationships & Sexuality

- The Teen Years
 - Changes During the Teen Years
 - Your Changing Body
 - Developing Your Personal Identity
- The Reproductive System
 - The Female Reproductive System
 - The Male Reproductive System
- **Sexual Feelings & Relationships**
 - *Responsible Relationships*
 - *Diversity in Relationships*
 - Marriage & Parenthood
 - Pregnancy & Childbirth
 - STDs, HIV/AIDS

Goodheart-Wilcox

What do we like?

- Digital & Interactive
- Resources available in Spanish
- Available to upload in Classlink and will work with Google Classroom
- Test generator
- Enrichment lessons
- **Alternate Lessons for “Opt-Out” students**
- Text to Speech - differentiated Reading Guide
- Embedded PD videos for teachers/onboarding PD included
- **The only materials approved by the SBOE**

Chapters for Goodheart-Wilcox: TX Health Skills for Middle School

- Understanding Your Health & Wellness
- Knowing How Your Body Works
- Developing Good Personal Hygiene
- Getting the Sleep You Need
- Understanding Mental & Emotional Health
- Understanding Mental Illness
- Nutrition
- Physical Activity
- Tobacco & Vaping
- Alcohol
- Medications & Drugs
- Understanding & Preventing Diseases
- Promoting Safety & Preventing Injuries
- Protecting Environmental Health
- Promoting Healthy Relationships
- Human Development

Goodheart-Wilcox: TX Health Skills for Middle School *Companion Text*

[Link to website](#)

Username: texas22health

Password: 2022!health@texas



In Final Development Now: Companion for Texas Health Skills for Middle School



Chapter 17: Puberty

- Beginning of Life
- Adolescence and Puberty
- Sexual Feelings and Behavior
- Dating Relationship

Chapter 18 Preventing and Responding to Violence

- Abuse and Neglect
- Other Types of Violence
- Unwanted Sexual Activity

Chapter 19: Making Responsible Sexual Decisions

- Pregnancy Prevention
- Teen Pregnancy and Parenthood

Chapter 20 Sexually Transmitted Infections and HIV/AIDS

- Sexually Transmitted Infections (STIs)
- HIV/AIDS

All content related to
HB1525 and SB9



Overview of Recommendation of Health Materials/Human Sexuality Materials Reviewed for Grades K-5



Quaver

<http://quavered.com/txhealthreviewers>

Username: MarbleFallsHealth

Password: review2022

Quaver

What do we like?

- Covers 100% of PE and Health TEKS as well as all material related to **HB1525 and SB9**
- Digital & Interactive
- Student and parent resources available in Spanish
- Available to upload in Classlink
- Embedded PD videos for teachers/Onboarding PD included
- Can be customized for the district and we can add our own resources
- SEL embedded
- Uses songs and music as well as movement to engage students
- Integrates Health and PE TEKS
- Includes Adaptive PE customization

Quaver Modules

Health

- General Health
- Social Behavior
- Responsible Decision Making
- Healthy Practices and Hygiene
- Mental Health and Wellness
- Healthy Eating and Nutrition
- Disease and Illness Prevention
- Safety and Accident Prevention

PE

- PE 101
- Foot Dribble/Pass
- Kick
- Catch
- Throw
- Hand Dribble/Pass
- Volley
- Jump and Balance/Spins and Rolls
- Jump Rope
- Strike with Manipulative
- Track and Field
- Beyond the Gym

Quaver Modules - Reproductive Health (Opt in Required)

- Abuse and Neglect 4&5th
- Body Systems 4&5th
- Puberty 4&5th
- Reproduction 5th

Coordinated School Health



Coordinated School Health

What is a Coordinated School Health Program?

- Physical health education
- Mental health education
- Substance abuse education
- Physical education and physical activity
- Parental involvement
- Districts must choose a TEA approved program to satisfy the Coordinated School Health Mandate (TEC 38.014)

CATCH

https://letsgo.catch.org/users/sign_in

username: mfields@mfisd.txed.net

password: Mustang1!

CATCH

What do we like?


- Digital & Interactive
- Resources available in Spanish
- Embedded PD videos for teachers/onboarding PD included
- Approved by TEA and complies with the Coordinated School Health (CSH) mandate
- Meets 100% of the updated 2022 Health and Physical Education TEKS for grades K-8 (excludes Reproductive Health)

CATCH PE/Health and Coordinated School Health

CATCH® Coverage for Proc '22 & CSH

Proclamation 2022	<i>Health Ed TEKS</i>	K-5	✓
		6-8	✓
		9-12	
	Reproductive Health		
	<i>P.E. TEKS</i>	K-5	✓
		6-8	✓
9-12			
Coordinated School Health Mandate	Campus Coordination	✓	
	Parental Involvement	✓	
	CSH Training	✓	

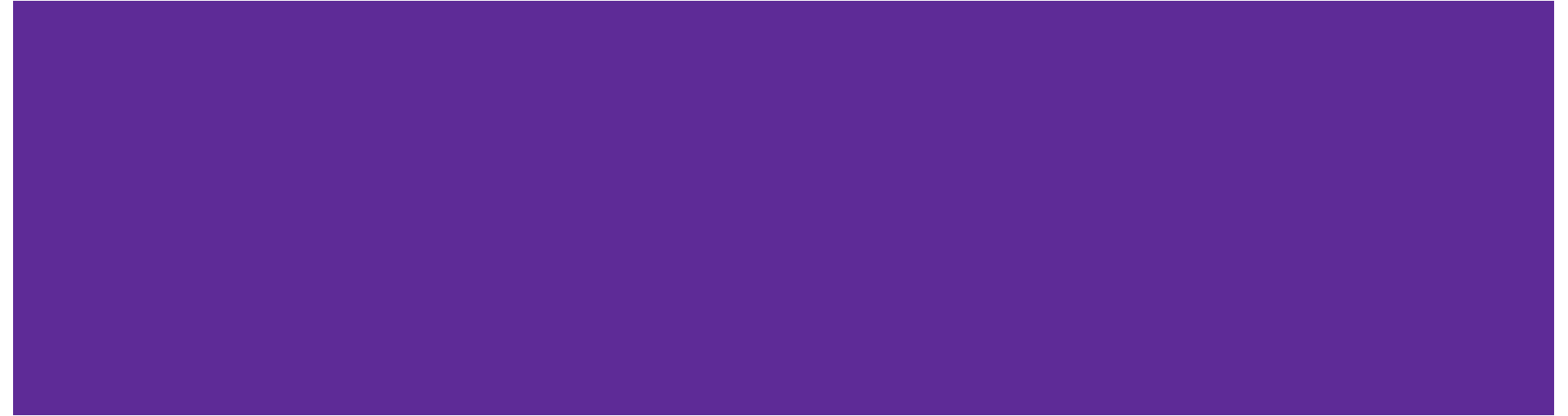
CATCH Strands

 = 100% c

Health Strands	Elem	
Physical Health & Hygiene		
Healthy Eating and Physical Activity		
Mental Health & Wellness		
Alcohol, Tobacco, & Other Drugs		
Injury & Violence Prevention and Safety		
P.E. Strands		
Movement Patterns & Movement Skills		
Performance Strategies		
Health, Physical Activity, & Fitness		
Social & Emotional Health		
Lifetime Wellness		

Not included: Reproductive Health

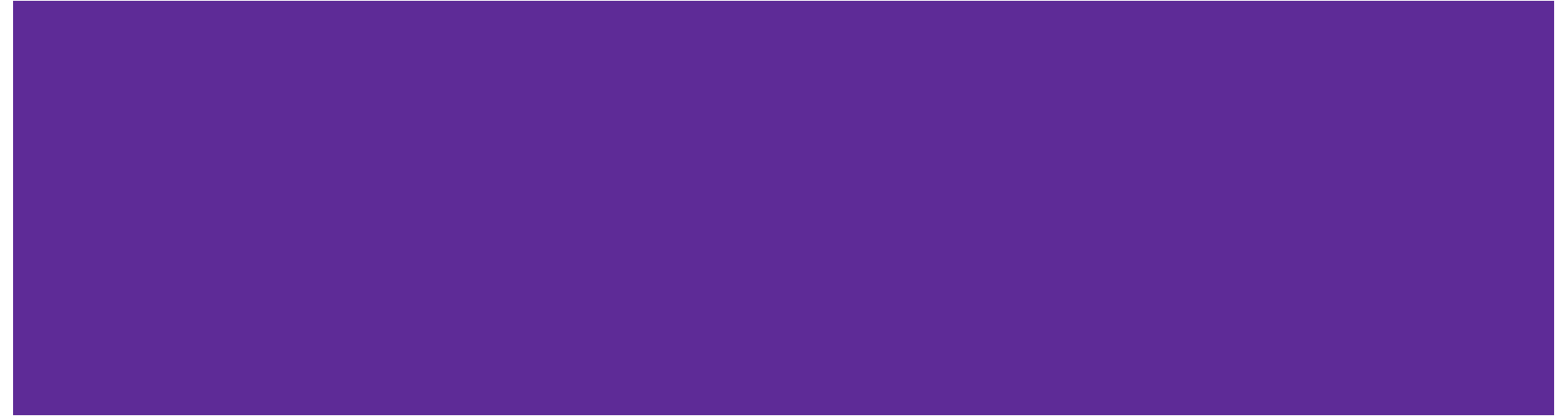
Discussion/Feedback



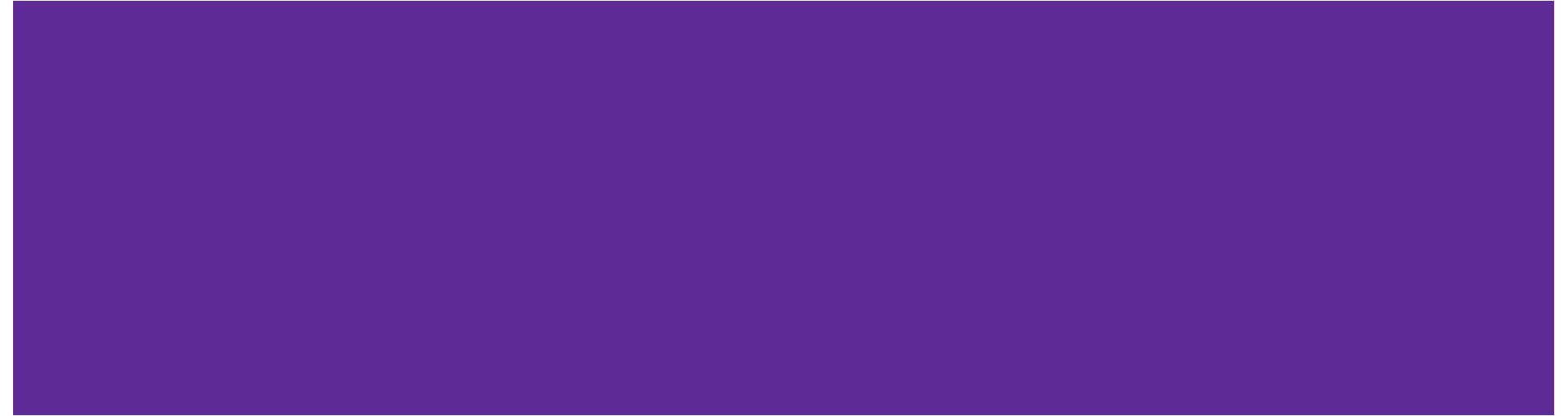
**SHAC Recommendation of Health
Materials/Human Sexuality Materials
for grades K-8**



Election of New C-Chair



COVID-19 Update



Future Meeting Dates

April 13, 2022

May 4, 2022

Adjourn

