

# School Health Advisory Council (SHAC)

PE & Health/Human Sexuality Materials Update

March 21, 2022

## What is the School Health Advisory Council?

A School Health Advisory Council (SHAC) is a group appointed by the school district to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. The majority of members must be parents who are not employed by the district. Texas law ([Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004](#)) requires the establishment of a SHAC for every school district. SHACs are required to meet at least four times each year.

## **What is the School Health Advisory Council?**

SHACs assist the districts in ensuring that local community values are reflected in health education instruction.

Additionally, SHACs play an important role in strengthening the connection between health and learning. They can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

## **Why do we need a School Health Advisory Council?**

- It's Texas law
- Healthy children learn better
- Schools play an important role in teaching healthy habits
- Healthy homes and healthy schools support healthy children

Health and education affect individuals, society, and the economy and, as such, must work together whenever possible. Schools are a perfect setting for this collaboration.

## **What does the School Health Advisory Council Do?**

The purpose of the SHAC is to assist the District in ensuring that local community values are reflected in the District's coordinated school health related policies, procedures, strategies, and curriculum. SHACs play an important role in communicating the connection between health and learning to school administrators, parents, and community stakeholders.

## **What does the School Health Advisory Council Do?**

The SHAC makes recommendations to the Board of Trustees on topics such as:

- Health Education
- Health and Safe School Environment
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services

# Why are we here?

## **New Health Education TEKS**

The State Board of Education gave final approval on November 20, 2020, to the new health education TEKS. The new health education TEKS will be effective on August 1, 2022, and will be implemented in classrooms beginning with the 2022–2023 school year.

# How Do We Adopt New Instructional Materials?

**When new TEKS are adopted, normally the state informs districts of approved lists of materials.**

- The Curriculum & Instruction (C&I) department forms a committee of teachers to review materials and decide which materials we want to adopt at the district level.
- During the time we are adopting materials, the links to the digital samples of materials provided by TEA are on the C&I website with a link to a form where a parent could provide input.
- The MFISD Board approves materials and certifies that they are TEKS compliant.

# **New Legal Processes for Review of Instructional Resources Regarding Human Sexuality Education**



## **EHAA LOCAL**

- The board is required to have a board policy to adopt human sexuality curriculum materials.
- The board must adopt a resolution for SHAC to review human sexuality curriculum materials & hold 2 public meetings.
- The SHAC will review materials and present recommendations for human sexuality curriculum to the Board that comply with the instructional content requirements in the law (new Health & PE TEKS for 2022-23).
- The board will vote on the materials at a public meeting.

## EHAA LEGAL

- The new parental consent is an “**Opt-In**” form.
- The ISD must post the proposed and adopted materials with an option for parents to purchase the copyrighted materials from the publisher.

## Timeline

**SHAC Meetings**  
**Teacher Review**  
**Committee Meetings**

---

## Marble Falls I.S.D. School Health Advisory Council Meeting

4:30 p.m. – 5:30 p.m., Wed., October 20, 2021

Meeting Location: Marble Falls I.S.D. Central Office, Community Room

Time	Agenda Item	Presenter
4:30 p.m.	Call to Order	Yarda Leflet/Amber Clark
5 min	Introductions of Members	Yarda Leflet/Amber Clark
10 min	Presentation: Overview of SHAC Requirements	Yarda Leflet
5 min	Discussion & Voting of Positions	Heather Metzgar
5 min	Discussion: Recruitment of Members	Heather Metzgar
20 min	Presentation & Activity: Coordinated School Health	Yarda Leflet
10 min	Presentation: COVID-19 Update	Yarda Leflet
5:30 p.m.	Adjourn	

## Marble Falls I.S.D. School Health Advisory Council Meeting

4:30 p.m. – 5:30 p.m., Wed., November 17, 2021

Meeting Location: Marble Falls I.S.D. Central Office, Community Room

Time	Agenda Item	Presenter
4:30 p.m.	Call to Order	Amber Clark
5 min	Introductions of New Members	Amber Clark
5 min	Review of Previous Meeting	Yarda Leflet
10 min	Review/Adoption of Bylaws	Amber Clark
10 min	Debrief on Prioritized Areas and Legal Focus Areas for Year	Yarda Leflet
10 min	Review Legal Process for Review of Health & Wellness Curriculum to include Sex Education	Heather Metzgar
5 min	Explanation of Required Curriculum – TEKS	Yarda Leflet
10 min	Begin Study of New Health TEKS	Heather Metzgar
5 min	Presentation: COVID-19 Update	Yarda Leflet
5:30 p.m.	Adjourn	



### Marble Falls I.S.D. School Health Advisory Council Meeting

4:30 p.m. – 6:00 p.m., Wed., December 15, 2021

Meeting Location: Marble Falls I.S.D. Central Office, Community Room

Time	Agenda Item	Presenter
4:30 p.m.	Call to Order	Amber Clark
20 min	Review/Adoption of Bylaws	Amber Clark
30 min	Study/Discussion of New Health TEKS	Heather Metzgar/Yarda Leflet
30 min	Presentation of Current Materials <ul style="list-style-type: none"> <li>• Health TEKS K-5</li> <li>• Health TEKS 6-8</li> <li>• Human Sexuality 6-8</li> <li>• Development Discussion Grade 5</li> </ul>	Heather Metzgar/Yarda Leflet Guest Speakers
5 min	COVID Update/Future Meeting Dates/Homework	Yarda Leflet
6:00 p.m.	Adjourn	Amber Clark

### Marble Falls I.S.D. School Health Advisory Council Meeting

4:30 p.m. – 7:00 p.m., Wed., February 23, 2022

Meeting Location: Marble Falls I.S.D. Central Office, Community Room

Time	Agenda Item	Presenter
4:30 p.m.	Call to Order	Amber Clark
15 min	Public Comments Regarding Human Sexuality Materials	Amber Clark
15 min	Public Comment – General	Amber Clark
15 min	Election of new Co-Chair	Amber Clark
10 min	Break – food	
45 min	Overview of Human Sexuality Materials Currently Being Reviewed for grades 6-8	Heather Metzgar
15 min	Overview of Health Materials Currently Being Reviewed for grades K-5	Yarda Leflet
20 min	Discussion/Feedback Activity	Heather Metzgar/Yarda Leflet
5 min	Presentation: COVID-19 Update	Yarda Leflet
5 min	Upcoming Meeting Dates/Tasks	Yarda Leflet
7:00 p.m.	Adjourn	Amber Clark/New Co-Chair

# Secondary Overview at SHAC Meeting

Chart with Critical  
Components  
Overview of Material

## McGraw Hill

Spanish supports	Yes
Grade Levels	6,7,8
All TEKS/Supplement	All TEKS
Print/Digital/Both	Both
Interactive digital component for students	Yes
Teacher Training	Yes
Parent/Family Resources	Yes

## McGraw Hill

(teacher edition & online)

[Click](#)

[HERE: Glencoe High School Health Review Link](#)

Password - Health2022

### Teen Health © 2021

#### Table of Contents

<b>Module 0</b>	Your Health and Wellness	<b>Module 14</b>	Alcohol
<b>Module 1</b>	Social Health	<b>Module 15</b>	Drugs
<b>Module 2</b>	Dating Relationships and Abstinence	<b>Module 16</b>	Using Medicines Wisely
<b>Module 3</b>	Bullying and Cyberbullying	<b>Module 17</b>	Communicable Diseases
<b>Module 4</b>	Emotional Health	<b>Module 18</b>	Noncommunicable Diseases
<b>Module 5</b>	Mental and Emotional Disorders	<b>Module 19</b>	Safety
<b>Module 6</b>	Conflict Resolution	<b>Module 20</b>	Green Schools and Environmental Health
<b>Module 7</b>	Violence Prevention		
<b>Module 8</b>	Nutrition		
<b>Module 9</b>	Physical Activity		
<b>Module 10</b>	The Life Cycle		
<b>Module 11</b>	Personal Health Care		
<b>Module 12</b>	The Body Systems		
<b>Module 13</b>	Tobacco		

#### Healthy Relationships and Sexuality

(Optional Supplemental Modules)

<b>Module 0</b>	Your Health and Wellness
<b>Module 1</b>	The Teen Years
<b>Module 2</b>	The Reproductive System
<b>Module 3</b>	Sexual Feelings and Relationships

# Elementary Overview at SHAC Meeting

**K-5 PE TEKS**

**K-5 Health TEKS**

**Human Sexuality  
TEKS**

**Impact on Coordinated  
School Health Program**

## Elementary PE/Health

Quaver Ed, K-5

<https://www.quavered.com/txhealthpe/>

CATCH

Coordinated Approach  
to Child Health

<https://letsgo.catch.org/bundles/25974>

## Instructional Materials Page

<https://www.marblefallsisd.org/Page/10923>

## **Elementary Health - Growth & Development “Talks” May 2022, 5th Grade Opt-In**

**Always Changing and Growing Up**

<https://always.com/en-us/puberty-education-programs-for-teachers-students-and-parents>

Booklets

Materials - Deodorant

## **Future SHAC Meetings**

### **March 23, 2022 - SHAC Meeting and Open Hearing**

- Secondary Teacher Review Committee will make recommendation to SHAC
- Elementary Teacher Review Committee will make recommendation to SHAC

### **April 13, 2022 - SHAC Meeting and Open Hearing**

SHAC and Teacher Review Committee will finalize recommendations to take to Board of Trustees on April 19, 2022.

### **May 4, 2022 - SHAC Meeting**

Final SHAC Meeting of the 2021-2022 school year