

**MARBLE FALLS ISD**

**SCHOOL HEALTH ADVISORY COUNCIL  
(SHAC)**

October 20, 2021

4:30pm – 5:30 p.m.

Marble Falls ISD, Community Room



# TODAY'S AGENDA

- Call to Order
- Introduction of Members
- Presentation: Overview of SHAC Requirements
- Discussion and Voting of Positions
- Discussion: Recruitment of Members
- Presentation & Activity: Coordinated School Health
- Presentation: COVID-19 Update
- Adjourn

Next Meeting: November 17, 2021



# INTRODUCTIONS



# COMMITTEES

- Physical Activity and Fitness
- Health & Nutrition
- Human Growth & Development
- Social/Emotional & Counseling Services
- Drug/Alcohol/Tobacco



# SHAC IN ACTION

<https://itstimetexas.org/shac/>



# OVERVIEW OF SHAC REQUIREMENTS

Please study Board Policies in your folder for the next meeting.



# REQUIREMENTS

- Meet at least four times a year
- Physical activity and fitness planning committee
- Annual report to Board of Trustees
- Required membership
- Posting agendas 72 hours in advance of meeting
- Audio and /or video recording of meetings



# REQUIREMENTS

- Post minutes/recordings within specified time frame
- Open meetings
- Allow public comment
- Public forums on certain topics
- Responsibilities outlined in policy
  - BDF
  - EHAA
  - FFA





# REQUIRED POSITIONS



# POSITIONS

- **Co-Chairs**
  - Amber Clark
  - Yarda Leflet
  - Heather Metzgar
- **Secretary**
  - TBD



# MEMBERSHIP



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- Required - majority of council needs to be parents who are not employees of the District
- Terms: 2 years
- Live within MFISD community, work for MFISD, or have children that attend MFISD.
- Strong commitment to the health and well-being of children and a strong desire to attend and participate in meetings.
- Membership should reflect the geographic, ethnic, gender and economic diversity of the District.
- Expected to follow conflict of interest rule DBD (Local)



# MEMBERSHIP

**Recommended to have representatives from each group:**

Classroom teachers	YES	Health, Sci, PE
School counselors	YES	Elem, MS, HS, SEL
Students	AS NEEDED?	
Health-care professionals licensed or certified to practice in Texas, including mental health professionals	YES	2 Doctors 2 school nurses Additional
Business community	YES	1, possibly 2
Law enforcement	YES	1 Officer, possibly 2
Senior citizens	?	
Clergy	YES	2
Nonprofit health organizations	YES	2
Local domestic violence programs	YES	2



# RECRUITMENT OF PARENTS

Ideas? Particularly fathers of MFISD students



# COORDINATED SCHOOL HEALTH



**HEALTH AND EDUCATION AFFECT INDIVIDUALS,  
SOCIETY, AND THE ECONOMY AND, AS SUCH,  
MUST WORK TOGETHER WHENEVER POSSIBLE.  
SCHOOLS ARE A PERFECT SETTING FOR THIS  
COLLABORATION.**





# **COORDINATED SCHOOL HEALTH PROGRAM**

- **HEALTH EDUCATION**
- **HEALTHY AND SAFE SCHOOL ENVIRONMENT**
- **COUNSELING AND MENTAL HEALTH SERVICES**
- **PARENT AND COMMUNITY INVOLVEMENT**
- **STAFF WELLNESS PROMOTION**
- **HEALTH SERVICES**
- **PHYSICAL EDUCATION**
- **NUTRITION SERVICES**



# MFISD CSH APPROVED PROGRAM: CATCH

- **After 30 years of continuous research and dissemination efforts, more than 15,000 educational sites now utilize one or more of CATCH's evidence-based Whole Child wellness programs, reaching 3 million+ PreK-12 students annually.**
- CATCH offers programs and training for: Nutrition Education; Physical Activity & Physical Education; Vaping Prevention (CATCH My Breath); integration with Social Emotional Learning (SEL) and mental health programs; and Whole Child wellness policy, systems, and environment (PSE).
- Our Whole Child wellness programs are backed by [over 120 peer-reviewed scientific articles](#), giving CATCH the most scientific evidence of effectiveness. Read on to learn about the Whole Child approach and how an investment in student wellness is an investment in academic success.

<https://catch.org/what-we-do/whole-child-wellness/>



# Whole School, Whole Community, Whole Child (WSCC) Model



The WSCC model focuses its attention on the child, emphasizes a school-wide approach, and acknowledges learning, health, and the school as being a part and reflection of the local community.



# COVID-19 UPDATE



# COVID-19 UPDATE

- 394 cases that have been on campus since first day of school
- No doctor note for student return to school
- Extracurricular positives student must have doctor note to participate
- Require doctor clearance for positive employees to return to work
- COVID Testing
  - We participate in state testing program and receive an allotment for year for testing
  - Centralized testing at MFISD central office – old transportation building
    - 8:30 a.m. - 10:30 a.m.
  - School nurses only test if sending a student home and parent would like tested
- COVID Reporting
  - We report to TEA/DSHS weekly cases
- Student Health Services Support - LVN



# NEXT TASKS

- Review bylaws
- Review Wellness Policy
- Data points to study



# FUTURE MEETING DATES

- November 17, 2021
- December 15, 2021
- February 23, 2022
- March 23, 2022
- April 20, 2022

Subcommittees will meet additional dates and report back to main SHAC during regularly scheduled meetings.



**ADJOURN**

