

**When the meeting starts.....**

**RECORDING  
IN PROGRESS**



**MARBLE FALLS ISD**

**SCHOOL HEALTH ADVISORY COUNCIL  
(SHAC)**

September 28, 2022

4:30pm – 5:30 p.m.

Marble Falls ISD, Community Room



# TODAY'S AGENDA

- Call to Order
- Introduction of Members
- Presentation: Overview of SHAC Requirements
- Discussion: Recruitment of Members
- Discussion: Review of Bylaws
- Presentation: Fentanyl Video & Debrief
- Presentation: SHAC Board Resolution relating to the prevention of child abuse, family violence, dating violence, & sex trafficking. In addition, other requirements listed in EHAA (LEGAL).
- Adjourn



# INTRODUCTIONS



# OVERVIEW OF SHAC REQUIREMENTS



# REQUIREMENTS

- Meet at least four times a year
- Physical activity and fitness planning committee
- Annual report to Board of Trustees
- Required membership
- Posting agendas 72 hours in advance of meeting
- Audio and /or video recording of meetings



# REQUIREMENTS

- Post minutes/recordings within specified time frame
- Open meetings
- Allow public comment
- Public forums on certain topics
- Responsibilities outlined in policy
  - [BDF \(LEGAL\)](#)
  - [EHAA \(LEGAL\)](#)
  - [EHAA \(LOCAL\)](#)
  - [FFA \(LEGAL\)](#)
  - [FFA \(LOCAL\)](#)



# COMMITTEES

- Physical Activity and Fitness
- Health & Nutrition
- Human Growth & Development
- Social/Emotional & Counseling Services
- Drug/Alcohol/Tobacco





# COORDINATED SCHOOL HEALTH



**HEALTH AND EDUCATION AFFECT INDIVIDUALS,  
SOCIETY, AND THE ECONOMY AND, AS SUCH,  
MUST WORK TOGETHER WHENEVER POSSIBLE.  
SCHOOLS ARE A PERFECT SETTING FOR THIS  
COLLABORATION.**



# COORDINATED SCHOOL HEALTH PROGRAM

- HEALTH EDUCATION
- HEALTHY AND SAFE SCHOOL ENVIRONMENT
- COUNSELING AND MENTAL HEALTH SERVICES
- PARENT AND COMMUNITY INVOLVEMENT
- STAFF WELLNESS PROMOTION
- HEALTH SERVICES
- PHYSICAL EDUCATION
- NUTRITION SERVICES



# MFISD CSH APPROVED PROGRAM: CATCH

- **After 30 years of continuous research and dissemination efforts, more than 15,000 educational sites now utilize one or more of CATCH's evidence-based Whole Child wellness programs, reaching 3 million+ PreK-12 students annually.**
- CATCH offers programs and training for: Nutrition Education; Physical Activity & Physical Education; Vaping Prevention (CATCH My Breath); integration with Social Emotional Learning (SEL) and mental health programs; and Whole Child wellness policy, systems, and environment (PSE).
- Our Whole Child wellness programs are backed by [over 120 peer-reviewed scientific articles](#), giving CATCH the most scientific evidence of effectiveness. Read on to learn about the Whole Child approach and how an investment in student wellness is an investment in academic success.

<https://catch.org/what-we-do/whole-child-wellness/>



# Whole School, Whole Community, Whole Child (WSCC) Model



The WSCC model focuses its attention on the child, emphasizes a school-wide approach, and acknowledges learning, health, and the school as being a part and reflection of the local community.



# REQUIRED POSITIONS



# POSITIONS

- **Co-Chairs**
  - Nick Moomaw
  - Yarda Leflet
  - Heather Metzgar
- **Secretary**
  - Stephanie Barry



# **MEMBERSHIP**

## **Recruitment of Members**





# MEMBERSHIP

- Required - majority of council needs to be parents who are not employees of the District
- Terms: 2 years
- Live within MFISD community, work for MFISD, or have children that attend MFISD.
- Strong commitment to the health and well-being of children and a strong desire to attend and participate in meetings.
- Membership should reflect the geographic, ethnic, gender and economic diversity of the District.
- Expected to follow conflict of interest rule [DBD \(LOCAL\)](#)



# MEMBERSHIP

**Recommended to have representatives from each group:**

Classroom teachers	YES
School counselors	YES
Students	AS NEEDED
Health-care professionals licensed or certified to practice in Texas, including mental health professionals	YES
Business community	YES
Law enforcement	YES
Senior citizens	?
Clergy	YES
Nonprofit health organizations	YES
Local domestic violence programs	YES



**Falls Career High School - 1 Parent**

**Highland Lakes Elementary - 2 Parents**

**Spicewood Elementary - 1 Parent**

**Application is on the SHAC website**

**Current  
Openings  
for  
2022-2023**



# FUTURE MEETING DATES

- October 19, 2022
- November 9, 2022
- December 8, 2022
- February 22, 2023
- April 26, 2023

Subcommittees will meet additional dates and report back to main SHAC during regularly scheduled meetings.



# Review of Bylaws



# Fentanyl

[Student Advisory Video](#)

[CDC Video](#)

[Hays CISD](#)



# Board Resolution



**WHEREAS, Section 28.004(q-1) of the Texas Education Code requires the Board of Trustees to adopt a resolution convening the local school health advisory council (SHAC) for the purpose of making recommendations regarding curriculum materials for the District's instruction relating to the prevention of child abuse, family violence, dating violence, and sex trafficking;**





NOW, THEREFORE, BE IT RESOLVED that the Board of Trustees of Marble Falls Independent School District hereby calls for the convening of the District SHAC to:0)

1. Hold at least two public meetings on the curriculum materials before adopting recommendations to present to the Board.
2. Recommend curriculum materials that comply with the instructional content requirements in law, are suitable for the subject and grade level for which the materials are intended, and are reviewed by academic experts in the subject and grade level for which the materials are intended.
3. Present the SHAC's recommendations to the Board at a public meeting by ***February 28, 2023***.



# EHAA (LEGAL)



# Subcommittee Selection

## Prevention of:

- child abuse
- family violence
- dating violence
- sex trafficking

## Increase awareness:

- risky behaviors
- suicide risks
- behavioral health concerns
- mental health education

## Instruction over:

- opioid addiction & abuse & methods for administering an opioid antagonist
- substance abuse prevention
- substance use disorders

## Policies, procedures, & curriculum for:

- health education
- physical education & physical activity
- nutrition
- school health services

**ADJOURN**

