

Proclamation 2022

PE and Health

Proclamation 2022 Timeline

- August 2021 - Teachers were given digital access to materials to review; links to review materials posted on website
- December 2021 - TEA released the list of materials officially adopted by the SBOE
- December 2021 - C&I team developed a rubric for materials evaluation
- February and March 2022 - Teachers attended publisher presentations in Marble Falls ISD (in person and zoom)

Proclamation 2022 Timeline

- March 2022 - Teachers reviewed materials using rubric and made a recommendation; materials made available for parent/community review
- March 2022 - SHAC voted to support teacher recommendations
- April 2022 - IMA Committee approved teacher selection

Teacher Publisher Recommendations

K-5 PE and Health- [Quaver](#)

K-8 PE and Health and Coordinated School Health- [CATCH](#)

6-8 Health- [Goodheart Wilcox](#)

We must teach the TEKS

**PE TEKS
(ALL)**

Health TEKS (ALL)

- Physical health and hygiene
- Mental health and wellness
- Healthy eating and physical activity
- Injury and violence prevention and safety
- Alcohol, tobacco, and other drugs

Health TEKS (OPT-IN)

- Reproductive and sexual health

Overview of SHAC Collaboration in Selection Process



SHAC Timeline of Work



**Overview of Recommendation of Health
Materials/Human Sexuality Materials
Reviewed for Grades 6-8**



Process

- Teachers reviewed 5 curriculums
- Teachers narrowed to 3
 - BSW Living Well Aware
 - McGraw Hill
 - Goodheart-Willcox
- Publisher representatives presented curriculum materials to teacher group
- Teachers discussed and voted

Goodheart-Willcox

What do we like?

- Digital & Interactive
- Resources available in Spanish
- Available to upload in Classlink and will work with Google Classroom
- Test generator
- Enrichment lessons
- Health related lessons teachers can access for “Opt-Out” students
- Text to Speech - differentiated Reading Guide
- Embedded PD videos for teachers/onboarding PD included
- The only materials approved by the SBOE

Chapters for Goodheart-Willcox: TX Health Skills for Middle School

- Understanding Your Health & Wellness
- Knowing How Your Body Works
- Developing Good Personal Hygiene
- Getting the Sleep You Need
- Understanding Mental & Emotional Health
- Understanding Mental Illness
- Nutrition
- Physical Activity
- Tobacco & Vaping
- Alcohol
- Medications & Drugs
- Understanding & Preventing Diseases
- Promoting Safety & Preventing Injuries
- Protecting Environmental Health
- Promoting Healthy Relationships
- Human Development



On-going alignment adjustments: Companion for Texas Health Skills for Middle School



Chapter 17: Puberty

- Beginning of Life
- Adolescence and Puberty
- Sexual Feelings and Behavior
- Dating Relationship

Chapter 18 Preventing and Responding to Violence

- Abuse and Neglect
- Other Types of Violence
- Unwanted Sexual Activity

Chapter 19: Making Responsible Sexual Decisions

- Pregnancy Prevention
- Teen Pregnancy and Parenthood

Chapter 20 Sexually Transmitted Infections and HIV/AIDS

- Sexually Transmitted Infections (STIs)
- HIV/AIDS

All content related to
HB1525 and SB9



Overview of Recommendation of Health Materials/Human Sexuality Materials Reviewed for Grades K-5



Quaver

What do we like?

- Covers 100% of PE and Health TEKS as well as all material related to **HB1525 and SB9**
- Digital & Interactive
- Student and parent resources available in Spanish
- Available to upload in Classlink
- Embedded PD videos for teachers/Onboarding PD included
- Can be customized for the district and we can add our own resources
- SEL embedded
- Uses songs and music as well as movement to engage students
- Integrates Health and PE TEKS
- Includes Adaptive PE customization

Quaver Modules

Health

- General Health
- Social Behavior
- Responsible Decision Making
- Healthy Practices and Hygiene
- Mental Health and Wellness
- Healthy Eating and Nutrition
- Disease and Illness Prevention
- Safety and Accident Prevention

PE

- PE 101
- Foot Dribble/Pass
- Kick
- Catch
- Throw
- Hand Dribble/Pass
- Volley
- Jump and Balance/Spins and Rolls
- Jump Rope
- Strike with Manipulative
- Track and Field
- Beyond the Gym

Quaver Modules - Reproductive Health (Opt in Required)

- Abuse and Neglect - Grades 4 & 5
- Body Systems - Grades 4 & 5
- Puberty - Grades 4 & 5
- Reproduction - Grade 5

Coordinated School Health



Coordinated School Health

What is a Coordinated School Health Program?

- Physical health education
- Mental health education
- Substance abuse education
- Physical education and physical activity
- Parental involvement
- Districts must choose a TEA approved program to satisfy the Coordinated School Health Mandate (TEC 38.014)

CATCH

What do we like?


- Digital & Interactive
- Resources available in Spanish
- Embedded PD videos for teachers/onboarding PD included
- Approved by TEA and complies with the Coordinated School Health (CSH) mandate
- Meets 100% of the updated 2022 Health and Physical Education TEKS for grades K-8 (excludes Reproductive Health)

CATCH PE/Health and Coordinated School Health

CATCH® Coverage for Proc '22 & CSH

Proclamation 2022	<i>Health Ed TEKS</i>	K-5	✓
		6-8	✓
		9-12	
		Reproductive Health	
	<i>P.E. TEKS</i>	K-5	✓
		6-8	✓
		9-12	
Coordinated School Health Mandate	Campus Coordination	✓	
	Parental Involvement	✓	
	CSH Training	✓	

CATCH Strands

 = 100% c

Health Strands	Elem	
Physical Health & Hygiene		
Healthy Eating and Physical Activity		
Mental Health & Wellness		
Alcohol, Tobacco, & Other Drugs		
Injury & Violence Prevention and Safety		
P.E. Strands		
Movement Patterns & Movement Skills		
Performance Strategies		
Health, Physical Activity, & Fitness		
Social & Emotional Health		
Lifetime Wellness		

Not included: Reproductive Health

Teacher Publisher Recommendations

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Next Steps

