

## Anxiety

[Types of Anxiety Disorders](#)

[Anxiety and Depression Association of America - Types of Anxiety Disorders](#). This link provides information on the types of anxiety that children may experience.

<http://www.adaa.org/living-with-anxiety/children/childhood-anxiety-disorders>

[School Anxiety/Refusal](#)

[Anxiety and Depression Association of America - School Anxiety/Refusal](#). Information and tips for parents of children that demonstrate school-related anxiety and school refusal.

<http://www.adaa.org/living-with-anxiety/children/school-refusal>

[Talking to Your Child About Anxiety](#)

[Anxiety BC - Talking to Your Child About Anxiety](#). Learn more about how to talk to your child about the topic of anxiety.