

Journey Middle School
Dance Team
Try Out Packet
2024-2025

JOURNEY
JAGUARS



All forms are due no later
than March 19, 2024

Who We Are

The Journey Middle School Dance Team is on a "Journey to Excellence!" Our dedicated and passionate team of young dancers is proud to represent our school at local and regional competitions and to energize the crowd at our school's football and basketball games.

Our Mission: We aim to inspire, unite, and empower our fellow students while promoting school spirit, sportsmanship, and teamwork. We strive to be role models on and off the field, emphasizing dedication, perseverance, and a commitment to excellence. We aim to create memorable experiences and lasting friendships through our performances and community involvement.

Our Journey to Success: The Journey Middle School Dance Team is more than just a group of athletes; we are a family. We work tirelessly to master our routines and support each other every step of the way. Our journey to success is filled with hard work, determination, and the unwavering belief that we can achieve greatness together.

What We Do

Competitions: Our team competes in local and regional dance competitions, showcasing our skills, precision, and boundless enthusiasm. We train rigorously to deliver exceptional performances that reflect the dedication and teamwork we stand for.

Football Games: You'll find us on the sidelines at all home football games and selected away games, cheering on our team through dancing and creating an electrifying atmosphere. Our dance routines, with music led by the JMS Band, are designed to boost school spirit and bring the crowd to its feet.

Basketball Games: Our team performs at the halftime of selected home basketball games. This is an opportunity to practice performing routines that we often use in competitions and to support our school's basketball teams.

Community Engagement: We believe in giving back to our community. We engage in various community service projects throughout the year, supporting local charities and organizations. We want to make a positive impact beyond the field, gym, and dance floor.

Join Our Journey

Are you interested in joining our spirited team? Whether you're an experienced dancer or just getting started, we welcome all enthusiastic individuals willing to work hard, learn, and share in our passion for dancing.

Please read on for more information about our upcoming dance clinic and tryouts for the 2024-2025 season. If you have any questions, please feel free to reach out. Go, Jags!!!

Mrs. Julia Day
Dance Team Coach
journymiddledance@gmail.com

2023-2024 Competition Dance Clinic and Tryouts

Who: Any upcoming 7th or 8th grader who will attend Journey Middle School during the 2024-2025 school year and is interested in being a part of the dance team.

When: Clinic: March 19th-20th, 3:30-5:30 Closed Tryout: March 21st, 3:30-4:30

Where: JMS SLC Area (We will meet in the cafeteria and walk there together on the first day).

Attire: Clinic Days: tank top, athletic shorts, and jazz shoes (or flexible tennis shoes)

Tryout (Thursday): White tank top, black shorts, jazz shoes (or flexible tennis shoes), no jewelry, hair pulled out of face

To participate in the clinic and tryouts, each dancer candidate must have the following forms filled out in their entirety by March 19th.

1. Sign up for Tryouts via the Google Form (Scan the QR Code below or visit the link on our page of the JMS website)
2. Sign up for our team on Dragonfly Max
 - a. Go to dragonflymax.com. Log in to your account or sign up for free. Enter your name and email address, and enter code A84BAG to join JMS. Select your sport (Dance) and enter the following information:
 - i. Updated medical & demographic information for 2024-2025
 - ii. Preparticipation Physical Evaluation Form
3. Complete two Teacher Recommendation Forms. These will be sent from the coaches directly to teachers when candidates complete the Google Form. Candidates should ask teachers before attaching their names to the Google Form.

All forms should be complete by March 19th. Failure to do so will result in a candidate being deemed ineligible for tryouts.

Scan the QR Code below to sign-up for tryouts!



Elements of 2024-2025 Dance Team Tryouts

Required Skills

*Each of these skills will be covered at the clinic. Do not worry if they are new to you!

Left Split Leap

Right Split Leap

Single Pirouette

Double Pirouette

High Kicks (left and right/front and diagonal)

Fan kick

Splits (left or right - must attempt)

Dance Routine

On clinic days, Coach Day will teach you a short dance routine that you will perform at tryouts. Below are the specific categories that you will be evaluated on in your performance:

1. Stage presence
2. Technique
3. Memory
4. Rhythm/Movement
5. Overall Impression

Requirements for 2024-2025 Dance Team

Students/Parents & Guardians,

Please read the following requirements carefully. Failure to meet the needs could result in suspension or dismissal from the squad.

1. All dance candidates must be physically able to try out.
2. All dance candidates must turn in all required forms and paperwork in Dragonfly by March 19th, 2023.
3. All dancers must be a Journey Middle School student entering either the 7th or 8th grade for the 2024-2025 school year.
4. All dancers must maintain a 70 overall average in each subject area. This average must be kept in all classes in order to remain an active dance team member.
5. All dancers must be able to attend at least one clinic day before tryouts. We recommend attending both days to feel the most confident and prepared for tryouts.
6. All dancers must attend all summer practices and meetings, including UDA Camp (June 11-14).
7. All dancers must attend all chosen JMS football and basketball games and compete in local and regional competitions.
8. Dancers must attend all in-season practices unless a parent notice and valid excuse have been given in advance. All practices two weeks before a competition are mandatory.
9. Dancers must abide by the Journey Middle School Student-Athlete Contract (can be found on the JMS website under Athletic Forms)
10. Dancers must agree to abide by the 2024-2025 Spirit Team Demerit System. Dancers must understand that the accumulation of too many demerits can result in dismissal from the team.
11. Parents of dancers must accept all monetary obligations.
12. Parents of dancers must be willing to work a designated number of times in the JMS Concession Stand.
13. Parents of dancers must be willing to participate in a carpool to/from games, competitions, and camp.

Upcoming Time Commitments

Varsity Spirit Fitting- April 9

Choreography- April 19-20

UDA Summer Camp- Tuesday, June 11 - Friday, June 14 at Tennessee Tech University

Projected Monetary Commitments

Dance is an EXPENSIVE sport. Please be sure to review all payment details and due dates before committing to trying out. Once a dancer makes the team, coaches will assume parents are agreeing to monetary requirements. All costs are subject to change depending on vendors and circumstances. No refunds or returns will be issued should a dancer quit or be removed from the team. Monetary Expectations will be reviewed in detail at the mandatory **parent meeting on Monday, March 25th at 5 PM.** Please note that there will be a number of fundraising opportunities that can assist in offsetting both team and individual expenses.

Estimates for 2024-2025 JMS Dance	Budget	Payment Due Date: New Girls	Without fundraising buyout	With fundraising buyout
Up Front Costs		Forms Due March 19	NA	NA
Uniform Usage/Cleaning Fee	\$175	March 25 (Up Front Costs-check or cash)	\$325	\$325
Camp Deposit	\$150	April 20 (Varsity Bill/ Camp clothes)	\$375	\$375
Uniforms		May 20	\$160	\$260
Required Uniform Undergarment	\$50	June 20	\$160	\$260
Jazz Shoes/Panty Hose	\$130	July 20	\$160	\$160
Bow	\$20	August 20	\$160	\$160
Varsity Dance Bag	\$85	September 20	\$160	\$160
Practice Wear	\$340	October 20	\$160	\$160
Camp		November 20	\$140	\$140
Varsity Dance Camp (June 11-14)	\$250	Total	\$1,800	\$2,000
Competition				
		Payment Due Date: Returners	Without fundraising buyout	With fundraising buyout
Choreography/ Music	\$300	Forms Due March 19	NA	NA
NDA	\$70	March 25 (Up Front Costs-check or cash)	\$325	\$325
UDA	\$70	April 20 (Varsity Bill/ Camp clothes)	\$375	\$375
3rd Comp	\$70	May 20	\$115	\$215
Miscellaneous		June 20	\$115	\$215
		July 20	\$115	\$115
Spirit Supplies	\$20	August 20	\$115	\$115
Photoshoot (Professional Photos)	\$20	September 20	\$115	\$115
Coaching Expenses (mileage, tests, subs)	\$25	October 20	\$115	\$115
Catastrophic Insurance Fee	\$25	November 20	\$110	\$110
Total Price Per Dancer	\$1,800	Total	\$1,500	\$1,700
Required Team Fundraising	\$200			

*Private Technique class price to be established.

**These amounts are estimates and may change.