

MARION STREET



NEWSLETTER

@MarionStreetLyn

May 6th 2024

#OWLProud

Terry Macchia, Principal

MAY @ Marion Street

- May is Mental Health Awareness Month. Our teachers will be implementing lessons to promote mental health for our STUDENTS.
- We have a number of events to ensure that our students will continue to learn tolerance and empathy toward others. We will welcome the ALS Ride for Life on May 13th at noon. Families are welcome to join us outside. Gr. 2 students will be presenting the Patriotic Sing Along once again. Marion Street will hold a Cultural Fair. And finally, we will remember those who lost their life for our country, as we celebrate Memorial Day!

**Mental
health
matters**

May Events

- ☒ 5/7-5/8 NYS MATH
- ☒ 5/9 Picture Day
- ☒ 5/10 Plant Sale
- ☒ 5/13 ALS Ride for Life/Spring Concert
- ☒ 5/14-15 BOGO BkFair
- ☒ 5/16 NYSGr5 SCIENCE
- ☒ 5/24 Cultural Fair
- ☒ 5/27 Memorial Day Parade
- ☒ 5/28 Field Day



REMINDER:

NYS MATH AND ELS EXAMS

MATH- Grades 3,4, 5- May 7th & 8th

Grade 5 SCIENCE- May 16th

GRADE 5 Students must have CHARGED Computers.

If your child feels that his/her device does NOT hold a charge, please inform our Computer Technicians at Marion Street.

- Exams are administered in the morning.
- Please refer to previous information or call the Main Office if you have questions.



A donation of \$100 was made to Camp Anchor on behalf of the Marion Street students and staff. THANK YOU!

CALLE MARION



BOLETIN



@MarionStreetLyn

6 de mayo de 2024

INFORMATIVO

Terry Macchia, director

#OWLorguloso

MAYO @ Marion Street

- Mayo es el Mes de Concientización sobre la Salud Mental. Nuestros maestros implementarán lecciones para promover la salud mental de nuestros ESTUDIANTES.
- Contamos con una serie de eventos para garantizar que nuestros estudiantes continúen aprendiendo tolerancia y empatía hacia los demás. Daremos la bienvenida al ALS Ride for Life el 13 de mayo al mediodía. Las familias pueden unirse a nosotros afuera. Gramo. 2 estudiantes presentarán el Canto Patriótico una vez más. Marion Street realizará una Feria Cultural. ¡Y finalmente, recordaremos a aquellos que perdieron la vida por nuestro país, mientras celebramos el Día de los Caídos!

Eventos de mayo

- ☒ 5/7-5/8 MATEMÁTICAS DEL ESTADO DE NUEVA YORK
- ☒ 5/9 Día de fotos
- ☒ 5/10 Venta de Plantas
- ☒ 5/13 ALS Ride for Life/Concierto de primavera
- ☒ 5/14-15 Feria de Ferias BOGO
- ☒ 5/16 NYSGr5 CIENCIA
- ☒ 24/5 Feria Cultural
- ☒ 27/5 Desfile del Día de los Caídos
- ☒ 5/28 Día de campo



Mental health matters

RECORDATORIO:

EXÁMENES DE MATEMÁTICAS Y ELS DEL ESTADO DE NUEVA YORK

MATEMÁTICAS- Grados 3,4, 5- 7 y 8 de mayo Grado 5 CIENCIAS- 16 de mayo

GRADO 5 Los estudiantes deben tener computadoras CARGADAS. Si su hijo siente que su dispositivo NO tiene carga, informe a nuestros técnicos informáticos en Marion Street.

- Los exámenes se administran por la mañana.
- Consulte la información anterior o llame a la oficina principal si tiene preguntas.



Se hizo una donación de \$100 a Camp Anchor en nombre de los estudiantes y el personal de Marion Street.
¡GRACIAS!

Marion Street Student Council Presents



MARION STREET'S ALS FUNDRAISER

**Help Marion Street reach our goal of raising \$2,000
for the ALS Ride for Life.**

**For every donation, each student will receive one
raffle ticket and the opportunity to dump a bucket
of ice on their teachers' heads.**

**If you would like to donate online, scan the QR Code
below.**



Parents/ Caregivers

This week Marion Street will be bringing awareness to Children's Mental Health Week.

The theme this year is 'My Voice Matters'.

My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves. As parents and carers, you play an important role in your child's mental health. This year, we want to empower children of all ages, backgrounds, and abilities to work together to create a positive change for their mental health and wellbeing.

5/6 Mindful Monday: Students will be learning what mental health is while engaging in mindfulness activities in class.

5/7 Tune into your Feelings Tuesday: Students will be learning about the mood meter and understanding their feelings and emotions.

5/8 Wellness Wednesday: Students will be incorporating movement during lessons.

5/9 Thankful Thursday: Students will be engaging in activities about showing gratitude.

5/10 Be a Friend to Yourself Friday: Your voice matters. Students will be engaging in activities highlighting the importance of their voice and what matters most to them.

We ask that everyone wears green on Friday.

Please see the back with additional resources for families on how to speak to your child(ren) about mental health.

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...



My VOICE MATTERS

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.

Place2Be's
**CHILDREN'S
MENTAL HEALTH
WEEK**



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

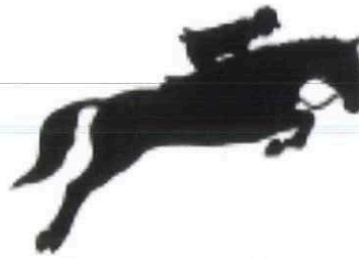
[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- ① We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- ② I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- ③ Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- ④ Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- ⑤ Don't compare my experiences to your own when you were a child.
- ⑥ Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- ⑦ Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- ⑧ If you are open with me about your feelings, this can help me to be more open about mine.
- ⑨ Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school – because they 'get it'.
- ⑩ Sometimes a hug is all it takes to make me feel supported.

BOOKS ABOUT MENTAL HEALTH FOR CHILDREN

- DON'T FEED THE WORRYBUG BY ANDI GREEN
- HOW BIG ARE YOUR WORRIES LITTLE BEAR? BY JAYNEEN SANDERS
- BREATHE BY BECKY HEMSLEY & SISKI KALLA
- SPEAK UP, MOLLY LOU MELON BY PATTY LOVELL
- YOU ARE ENOUGH BY SOFIA SANCHEZ
- MY BODY SEND A SIGNAL BY NATALIA MAEUIRE
- THE BOY WITH BIG, BIG FEELINGS BY BRITNEY WINN LEE
- ANXIOUS NINJA BY MARY NININ



And they're off!

Please join the Marion Street PTA
at its annual Spring Soiree

**THE
KENTUCKY
DERBY**

*Dust off your big hats
and bow ties, and get
ready to place your bets!*

MAY 23RD, 2024 | 7 PM

RIVER MILL TAVERN AND TABLES

\$60/pp includes appetizers, unlimited
buffet and drinks, 50/50, raffle baskets,
amazing grand prizes, and more!

Please RSVP by May 13
Scan the QR Code to Buy Tickets

