

Loleta Schools Cougar Cafe News August 2022

700 Loleta Drive P.O. Box 547 Loleta. CA 95551

Ph: 707-733-5705 Fax: 707-733-5367

Superintendent/Principal Autumn Chapman: lrow@loleta.org Office: larmstrong@loleta.org

Food Service Manager Cindy Long: clong@loleta.org

Grants

For the sixth year running, Loleta Elementary School has been approved to continue to receive grant monies through the California Department of Education to continue with their Fresh Fruit and Vegetable Program (FFVP). Loleta School partners with Loleta Community Resource Center (LCRC) and Humboldt County Of Education (HCOE) in purchasing fresh fruits and vegetables in order to provide a morning snack to Loleta students. This snack is provided at no cost to the students.

LES continues using the Farm to School grant from California Department of Food and Agriculture (CDFA) through HCOE. LES is partnering with HCOE and LCRC and College of the Redwoods. Last year, this grant provided students with more fresh fruits and vegetables in their school meals by increasing the yield from the school garden and from local farmers. Our school gardener, Dan Ruggles, maintains the school garden. The new freezer and other equipment purchased are invaluable to maintaining our school garden.



Universal School Meals Schools play a vital role

in promoting children's health and well-being. In the United States, schools contribute significantly to children's overall diet quality and can provide up to half of their daily calories, especially among children from low-income families. Providing healthy school meals for all is a policy opportunity to help all children eat healthier. Healthy School Meals for all, also known as universal free school meals, provides all enrolled children in a school operating the National School Lunch or School Breakfast Programs a free breakfast or lunch, regardless of their family's income. This year, through the Fresh Fruit and Vegetable Program Grant, the Community Eligibility Provision and Governor Newsom's Assembly Bill 130, Loleta School will be providing both meals as well as the morning and after school snack, at no cost, to all enrolled students .

Alternative Meal Requests
The California Department of
Education (CDE) allows
School Food Authorities

(SFAs) the discretion to offer fluid milk substitutes to students with medical or other special dietary needs that do not rise to the level of a disability. If SFAs choose to offer a fluid milk substitute for students without disabilities who have a documented medical or special dietary need, the non-dairy beverage(s) must provide the specific nutrients listed in the USDA-CNP-04-2010 **Nutrition Services Division** Management Bulletin. If you would like your child to receive a fluid milk substitution, please complete and return the Medical Statement to Request Special Meals and/or Accommodations form. This form must be signed by a recognized medical authority. This form is available in the Loleta School Office or on the CDE Website at http://www.cde.ca.gov/ls/nu/c r/documents/medstat.doc.

LES Meal Schedules:

Breakfast: 7:55am to 8:25am & Lunch: 11:40am to 1:05pm. Meals will be staggered throughout these times in order to accommodate social distancing requirements. Contact the office for more information.