



**capsa**  
ABUSE ENDS HERE.

# Dating Violence

A man in a red suit and a woman in a white dress with a sash that says "RHODE" are on a stage. Both are holding microphones. The background is a stone wall. The text "Describe your perfect date?" is overlaid in white, stylized font.

Describe your perfect date?



**BINGO**

The word "BINGO" is displayed in a playful, 3D style. Each letter is contained within a circular, glossy button of a different color: 'B' is red, 'I' is light blue, 'N' is green, 'G' is yellow, and 'O' is purple. The letters are white with a slight shadow, giving them a floating appearance. The buttons have a bright highlight on their top-left edge, suggesting a light source from the upper left.

# What is dating?



DOES DATING MEAN THE SAME TO EVERYONE?



Good Dating  
Behavior

Harmful Dating  
Behavior

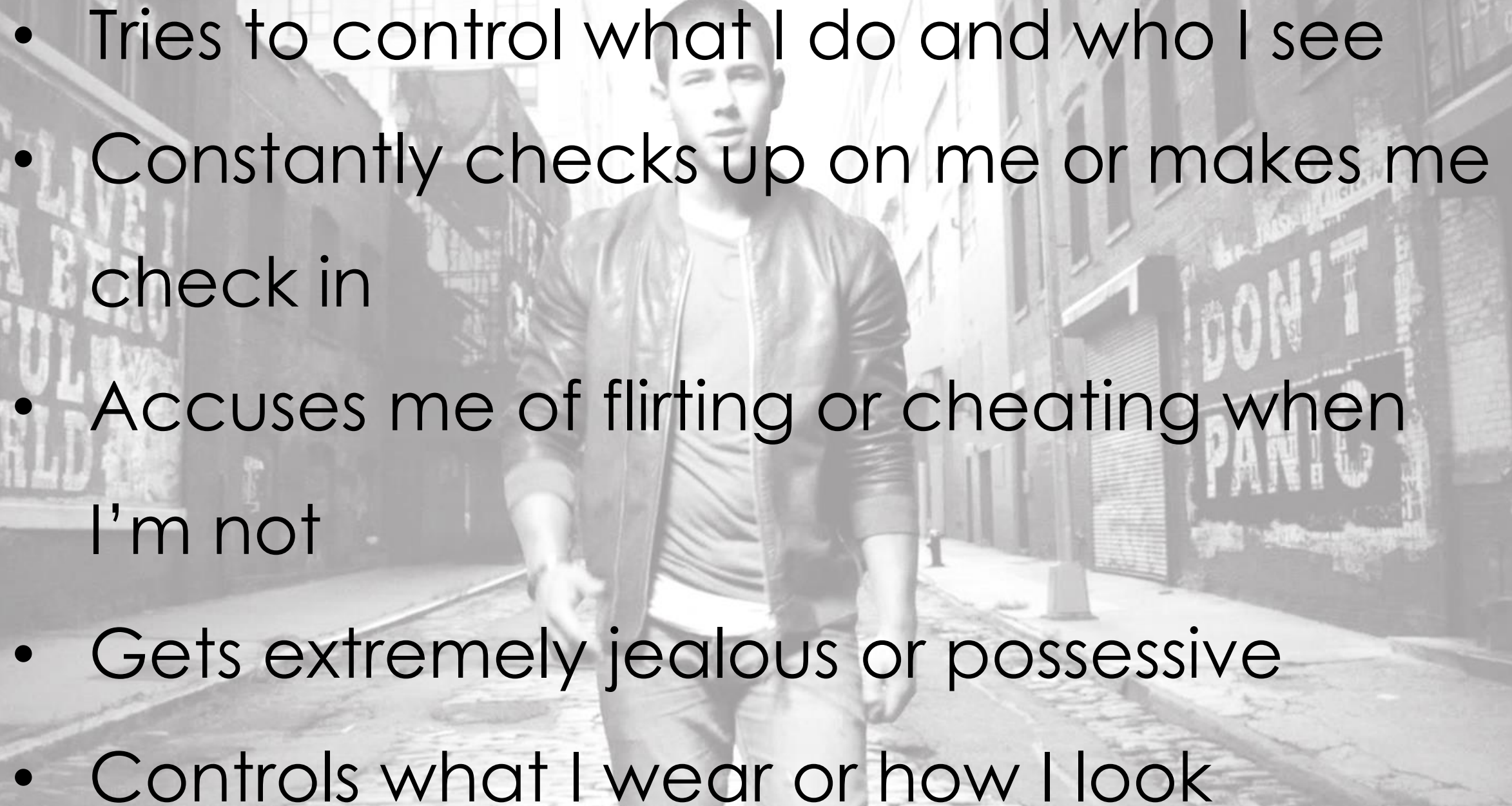


WE LIVE  
IN A BEAU  
TIFUL  
WORLD

TRASH TV  
DON'T  
PANIC

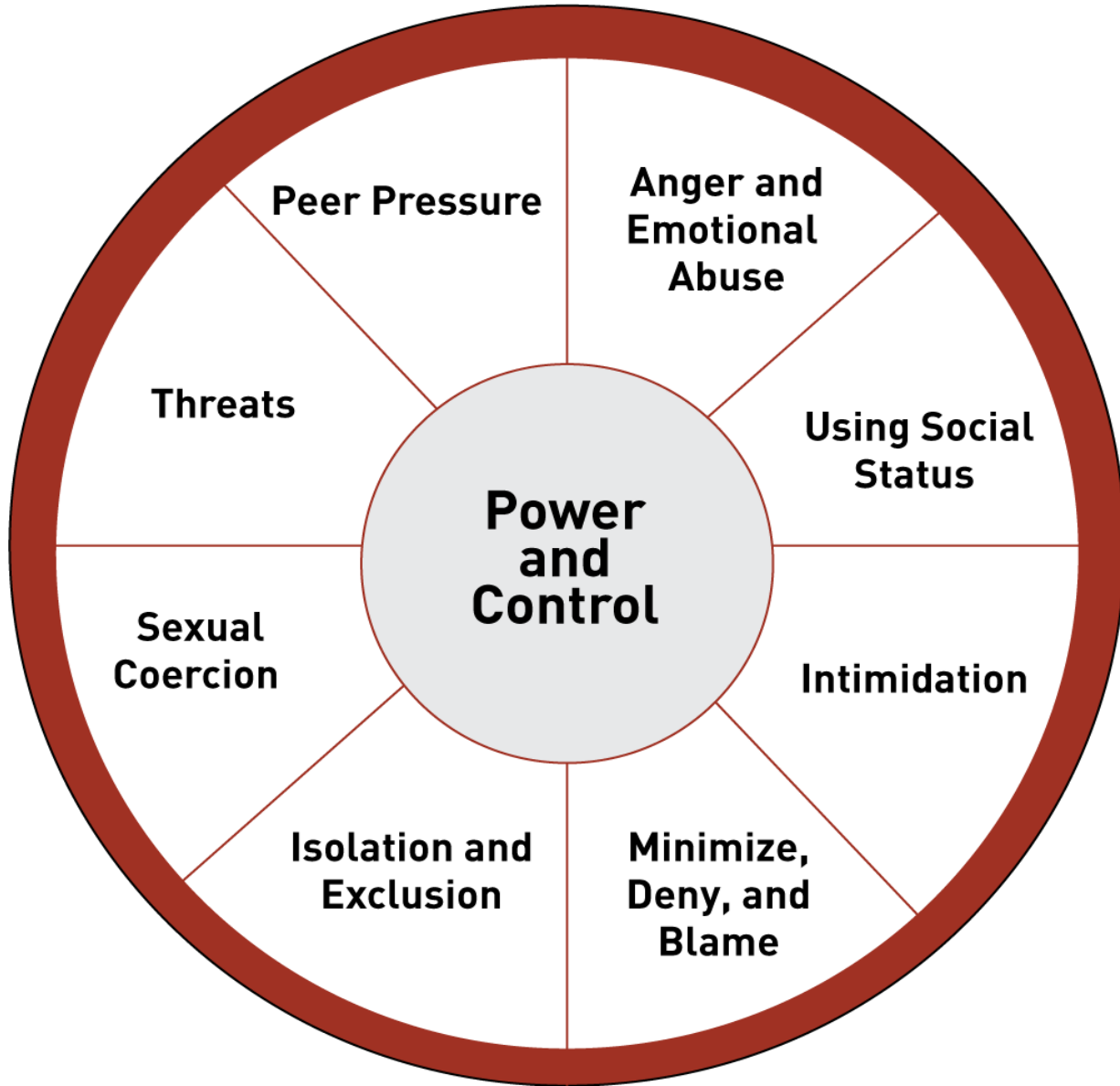
LAST BUS  
ON EARTH



- 
- A man in a dark leather bomber jacket and a light-colored t-shirt is walking towards the camera down a city street. The street is paved with cobblestones and has graffiti on the walls. The graffiti includes phrases like "WE LIVE IN A BELLIE WORLD", "DON'T PANIC", and "JUST BUY". The man has a serious expression and is looking slightly to the side.
- Tries to control what I do and who I see
  - Constantly checks up on me or makes me check in
  - Accuses me of flirting or cheating when I'm not
  - Gets extremely jealous or possessive
  - Controls what I wear or how I look



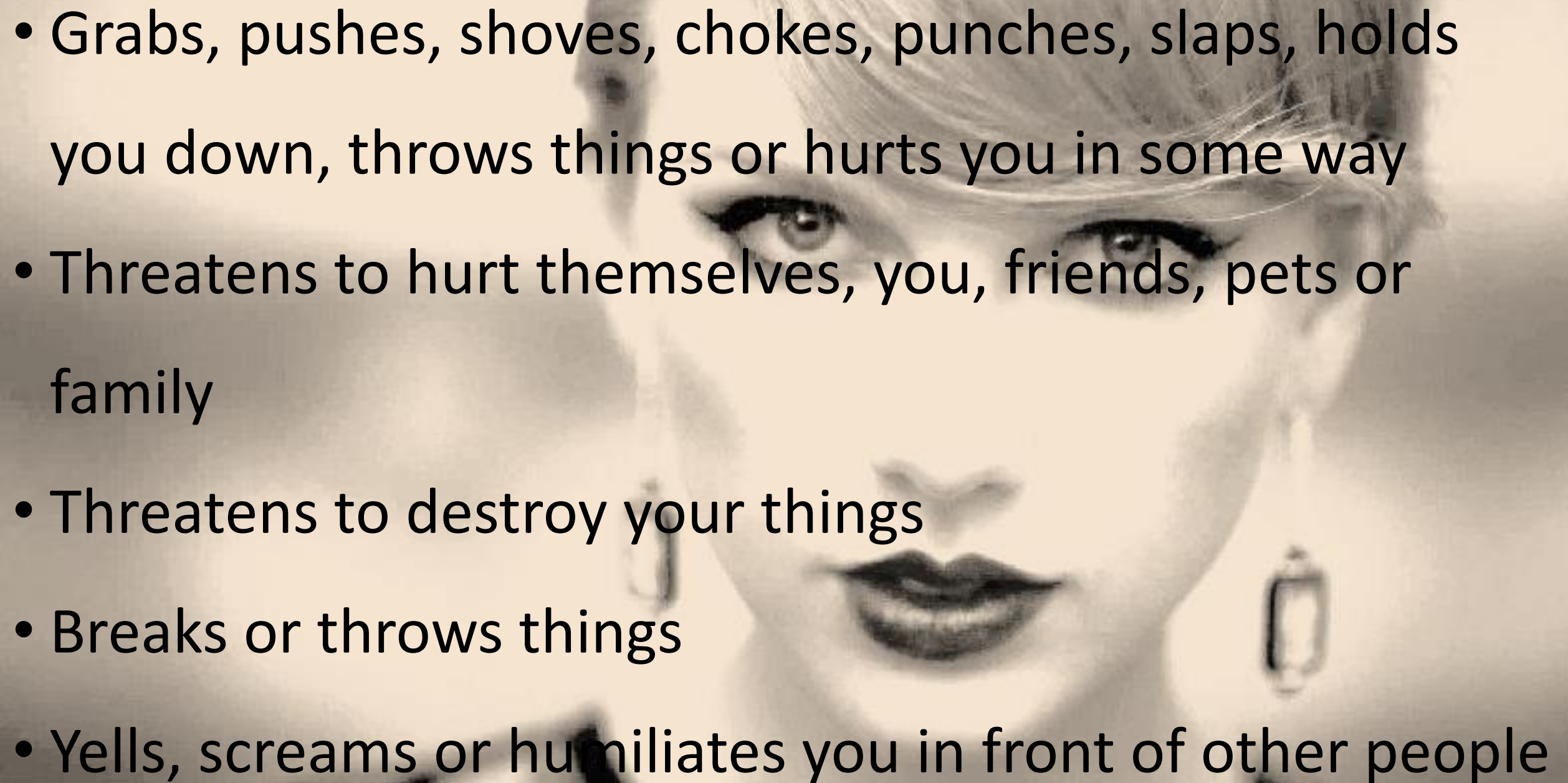
# What is abuse?



Abuse is a pattern of behaviors one person uses to **gain** and **maintain power** and **control** over their partner.





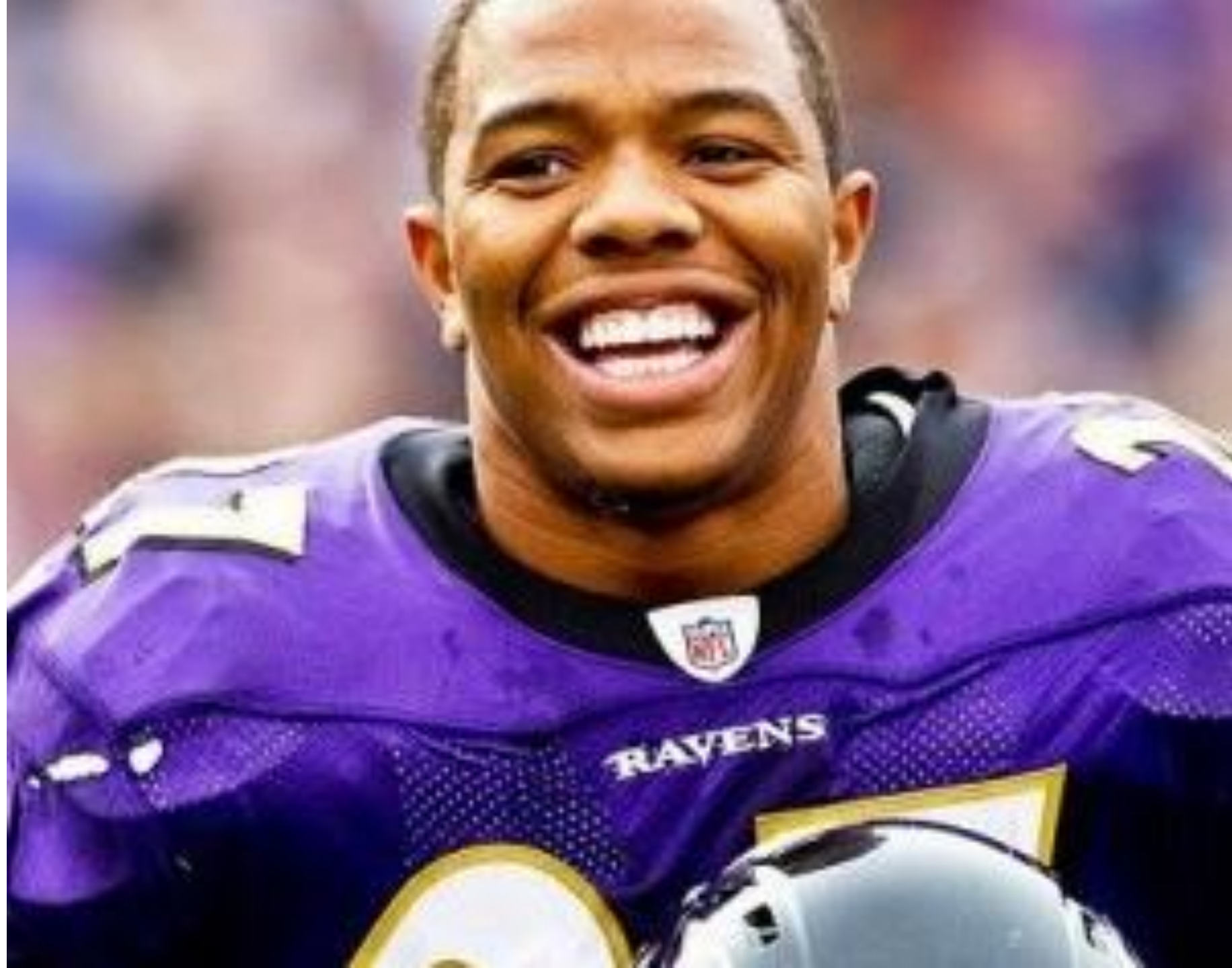
- 
- Grabs, pushes, shoves, chokes, punches, slaps, holds you down, throws things or hurts you in some way
  - Threatens to hurt themselves, you, friends, pets or family
  - Threatens to destroy your things
  - Breaks or throws things
  - Yells, screams or humiliates you in front of other people



# What do you picture as an abuser?









# Types of dating violence



Physical



Emotional



Verbal

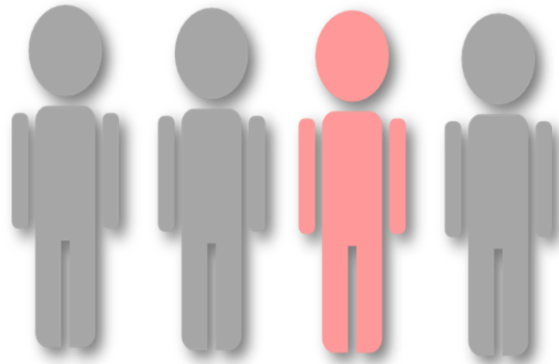


Sexual

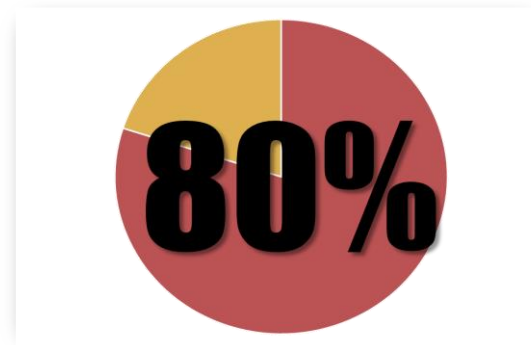
# TYPES OF DATING VIOLENCE



Physical



Emotional



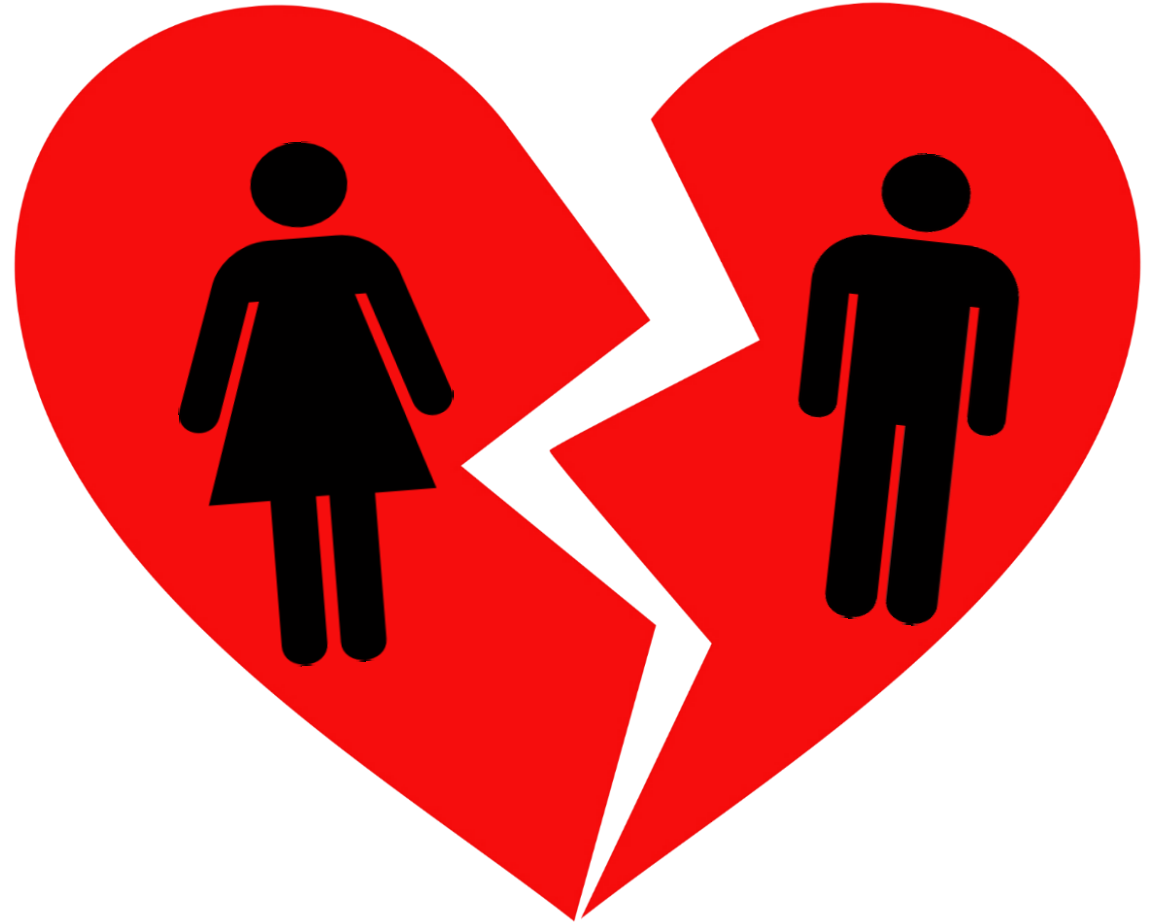
Verbal



Sexual

# Warning Signs

- Losing friends or family
- Feelings put down, ashamed, guilty, unhappy
- Partner demands to look through phone, know all passwords
- Partner controls your activities and time
- Partner has strong stereotypical beliefs about men and women
- Losing sight of yourself and your hobbies before the relationship
- Partner gets extremely jealous-and you have to change your behavior because of it, being physically hurt



# Why do people stay?

Conflicting  
Emotions

Reliance  
on Partner

Distrust

Pressure

**Scenarios**











What if you are in  
an abusive  
relationship?

**HELP**

**SUPPORT**

**ADVICE**

**GUIDANCE**

# Bystander Intervention

Be Direct.  
Be a Distraction.  
Delegate to an adult.



# capsa

ABUSE ENDS HERE.

Help, Hope & Healing



(435)753-2500



info@capsa.org



facebook.com/CAPSAservices

**FREE** and **CONFIDENTIAL**  
services for individuals  
impacted by domestic violence  
and sexual assault.

- 24 Hour Live Support Line
- Mobile Crisis Team
- Emergency Shelter
- Transitional Housing
- Individual and Group Counseling
- Trauma Recovery
- Therapy Services
- Advocacy in Legal and Medical Procedures
- Protective Order Assistance
- Multilingual and Culturally Specific Services
- Prevention Education Presentations