

NURSING MATTERS

A very SCARY edition...

FLU SEASON IS HERE...ARE YOU PROTECTED?

CCSD Human Resources will again host flu shot clinics. More info to follow...

*10/29 Sky View 2-4 PM

* 10/30 Mt. Crest 2-4 PM

*11/5 District Office 8:30-11:30 AM

FLU

*The flu is a highly contagious virus.

*The virus is spread thru droplets.

*You are contagious for up to seven days after onset.

(Possibly 1 day before)

*To prevent the flu, be sure to:

WASH YOUR HANDS FREQUENTLY!

GET A FLU SHOT!



Halloween Candy

If you are nervous about eating any candy

(especially chocolate)

Please drop it off at the Nursing Office and we will be more than happy to take care of it for you.

HEAD LICE...WINGLESS INSECTS SPENDING THEIR ENTIRE LIFE ON THE HUMAN SCALP AND FEEDING EXCLUSIVELY ON HUMAN BLOOD. LICE DO NOT TRANSMIT DISEASE.

CALL YOUR NURSE FOR MORE INFO....

BODILY FLUIDS...

NEED WE SAY MORE?

Using Universal Precautions Is MANDATORY.

Gloves are available at your school.

PLEASE PROTECT YOURSELF

Reminder: If you notice a health issue with a student that doesn't have a health plan-Please notify the Witches (Nursing) office.

Cache County School District Nurses

*Karen Peterson * Heidi Bowler * Debbie Larson

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