

Nursing Matters

CCSD Nursing Dept.

3/11/2015

Edition 1 Volume 7

Poison Prevention Week March 15-21

We often think of children getting poisoned. But most people who die from poisons are adults!

Poisoning is a danger for all of us.

Almost anything can be poisonous if used the wrong way, in the wrong amount, or by the wrong person.

Poison Prevention Tips:

- *Keep medications and household items in original containers, and away from food.
- *Always read (*and follow*) the directions.
- *Keep medications and household products locked up; Out of sight and reach of children.
- *Buy products with child resistant packaging. (NOTE: *NOTHING* is child *PROOF*)
- *Never call medicine "candy".
- *Learn about how teens and pre-teens are getting "high". Talk to your young people about specific risks.
- *Have a working Carbon Monoxide alarm in your home.

Utah Poison Control

1-800-222-1222

**(program in cell phones and place
the number near land lines)**

For more information (including lesson helps)
www.utahpoisoncontrol.org

First Aid

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If a person

STOPS BREATHING,

COLLAPSES,

HAS A SEIZURE

Call 911

POISON IN EYES?

Rinse eyes with running water...

CALL POISON CONTROL

POISON ON SKIN?

Remove contaminated clothing...

CALL POISON CONTROL

INHALED POISON?

Get to fresh air...

CALL POISON CONTROL

SWALLOWED POISON?

CALL POISON CONTROL

Do NOT try home remedies or
induce vomiting.

Call poison control **FIRST!**

“WALK TO HEALTH 2015” WAS A HUGE SUCCESS!!

THANK YOU TO ALL PARTICIPANTS!

55 Registered/ 21 Eligible and Received Prizes

WE LOOK FORWARD TO “GO TO HEALTH 2016”

Freckle Farm 3915 US HWY 91 Hyde Park: Gift Cards for ALL PARTICIPANTS

ICON 150 S. 1000 W. Logan: IFIT (X2), Suspended Trainer, Jump Box, Toning Wheel, Weighted Gloves, Step Deck (X2), X-Factor.

The SPORTSMAN ... 129 N. Main Logan: Bike Helmet (x3), Free bike Tune-up, Hydration Pack, Back Pack

COMPLETE NUTRITION ... 1474 N. Main Logan: Gift Packs for ALL PARTICIPANTS

GORILLA CAR WASH ... 860 N. Main Logan: Free Car Wash (x3)

STUDIO 170 ... 1451 N. 200 E. Logan: Massage

ROCK HAUS ... 1780 N. 200 E. Logan: Free Day Gift Cards (X5)

AUTO SPA ... 260 E. 1400 N. Logan: Free Car Wash

ROCKY MOUNTAIN DERMATOLOGY ... 550 E. 1400 N. Logan: Facial Sun Block (X3)

Al's Sporting Goods ... 1075 N. Main Logan: \$30.00 Gift Card

Revive Salon ... 909 S. Main Logan: Pedicure

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